THE OXFORD PAPER

Thursday, February 23, 2017 No.28 theoxfordpaper.co.uk 40p

7 day TV guide

What are you doing for your 60th?

NEWS Pages 4 & 11

WIN a family ticket

LEGOLAND WINDSOR RESORT

LEISURE Page 34

Weekly leisure guide for in & around Oxford

DIDCOT POWER STATION DISASTER:

A year ago tragedy struck killing four men - their families still have no answers

'The gap in our skyline pulls at the heartstrings'

Georga Welch, *Reporter*

TWELVE months on from the disaster which cost the lives of four men when one of a town's most iconic landmarks collapsed the community has vowed to never forget

Today marks exactly a year since the boiler house at Didcot A Power Station partially collapsed, killing four workers and shattering the lives of their families.

The body of 53-year-old Mick Collings from North Yorkshire was found on the same day as the collapse

But the bodies of Ken Cresswell, 57 and John Shaw 61 both from Rotherham, and Christopher Huxtable 34, from Swansea, remained in the rubble.

It took 201 days from the day of the collapse to find and recover the bodies of all three men.

And now a year on, the families and community are no closer to knowing what really happened as Thames Valley Police and Health and Safety Executive (HSE) investigations continue

But the Didcot community is to come together today to remember the men who sadly lost their lives

Didcot Mayor Steve Connel said, "Although the tragedy at Didcot Power Station was 12 months ago it is still something which always pulls on the heartstrings of Didcot whenever we look at the new gap in our skyline

Continues on page 2

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Monday 27 March
9.15am - 11.00am

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Regional Weather

THURSDAY Cloudy and mild with occasionally heavy rain during morning, then turning colder and brighter later with a few showers. Strong winds with gales for a time. Maximum Temperature 13 °C.

OUTLOOK FOR FRIDAY TO SUNDAY Cold on Friday, occasionally sunny with scattered showers. Becoming less cold on Saturday with occasional rain and strong winds. Remaining cloudy with outbreaks of rain on Sunday.

WEEKEND SUMMARY

FRIDAY	SATURDAY	SUNDAY
DAY 8°C	DAY 10°C	DAY 11°C
NIGHT 6°C	NIGHT 7°C	NIGHT 6°C

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DIDCOT POWER STATION DISASTER: Town

Continued from front page

"I know words can often mean little in times of pain but if the families of the four gentlemen happen to read this I would just like to take this moment to say that your loved ones will not be forgotten by Didcot."

Cllr Connel said that, because the power station was in the Sutton Courtenay parish, Didcot Town Council doesn't have the power to insist any thing is put on the site as a tribute.

He said this "didn't sit right with me" and has planned a series of tributes in the Didcot parish instead.

To commemorate the partial collapse on February 23 2016 Didcot will hold a minute's silence at 4pm and will fly the town flag at half-mast all day today.

Discussions are also on going about naming four streets on the Didcot North East development after the victims.

Didcot MP Ed Vaizey contacted site owners RWE Npower in July, calling on them to fund a memorial for the lost men.

He told The Oxford Paper this week. "I would still like to see some sort of tribute but feel that this has to be sensitive to the feelings of the families involved. to time some input from them about what they would like would be appropriate."

Police said that more than 1,300 statements have been taken, over 2,600 physical and documentary exhibits and 68 000 still images and video footage have been collected.

Senior investigating officer for TVP Det Ch Inspector Craig Kirby said, "Given the scale and unprecedented nature of this incident, the highly complex investigation being conducted, is progressing at pace.

"The evidence is being examined by both TVP and HSE with assistance from forensic archaeologists, metallurgists and structural engineers.

"In the coming months TVP and HSE will have completed their work at the Didcot site and the investigation will continue off-site.

"We continue to support those affected by this incident and they are being given regular updates on the progress of the investigation.

"Thames Valley Police and HSE are entirely committed to uncovering why this tragedy happened and will seek justice for those affected, should any wrongdoing be found to have taken place."

Npower is to hold a private minute's silence and will lay flowers at the former power station at 2pm today as an act of respect for the four men.

In a statement Npower said: "Our thoughts are with the families of Mick Collings, John Shaw, Ken Cresswell and Chris Huxtable at this very difficult time.

"The tragedy has had a huge effect on everyone involved at the site and the teams will come together quietly to remember the men who lost their

Power Station tragedy: timeline

Tuesday 23 February 2016
At 4.04pm almost half of the main boiler room building collapsed and sent up a cloud of smoke.
The former boiler house at Didcot A power station collapsed while the building was being prepared for demolition killing four people.
One body was found. Three were missing. Two people were seriously injured and 47 were treated for dust inhalation.
The rubble from the collapse was nine metres high and unstable.
About 100 firefighters from across the UK including as far away as Merseyside were on hand to search for the missing workers overnight.
Sniffer dogs thermal imaging cameras, a drone as well as army robots searched for the lost men overnight and into February 24.
Saturday 5 March 2016
The day of the originally planned explosive demolition a process which involved cutting the structure to pre-weaken it.
Sunday 13 March 2016
The families of three missing workers held a "peaceful protest" at the site.
Two of the three families had previously criticised the rescue operation saying it has been too slow.
Wednesday 16 March 2016
The Health and Safety Executive (HSE) approved a rescue plan by site owners Npower to begin a proper search 22 days after the collapse.
Monday 25 April 2016
Npower say explosives are to be used to demolish the station. Steve Hall the son-in-law of Ken Cresswell protested the decision and said "We want the men back in one piece not many pieces."
Tuesday 3 May 2016
Demolition firm Brown & Mason replace Coleman & Company as contractors to manage recovery work. Coleman & Company said it was "hugely disappointing" it had to cease work at the site.
Tuesday 24 May 2016
The search for the missing men is suspended because the search team reached a 50m exclusion zone and is deemed unsafe.
The failure to recover the bodies is a "national scandal" Labour MP for Rotherham Sarah Champion said.
Wednesday 8 June 2016
Military personnel and equipment are called to the power station to help recover the three men missing in the wreckage.
Tuesday 21 June 2016
Npower confirm the structure is to be blown up, with robots being their preferred method.
Monday 11 July 2016
A letter is sent out by Npower to notify Didcot residents and businesses that demolition will take place "within two weeks" and they will be given 48 hours' notice.
Friday 15 July 2016
A second letter confirms demolition will take place between 5.30am and 7.30am on the Sunday.
Sunday 17 July 2016
The remainder of the Didcot A' Power Station structure was demolished in a controlled explosion at 6am using robots. Npower say the demolition had "gone as planned" and the search for the three missing bodies was resumed.
Wednesday 31 August 2016
First body located.
Saturday 3 September 2016
Christopher Huxtable formally identified.
Wednesday 7 September 2016
Second body located.
Thursday 8 September 2016
Ken Cresswell formally identified.
Friday 9 September 2016
Final body located.
Sunday 11 September 2016
John Shaw formally identified.
Thursday 15 September 2016
Inquest into the three men's deaths is opened. Full inquest cannot be carried out until formal investigations are completed.
January 2017
Coleman & Company announce profits had fallen to £1mill on between 2015 and 2016 and had set aside £1.3m to cover potential costs.
Thursday 23 February 2017
Didcot remembers the tragedy 12 months on.

remembers the men killed as the search for what really happened continues

lives and all the emergency teams who worked tirelessly following the tragic incident."

The first body to be recovered after six months of searching was that of Mr Huxtable who was recovered on August 31, before Mr Cresswell was found on September 7 and Mr Shaw – the last to be recovered – on September 11

An inquest into their deaths was opened in September but a full inquest cannot be carried out until the investigation has concluded.

MP hits out at lack of support for families

AN MP representing two of the families who lost loved ones in the disaster 12 months ago has hit out at a 'scandalous lack of information' being given to them by the agencies involved.

Rotherham MP Sarah Champion, who represents the families of Ken Cresswell and John Shaw has been a vocal critic of how the families of the three men who were buried under the rubble for six months have been treated by police, the Health and Safety Executive (HSE) and RWE Npower the site owners, over the last 12 months

Having described the rescue mission as a "national scandal" after six months, Ms Champion has again criticised the lack of information being given to the heartbroken families.

"Sadly the investigation will take as long as it takes. This leaves the families, once again, in limbo"
Sarah Champion MP

The MP who campaigned for the families to be better informed about the search, said. "Once the emergency services were called off the site the search changed from a 'rescue to a 'recovery'

"It took three weeks, and much shouting at ministers, HSE and RWE [Npower], to get the search back on track.

"The lack of information and support given to the families was scandalous. The families were the victims, it should not have been their role to beg, shout and plead for information about their missing men."

Rotherham MP Sarah Champion has praised the Didcot community for their kindness to the families

When asked about the progress of the investigation, the shadow cabinet minister for women and equalities, said: "Sadly the investigation will take as long as it takes. This leaves the families, once again, in limbo."

Ms Champion has written to HSE on behalf of the Shaw and Cresswell families to try and secure the latest information, but was told that Thames Valley Police would be updating the families "at some point in the future"

"The kindness and generosity of the local people meant a great amount to the families"
Sarah Champion MP

She said. "Since the men have been returned home the families are not being updated.

"This is simply not good enough and extends the trauma they are expected to endure."

But Ms Champion, a Labour MP since 2012 did praise the emergency services and the "kind" Didcot community for their response this time last year

She said. "The emergency response when the building initially collapsed was fantastic

"The dedication and bravery of all involved was exceptional and something we should all be grateful for, and proud of.

"I have been hugely impressed by the kindness and generosity of the local people and I know this meant a great amount to the families."

Ed Vaizey so 'proud' of town

DIDCOT MP Ed Vaizey said. "I was incredibly proud of the way the people of Didcot rallied round immediately after the tragedy baking cakes for the rescue workers and showing their support for the families involved

"Although the town is still acutely aware that men lost their lives it seems to be focusing on the great community spirit that was shown at the time and taking this forward in very positive ways."

As police investigations continue, Mr Vaizey urged people to remain patient.

He said "I am confident that given the public scrutiny that correct procedure is being followed. At times it may seem frustratingly slow but investigations have to be thorough."

The 48-year-old added. "I would like to see some sort of tribute but feel that this has to be sensitive to the feelings of the families involved, in time some input from them about what they would like would be appropriate."

Police & HSE: Our thoughts are with those affected on this 1st anniversary

THAMES Valley Police and the Health and Safety Executive the two investigating agencies have today released a joint statement a year on from the Didcot power station collapse

The statement read. "A year on from the partial collapse of the boiler house at Didcot 'A' power station on 23 February 2016, Thames Valley Police (TVP) and the Health and Safety Executive (HSE) continue to investigate the circumstances that resulted in the tragic deaths of Michael Collings, Ken Cresswell, Chris Huxtable and John Shaw

"The thoughts of both agencies remain with the men's families as well as those who were injured as a result of this incident

"Following the collapse an extensive and challenging process to recover the bodies of Ken Cresswell, Chris Huxtable and John Shaw was undertaken. An investigation commenced immediately after the incident."

Representatives from TVP and HSE will attend a minute's silence being held at Didcot power station today to pay their respects and to offer support for the families.

Many floral tributes were left at the scene

Supt Rory Freeman, LPA Commander for South Oxfordshire and Vale of White Horse said. "Today will I imagine be another challenging day for the families who lost their loved ones in this tragic incident.

"My thoughts remain with them and those who suffered injuries, and we continue to support those affected and give them the answers as to why their loved ones lost their lives."

HSE's chief inspector of construction Peter Baker also paid his respects.

He said "My thoughts and those of all at HSE are with the families of those who died and were injured at Didcot, particularly today as we mark the first anniversary of this tragedy

"The HSE investigation team has been working tirelessly with our colleagues at Thames Valley Police to discover the circumstances behind the building collapse.

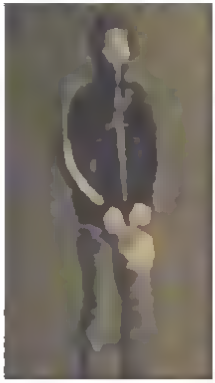
"We want to assure everyone affected by this incident and especially the bereaved families that we remain fully committed to identifying the cause."

The joint statement continued. "TVP and the HSE continue to investigate why the collapse happened which led to the deaths of the four men and led to serious injuries to two people

"While this is a joint investigation, Thames Valley Police has the lead on establishing if any criminal offences under its jurisdiction may have taken place."

CCTV released over car damage

ABINGDON CCTV images have been released in relation to an incident of criminal damage to a motor vehicle.



Offenders damaged a Volkswagen Golf car parked in Wilsham Road at around 7.30pm on Tuesday last week.

Investigating officer PC Julian Parvit, based at Abingdon police station, said: "I am appealing for information about what happened and would like to speak to the man in this image who may have vital information about the incident.

"If you know this man or have any other information about the burglary please call me via the 24-hour Thames Valley Police enquiry centre on 101 stating reference number 43170045437

"If you don't want to speak directly to police you can contact the independent charity Crimestoppers anonymously on 0800 555 111."

Vandals strike at football club

OXFORD Vandals have damaged a defibrillator and thrown paint around the car park of a football club

Offenders gained entry to Marston Saints Football Club Pavilion on Boults Lane, Marston, between around 7pm on Monday February 13 and 7am on Tuesday February 14.

They took the defibrillator out of the storage box and damaged it before throwing paint cans around the car park.

Investigating officer PC Sarah Magro said: "The offenders have damaged an important piece of life saving equipment I would like to appeal to anyone who has any information about this incident."

Contact police on 101 if you have any information.

Arrest after sex assault claim

OXFORD A 23-year-old man has been arrested in connection with a sexual assault

Thames Valley Police said a woman reported the assault at 4am on Monday in the city centre.

An entrance to Oxford's Covered Market was cordoned off after the incident as officers carried out their investigation.

The man has been bailed until March 20

£24m project launches at business and science park

Eva Astreinidou: *Reporter*

WORK has started on a £24m project to build an office and laboratory development at Milton Park which could create 1,000 jobs

Construction work at MEPC's Park Drive East development, located towards the eastern end of Milton Park, has begun, as the first step of a 12-month development plan.

Park Drive East will be comprised of three separate buildings and will include an office building and two hi-tech laboratory facilities

Work on the office building is expected to finish by the end of the year, with the two remaining buildings expected to be completed in spring 2018

Park Drive East aims to satisfy the ongoing demand for quality office and laboratory space in Oxfordshire and neighbouring areas

As part of the Science Value UK Enterprise Zone businesses wanting to occupy space in the new development can apply for business rates discounts of up to £275,000

A breaking ground ceremony took place on Friday February 3 at Park Drive East to mark the start of construction

Breaking ground at Park Driva East in preparation for the office and laboratory development

Ed Vaizey MP for Didcot and Wantage said: "I'm pleased to have been a part of this exciting ceremony marking one of the largest speculative development builds in Oxfordshire

"MEPC's commitment to this project shows that Milton Park is still one of the top performing Enterprise Zone's in the country and I'm looking forward to seeing the life sciences cluster in Oxford grow as a result."

James Dipple the CEO of MEPC said: "Milton Park is firmly established as an anchor destination for life sciences in our region particularly due to its close links to nearby Oxford University and its Life Science Division, which ranks first globally and therefore an attractive space for upcoming companies.

"Park Drive East will provide businesses with the opportunity to join an established commu-

Students really have the gift of the gab

THE senior 'youthspeaks' team at King Alfred school Wantage will wave the flag for Oxfordshire at an event aimed at promoting the art of public speaking

Earlier this month the team, comprising Clare St George Hannah Hayward and Maddie Lewis-Hughes beat all opposition to become county champions and win the honour of representing Oxfordshire in the next round of the competition on March 2 in Marlow

Kate Wigley who coordinates the 'Youthspeaks' project at the academy said "It's a few years since we have reached this stage in the competition – I'm really proud of the team."

From left, Clare St George, Hannah Hayward and Maddie Lewis-Hughes

Picture: *Oxfordshire Fire & Rescue Service*

Firefighters extinguish horse transporter blaze

A HORSE transporter lorry that got caught in a large fire was extinguished swiftly before it spread out of control.

Firefighters from Oxfordshire County Council's Fire and Rescue Service, along with Buckinghamshire and Milton Keynes services, were called to the incident on Thame Road, Haddenham on Tuesday just after 7.50pm.

Incident Commander Watch Manager Andy Ford said, "Fortunately the owner spotted the fire and called the Fire and Rescue Services quickly so we were able to attend in time to contain the fire to the lorry and stop it spreading further."

nity of like-minded businesses helping to satisfy requirements from within our existing customer base"

Milton Park one of Europe's largest business parks accommodates 8 500 people and 250 organisations

MEPC is responsible for business estates that accommodate over 350 organisations with thousands of people working in the manufacturing, science and technology sectors

Identity of body found in explosion unknown

George Welch, *Reporter*

A POST MORTEM examination into human remains found in the rubble of a collapsed block of flats has proved 'inconclusive' police have said.

Emergency services are working to identify the human remains discovered after a huge explosion in Osney west Oxford, on Tuesday last week.

Thames Valley Police confirmed on Saturday that search and rescue crews had located human remains in the wreckage of the three storey block of flats in the Osney Lane and Gibbs Crescent area.

Emergency crews have scoured the rubble near the marina and the remains are believed to be that of Guido Schuette

But police revealed on Monday that a post mortem examination conducted on Sunday had "proved inconclusive and further tests will be carried out to identify a cause of death"

The force added. "As of yet the deceased person has not been formally identified."

On Thursday last week, the force issued a public appeal for the 48-year old, who was unaccounted for and was believed to have died during the incident

Mr Schuette's family has been informed and are continuing to be offered support from officers

Senior investigating officer, Det Insp Jim Holmes of Force CID based in Oxford, said "We are still in the early stages of investigating this incident

"Significant work is being undertaken by detectives, crime scene investigators and fire investigators to determine a cause.

"At this stage Guido remains missing."

It has come to light that Mr Schuette had a criminal past, which involved court appearances for assault and possession of a knife.

Last week, police issued an appeal for the 'missing' man and warned the public not to approach him.

Supt Joe Kidman, Local Police Commander in Oxford, said on Thursday last week: "Our strong hypothesis is that Guido died in the fire and we are continuing to offer support to his family at this time

"However while our search of the scene continues and this is not confirmed, one line of enquiry within the investigation is that Guido could be missing.

"Given the circumstances of the incident, we are asking members of the public not to approach Guido but call 999 immediately"

Supt Kidman would not comment on Mr Schuette's previous convictions or current work status

Thames Valley Police and Oxfordshire County Council's Fire and Rescue Service have been working with Urban Search and Rescue specialists at the explosion site

Emergency services were called at 4 45pm on Tuesday last week following the explosion, a fire and the collapse of the block of flats

Detectives and crime scene investigators continue to work at the scene to determine the cause of the incident but firefighters have now left having gathered evidence

Gibbs Crescent will remain closed until further notice police said.

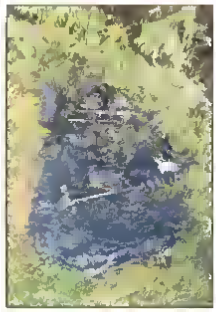
The fire service confirmed last week that 40 households were displaced from their homes as a result of the explosion.

Oxfordshire County Council's Emergency Planning team is currently working with A2Dominion to provide alternative accommodation, transport and emergency supplies for those who need it

Dawn Wightman, A2Dominion housing director said. "Where it has been safe to do so, we have arranged for residents to move back into their homes

"There are still 13 households currently staying in alternative accommodation. We were able to arrange access yesterday for a number of these residents to collect personal belongings"

She added a small number of homes would need to be demolished and those residents will be re-housed.



The burnt out electric car in the garden in Monks Risborough
Picture: *Oxfordshire Fire & Rescue*

Mum saved son after electric car burst into flames

A MOTHER saved her two year-old son by pulling him out of an electric car before it was engulfed in flames

Oxfordshire County Council's Fire and Rescue service were called to a house in Monks Risborough just after 10am on Monday

Crews from Thame Fire Station attended the scene and found a small electric car on fire which had spread to a five metre section of hedgerow

Andy Ford from Thame Fire Station said: "The toddler was driving the ride on electric car when his mother noticed smoke coming from the front of it Her prompt action definitely saved him from serious injury"

Park rapist warned by judge to expect a 'long sentence'

A MAN who admitted raping a woman in a park has been warned by the judge to expect a "substantial sentence"

Mark Pearton, 44 Cavendish Place, Eastbourne East Sussex, pleaded guilty to one count of rape, one count of sexual assault by penetration and one count of possession of a bladed or sharply pointed article at Oxford Crown Court on Friday

The victim, a woman was walking along Harcourt Hill, Botley between about 7 45pm and 8 10pm on January 10 this year

Pearton approached the victim from behind and threatened her with a knife

He then took the woman to Raleigh Park, where he raped her

Following Friday's conviction, investigating officer Detective Sergeant Ben Henley said. "Pearton has pleaded guilty to the terrible offences that he committed.

"He is an offender who threatened the victim with a knife before raping her Rightly he will now be sentenced for one of the most serious of crimes

"I would like to pay tribute to the victim for the bravery she has shown during this horrendous time and I am pleased she will not have to go through the added ordeal of giving evidence in court.

"I would also like to thank all those members of the public who came forward with information during our investigation which ultimately helped us to bring the case to court."

Thames Valley Police (TVP) launched a two-prong appeal following the attack.

A 38-year-old man was arrested but then released on the evening of Wednesday January 11.

TVP increased its presence in the area including a scenewatch and foot patrols by police officers and carried out house-to-house enquiries.

Judge Pringle prepared Pearton for a long jail term when sentence is passed at the same court on April 6

Pensioner threatened by man who got in his car

A 78 year-old man was threatened with a knife by a man who got into his car and ordered him to drive down the road.

At around 5 30pm on Tuesday last week, a man approached the driver of a vehicle outside the Co-op shop in Wood Lane Sonning Common.

The offender opened the front car door and sat in the passenger seat, asking the victim to drive him down the road

The victim drove the offender to the Parish Hall

The man then refused to leave the vehicle and threatened the victim with what is believed to be a knife

The victim left his vehicle and walked towards the Co op to ask for help

In that time the offender left, walking towards Kennylands Road.

Investigating Officer PC Susan Bradshaw said "I am appealing for information about this incident and would like to speak to the man in these images who may have vital information about the incident."

If you have any information, call 101

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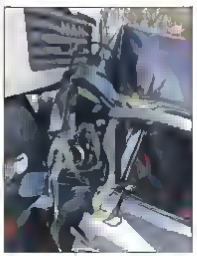
Mother and son's 'lucky escape' after seven car A34 pile-up



The wreckage of the car
Picture: *South Central Ambulance Service*

FIVE people, including a ten-year-old boy and his mother were taken to hospital after a seven-car pile-up that included a lorry on the A34.

The boy and his mother were travelling in the front of the car when it was involved in the accident on the A34 near the junction with the M40 on Monday morning.

Both sustained potentially serious but not life-threatening injuries

A further three patients with minor injuries were taken to hospital. Twelve patients had minor injuries and were treated by crews at the scene.

Police were called to the A34 near Weston-on-the-Green, Bicester at 10.35am.

The crash aftermath
Pictures. *Oxfordshire Fire and Rescue Service*

South Central Ambulance were alerted to the collision at 10.39am. They sent two ambulances to the scene a rapid response vehicle and an officer

The road was closed to allow emergency services to help the injured and clear debris

It was reopened later in the day

Group fighting 'tooth and nail' as mass development threatens doctors' surgery

Eva Astreinidou Reporter

Residents voiced concerns over development plans for Chalgrove at a meeting in November

A GROUP opposing the controversial plan to build 3,000 houses on Chalgrove Airfield is now warning the doctors' surgery could shut down as a result of the "ill-conceived" proposals

The Chalgrove Airfield Action Group, who formed with a mission to help nearby areas to find sustainable alternatives to excessive local development, are opposing the "new town" proposal and the subsequent closure of the Brook Surgery.

They released a statement saying: "The result of these changes will seriously impact the current residents of Chalgrove, leaving parents with prams, wheelchair users, the elderly and infirm with considerably longer journeys to visit their GP, which in turn is likely to result in increased numbers of car journeys.

"Residents also expressed fears that the loss of the village surgery would also lead to the existing pharmacy, and potentially the Post Office, being moved across to the new town, leaving the current High Street with far fewer amenities, and calling into question the viability of our remaining shops."

They added: "Chalgrove is supportive of sustainable growth and development, and has a well-established Neighbourhood Development Plan in place. We do not consider that the New Town is sustainable, and that it will have a detrimental effect on the infrastructure and amenities of our local residents. We intend to fully oppose this ill-conceived proposal."

A statement from the Oxfordshire Clinical Commissioning Group (CCG) confirmed they would only support a single health centre for the current residents of Chalgrove and the residents of the new town.

The new centre would be built to cope with 7,000 people

The CCG representative is hopeful that the new facility would be larger and have more amenities and would perhaps attract more younger doctors to run it.

David Turner, a member of the SODC Planning Committee, said: "The whole village is opposed to the development.

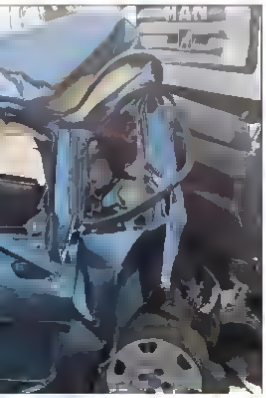
"We are already taking 200 homes and the school is going to struggle with that already.

"We are fighting tooth and nail about this. It would destroy the community we have worked so hard to build ourselves."

He said that the Brook Surgery is convenient for everyone in the village, and that the new centre would not be.

He said that another consultation will take place in March, with a subsequent independent inspection to take place some time in 2018 to evaluate the feasibility of the development.

He added, "I am hoping we can convince the inspector that this is nonsense."



£50k to canvass opinion over One Oxfordshire proposal

Samantha McGregor *Reporter*

A COUNCIL has been accused of trying to "brain wash" people into supporting plans for a unitary authority in Oxfordshire.

It comes after Oxfordshire County Council, OCC, confirmed it had hired Welsh social research company Opinion Research Services to the tune of £50 000 to canvass residents.

OCC propose a single unitary authority to replace the six city and district councils

The research firm are calling people knocking on doors and inviting others to attend focus groups to answer a string of questions about a new local government structure

The county council has been criticised for spending tens of thousands of pounds at the same time it has made millions of pounds in cuts to local services and has increased its share of the council tax for 2017/18

But the county council said the survey is necessary "to reach out to and listen to the views of people who will be directly affected, not just campaigners"

One resident who was called by the firm but did not want to be named, accused the county council of trying to "brain-wash" people and claimed the questions are biased.

The resident said. "They ask questions to get the answers they want. I think this is very wrong to try and brain wash people Oxfordshire residents' own council tax is being used against the democratic process to undermine district councils "

Barry Wood, Cherwell District Council leader Barry Wood, who is opposed to the merger claims the plans are "not fit for purpose" and the move is a "last-ditch" and "money grabbing attempt by the county council to try and plug its debt"

A spokeswoman from Oxfordshire County Council said. "This is not a formal consultation on a set of fixed proposals.

"It is a wide ranging public and stakeholder engagement exercise to gain feedback as part of the evidence base we will use in refining the draft proposals, and forming a final version of them.

"Our public and stakeholder engagement activities are designed to get a view of the population of the county and we are using a variety of different approaches to do so.

"This includes informal drop-in events in libraries, surveys, workshops, stakeholder meetings etc.

"We have hired an expert social research company to carry out some of the public engagement work and provide no independent report on findings

"While there are costs attached to some of our public engagement activities, they need to be put in the context of the £400 000 per week being currently wasted on running six councils "

A war of words has already broken out between the county's councils.

Cherwell District Council leader Barry Wood

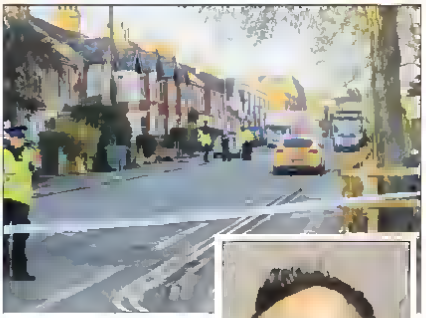
OCC propose a single unitary authority to replace the six city and district councils The county council has got the backing of South and Vale district councils Cherwell, Oxford city and West Oxfordshire councils oppose the move

Among the questions people are asked to agree or disagree about the need to reorganise local government in Oxfordshire, if a unitary authority should provide all council services and residents are asked how important four options were to them, these included simpler local government, better services, more accountability and lower running costs

A formal consultation is expected to take place if the Government back the unitary authority plan.

For more information go to oneoxfordshire.org

Tribute to victim as murder suspect appears in court



Domingos Ramalho's family have paid tribute to him after he was stabbed in Windmill Road, Headington
Picture *Thames Valley Police*

THE family of a man stabbed to death in an incident in Headington a week ago have paid tribute to a loving and caring man.

The statement was released on Thursday last week by Thames Valley Police on behalf of 35-year old Domingos Ramalho's family after the fatal stabbing

The tribute read "Domingos was a kind, loving and caring man. He was a good and trusted friend to many and a family man dedicated to his partner and children.

"His sudden loss affects us all greatly and he will always be in our hearts and prayers and will never be forgotten "

The family has asked that their privacy is respected and that they are allowed to be left to grieve in private

Egidio Da Silva Alves, 27, of The Slade, Oxford, appeared at Oxford Crown Court on Wednesday last week charged with the murder of Mr Ramalho but will not enter a plea until his next court hearing in April.

Alves was arrested on Monday February 13 and charged on Wednesday with murder and possession of a bladed article

Thames Valley Police officers and ambulances were called to the incident in Windmill Road just after 3pm on Monday last week, where the victim had sustained steh wounds.

Mr Ramalho was taken to John Radcliffe Hospital where he later died.

The day after the stabbing took place, Senior Investigating officer Det Insp Dave Hubbard, from Thames Valley Police s Major Crime unit, said. "We believe this to have been an isolated incident, and we are now conducting a thorough investigation."

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Group accused of not listening to patients over surgery closure

Tempers flare at heated consultation meeting

Witney residents quiz OCCG members with Witney MP Robert Courts, standing right

George Welch *Reporter*

AN NHS consultation on major changes to Oxfordshire's health services has been greeted with anger and scepticism by campaigners fighting to save Witney's Deer Park Medical Centre.

A six-strong panel of Oxfordshire Clinical Commissioning Group (OCCG) representatives made a presentation to proposals before fielding a Q&A with Witney residents as part of the NHS's 'Big Conversation' outlining an overhaul of health provision in the county.

While the proposals are county-wide the topic of conversation at Witney Corn Exchange on Thursday was dominated by one thing – the impending closure of Deer Park Medical Centre.

The Edington Square surgery is set to shut at the end of next month, but its future lies in the hands of the Secretary of State after the Health and Overview Scrutiny Committee (HOSC) voted earlier this month that its closure represents a 'substantial change'.

Thursday's consultation was an opportunity for Witney residents, patients, councillors and politicians to ask health bosses questions about phase 1 of potential changes to Oxfordshire's NHS amid swingeing cuts across the organisation.

One of the panellists, Eynsham Medical Centre GP Dr Miles Carter, clarified the OCCG's stance on Deer Park. He said: "No-one in the OCCG wanted Deer Park to close. We didn't. Why would we want to close a surgery which is functioning well?

"The problem was that when the contract came up for renewal, we put it out to tender, a bid came in and they weren't able to offer a service that was affordable."

The chief executive of the OCCG, David Smith, added that "we cannot carry on like we are", as the county's NHS braces for a deficit of £250m by 2020.

Mr Smith, who said there won't be any GPs at Deer Park from April 1 and doesn't consider Deer Park's closure as a 'substantial change', also said the OCCG had to make steps in the interest of the centre's patients.

> *"We have fought hard for this. It has stressed us all out but we have said we will fight this to the end"*
>
> *Deer Park campaigner Linda Sturt*

But members of the 'Save Deer Park Medical Centre' campaign group are not convinced they are being listened to, with Linda Sturt, a patient at Deer Park for 17-years, saying she 'isn't buying' the consultation and that it was 'an absolute waste of time'.

The Minster Lovell resident has six other family members who use the centre and says the closure will have "a tremendous impact" on her family.

She said: "We have fought hard for this. It has stressed us all out but we have said we will fight this to the end.

"I'm very angry. We're all angry. I think they are putting it [the consultations] out to see what reception they get but they've already made up their mind."

Mr Smith disagreed and described the series of consultations as "genuine".

Chair of the Patient Participation Group Cllr Brenda Churchill said: "A lot of people are really not happy with what they've been told. They [the OCCG] lie through their back teeth – it's dreadful."

They said they were expecting a response from Secretary of State for Health Jeremy Hunt this week but are yet to receive anything.

Mark Churchill, husband of Brenda, criticised the OCCG for not consulting with patients before announcing Deer Park's closure.

He said: "You have not listened to the people of Witney at all on this.

"You have disregarded us, you are closing that surgery without taking any consultation from any of the patients. You are rough-riding everybody in Witney.

"Your idea was to close Deer Park from the beginning and that frightens me for the rest of the facilities within Witney, especially the hospital."

Jane Southworth, a legal adviser to the Save Deer Park group, said Virgin Care, the current care providers, are keen to reach an agreement with the OCCG and warned that an irreversible steps – including dispersing patients – can be made once the matter has been referred to the Secretary of State.

The OCCG sent out letters urging Deer Park patients to move to other surgeries the same day that HOSC concluded their substantial change verdict. However the PPG is urging patients to remain until Mr Hunt makes his decision.

Warning after electric blanket sets bed on fire

OXFORDSHIRE Fire and Rescue Service has issued a warning about neglected electric blankets after an 82-year-old woman discovered her bed on fire.

The pensioner was going to bed at 10.20pm at her Herspath home on Thursday last week only to find her faulty electric blanket had set her bed alight.

Fire crews from Rewley Road, Oxford, rushed to the scene and found smoke coming from the upstairs window.

Firefighters extinguished the fire using breathing apparatus and high-pressure hoses.

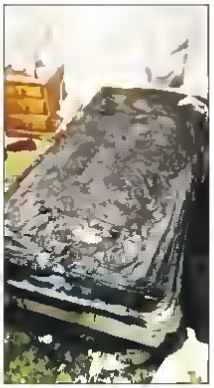
The elderly woman was unhurt and had left her property after discovering the bed on fire.

The fire service has urged people to take extra care when using portable electrical heating devices during cold weather.

Incident commander station manager Paul Webster said: "The lady was very lucky as the smoke alarm in the property had not raised the alarm, the 82-year old lady was in the property but only discovered the fire when she went upstairs, unfortunately the smoke alarm was not positioned correctly so was not able to give early detection to the fire."

Oxfordshire County Council Fire and Rescue Service has urged people to take extra care when using portable electric heating devices, especially in the cold weather.

It is also recommended that they are not used overnight and only turned on when they can be monitored.



The burned bed in the woman's Herspath home after the electric blanket set alight last week

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'Lucky escape' for motorist

A DRIVER who flipped their car, smashed into a lamppost and rolled into a front garden had a "lucky escape" firefighters have said

The driver, who has not been named, was found trapped in their car on Abingdon Road, Steventon, at 9 20pm on Thursday last week.

The car had ploughed into a lamp post knocking it to the ground before resting on its side in the front garden of a Steventon home.

Fire crews from Didcot and Abingdon attended the scene.

While the fire service removed the roof of the car paramedics took care of the casualty Thames Valley Police are investigating the accident

Station manager Paul Webster who attended the incident said. "The driver had a very lucky escape, managing to avoid serious injury having left the road, rolled the car and hit a lamppost.

"I would like to remind all drivers to pay full regard to the road conditions, being mindful of how their driving needs to be appropriate for the time of day and weather"

Lesley puts her oar into rowing challenge to mark her 60th

Adam Flinn: *Reporter*

HOW would you choose to mark your 60th birthday?

While many would choose to have a big party or go on a dream trip, Lesley Foden has gone a bit further – she is preparing to row 1,800 miles around the coast of Britain in eight weeks over the summer

She has been training at Abingdon Rowing Club in preparation but is by no means an avid rower, having not been out on the water regularly since the 1980s before deciding to take up the challenge

Lesley will be part of a team of rowers starting from Burnham-on-Crouch near Southend on June 3, going clockwise around the coast in eight stages and aiming to finish at the same point on July 29

And for Lesley who lives in East Woodhay in north Hampshire, the idea to do the challenge came in a split-second decision while standing in the kitchen.

"I quite like challenges in all sorts of shapes and sizes and this is probably the biggest one I ever do" said Lesley

"This one came about because around 12 years ago I came across some chaps who were raising money to go across the Atlantic, and they had their boat with them

"For some extraordinary reason it captured my imagination and I decided I've got to do something like it somewhere along the line.

"Then about 18 months ago, I was standing in the kitchen and it popped into my head again, so I made up my mind there and then to do a row"

Lesley is no stranger to adventure having cycled around the British coast with husband Mark in 1995

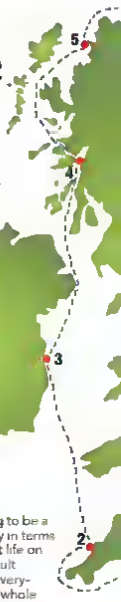
She was a member of Abingdon Rowing Club for a few years in the 1980s, and rejoined immediately after taking up the challenge

For this Lesley will be doing two hours on, two hours off throughout the trip, coming ashore once a week for a change of crew

But rowing on the sea is much different to the comparatively calm waters of the River Thames, and Lesley knows it will be no small task.

She added: "It's going to be a huge challenge not only in terms of the actual rowing but life on board is incredibly difficult

"Cramped quarters, everything's soaking wet the whole time and gets mouldy, and you



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"You change out of your wet clothes after your rowing session and jump into other wet clothes, and then try to sleep in your wet sleeping bag, before climbing back into your cold wet rowing clothes to row

"And the mental challenge will be enormous I think everyone has incredibly low moments and incredibly h gh moments "

Yet for Lesley's friends and family, her taking on this challenge isn t too surprising

Lesley added. "A lot of people think oh God here she goes again because apparently I do wacky things although I think I m quite sensible!

"Most people are taking it seriously now because I think a lot of people were waiting to see how long it would be before I gave up the idea, but I kept going, and I think they re interested to see what happens next "

Lesley has to raise £40 000 before she can take part in the challenge – £20 000 to do the row and £20 000 for her two charities, the RNLI and Sea Changers.

To donate go to row lesley-foden.com

Millions allocated for 'vital' community leisure facilities

Eva Astrinidou, *Reporter*

AN investment of nearly £20million into Wantage and Grove s leisure facilities has been welcomed by local councillors who believe the funds are vital for the community

The Vale of White Horse District Council announced last week that it is to invest £18 8 million over four years to leisure services for Wantage and Grove.

On Wednesday last week, the Vale set its budget for 2017/18 with millions being pledged to support local communities across the district.

The money will be spent on a new leisure centre to serve Wantage and Grove The replacement of the outdoor Abbey Meadow swimming pool in Abingdon has also been given the go ahead with a further £1.3million.

More than £300 000 in grants will also be available to support community projects such as improvements to village halls and providing new sports areas

A further £100 000 will support the delivery of the Vale Local Plan Part Two, with £50 000 towards feasibility studies no transport schemes to support the new housing in the district.

Councillor Matthew Barber leader of the Vale said. "Our 2017/18 budget focuses on supporting communities across the district includ ing delivering new and improved leisure facilities

"The new leisure centre between Wantage and Grove is a vital facilty for local residents, while funding for the Abbey Meadow pool will ensure people can enjoy outdoor swimming for many years to come "

Cllr Charlotte Dicksan, cabinet member for leisure at the Vale said. "This is great news for everyone in Wantage, Grove and the surrounding area. It's vital that as more people settle in the area we have the leisure facilities available to meet the growing demand."

Councillor Zoe Patrick, county councillor for Wantage and Grove, said. "I welcome this pledge to invest extra money into leisure facilities for our community which has been sadly lacking over the years

"We have beard promises for a brand new leisure centre for Grove, especially with the new housing developments already in the area and planned for the future so I shall be delighted to see this delivered at the earliest opportunity "

The council will also be allocating £80,000 per year to ensure public areas are clean and tidy and will also continue to pay £25 000 per year for the next three years to ensure grass verges in urban areas can be cut at least once a year

In November a £320 000 investment towards a new play area at Abbey Meadows was announced

The revamp is part of a £615 000 project to improve the spot and attract more visitors.

The park will boast a river scene, a new sensory area and play garden, an informal area for ball games, slides and a zip line

The park is set to open for late spring / early summer 2017

In order to maintain the services for residents, the council has increased council tax by 4.3 per cent this year From April a Band D household will pay £121 69 for services provided by the district council for 2017/18. an increase of just £5 from 2016/17

£320,000 has been awarded for a new play area at Abbey Meadows in Abingdon in addition to the £1.3million for the pool and right, Vale of White Horse District Council leader Matthew Barber

Garden town time extended

DIDCOT Residents now have more time to give their feedback on garden town proposals after the district council extended the deadline from February 24 to February 28

More than 300 residents of Ladygrove attended briefing sessions on Wednesday and Thursday last week regarding the initial garden town proposals where South Oxfordshire District Council (SODC) presented the proposals and the rationale behind them.

The issues raised in a Q&A were similar to those brought up at last week's Didcot Town Council meeting where the town's council refused to surrender its lease on Ladygrove Park.

Those concerns included the proposed technology campus on Ladygrove Park, the park's green spaces and the proposal to close Cow Lane to traffic

SODC have now recognised that, although 17 per cent of the green space would be developed approximately 50 per cent of flat park land would be affected.

To provide feedback on the initial proposals email info@didcotgarden-town.co.uk

The presentation slides from the briefing sessions can be viewed at http://tinyurl.com/zdpqwgb

The draft delivery plan is to be launched on March 22.

Join the mayor at race night

ABINGDON The Mayor of Abingdon, Cllr Alice Badcock, is organising a Charity Race Night at Edward Brooks Barracks tomorrow

All proceeds will go to the mayor s charities, Little Troopers and Oxfordshire MIND

Tickets are £2 50 per person and are available via the Information Office at Roysse Court, e mail enquiries@abingdon.gov uk or call 01235 522642

The event is expected to be well attended so those interested are advised to book as soon as possible

Doors open at 7pm.

Teen attacked and cash stolen

BANBURY A teenager was punched in the face and had cash stolen after a robbery in Spiceball Park.

Police said the 18-year-old man was walking on the footpath near the skateboard ramps when he was approached by a man who threatened him and demanded his property

A woman was with the robber but walked away just before the incident

PC Jonathan Livingston, from Banbury police station, said. "This was a random attack where the victim was assaulted and was so fearful that he felt he had no choice but to hand over money

"The victim was left shocked at what happened."

Anyone with information should call police via 101 or Crimestoppers anonymously on 0800 555 111

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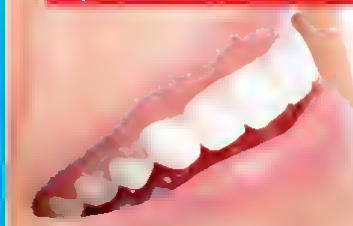

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Day celebrates contributions and importance of migrants

Eva Astrainidou: Reporter

Representatives take turns to read out messages of solidarity in English and Chinese. Picture: *Oxford City Council*

OXFORD CITY COUNCIL is proud to support
1DAY WITHOUT US

OXFORD took part in countrywide celebrations to mark 1 Day Without Us to honour the contribution of migrants to British society whilst also taking another shot at US President Donald Trump and his 'toxic politics'.

The public were invited to link arms and carry flags to celebrate diversity and the migrant population on Monday after a report from the New Economics Foundation estimated that if every migrant withdrew their labour for one day it would cost the UK £328m.

The Lord Mayor of Oxford Councillor Mohammed Altaf-Khan was at Oxford Town Hall to offer messages of solidarity and support for immigrants in both Oxford and the UK.

Attendees had the option of coming in national costume and could bring flags.

Oxford based photographer Fran Monks was also there to celebrate with a pop-up photo booth gathering a diverse collection of faces of immigrants to represent the city.

Cllr Altaf-Khan said: "Oxford is a city of sanctuary and has long been a destination for international immigrants with over 28 per cent of the city's population born outside the UK.

"I am proud to celebrate this day and to express Oxford City Council's on-going commitment to recognising the value of immigrants in the city."

The University of Oxford's Nuffield orthopaedic centre also took part with an event to celebrate migrant staff and their supporters, hosting a coffee morning with cakes from all over the world, and a paper mural accompanied by photos and handwritten notes on migration and its value.

Oxford students also organised a mass walkout in Oxford city centre on Monday in support of migrants and to protest against the 'toxic politics of Donald Trump'.

Campaigners Oxford Migrant Solidarity alongside Oxford University Student Union, masterminded the walkout that saw students leave classes to gather in Radcliffe Square at 11.30am.

A statement on the walkout event's Facebook page read: "We are calling on Oxford students to join in making it very clear to our government, and to the world, that this state visit will not happen in our name.

"We are calling on Oxford to be part of standing up to our own governments continued victimization of migrants from the building of the wall in Calais to the deportation of thousands of international students."

At 1pm, people countrywide supporting 1 Day Without Us were asked to gather in public spaces and link arms in a gesture of solidarity and appreciation of migrants.

The group posted the following on their page: "We are millions. Let us stand together and show it. Let's reject the politics of division and hatred. Let's make tomorrow better than today."

Strong feelings as MP hosts Brexit meeting

MP John Howell held an open forum to discuss Brexit and the white paper setting out key priorities for negotiations.

Last Friday, the meeting was held in Henley to discuss the key questions and concerns of constituents going forward.

Around 40 people attended the meeting, some of whom were supporters of remain and others who were happy to be leaving.

Mr Howell said: "There is a great deal of confusion over what has been going on and some strong feelings on either side of the issue.

"Discussion was inevitably heated at times but overall I think it was a good meeting.

"There were some interesting points raised and it is helpful for me to know what is upper most in people's minds as debates and discussions move forward.

"I am grateful to those who came along to share their thoughts with me.

"There are some questions that we don't have answers for at present and I will continue to comment on my blog in the coming months as more answers come forward."

He added that he will be posting follow-up notes on both that meeting and one held earlier in the week on his website.

For more information and to share your views go to his website at www.johnhowellmp.

£40m to tackle child sexual exploitation

Home Secretary Amber Rudd

THE Home Secretary has announced a £40 million package to protect children and young people from sexual abuse, exploitation and trafficking and to crack down on offenders.

Amber Rudd revealed the new funding and the launch of a new Centre of Expertise on child sexual abuse on Thursday last week.

The package will also include an extra £20 million for the National Crime Agency to tackle online sexual exploitation, £2.2 million for organisations working to protect children at risk of trafficking, and the launch of Independent Child Trafficking Advocates (ICTAs).

A Centre of Expertise comprising of health, law enforcement and social care professionals will become the definitive source of information and guidance to those tackling child sexual abuse on the front line.

The new centre will receive £7.5 million until 2020.

Ms Rudd announced the measures after visiting Barnardo's Safer Futures in Salford, Greater Manchester, a counselling centre for victims of child sexual exploitation and abuse.

Writing for Mumsnet, the Home Secretary said: "Children should be able to grow up free from the horrors of sexual abuse, exploitation and trafficking. Something that should go without saying.

"This government has done more than any other to tackle these horrific offences.

"We have increased support for victims, invested in training and technology to improve law enforcement's response to abuse, and brought in a tougher inspection regime.

"I am determined to bring those that would try to steal their childhood to justice."

The Home Office's child trafficking protection fund also awarded nearly £2.2 million to seven charities for projects protecting vulnerable children in the UK and overseas who are at risk of trafficking.

In 2013, Nicola Blackwood, MP for Oxford West and Abingdon, launched the Childhood Lost campaign to prevent vulnerable children being targeted, groomed and sexually exploited.

The campaign was a response to Operation Bullfinch in 2011, where seven men – Anjum Dogar, Akhtar Dogar, Assad Hussain, Mohammed Karrar, Bassam Karrar, Kamar Jamil and Zeeshan Ahmed – were sentenced for a total of 95 years in an Oxford child sex exploitation case.

On Tuesday, the MP said: "I welcome the new National Centre of Expertise assuring we have the tools to target offenders. We have seen the devastation child sexual exploitation can cause here in Oxford and every effort must be made to put a stop to it."

A report published by the Oxfordshire Safeguarding Children Board (OSCB) in 2015 revealed that a total of 372 children were thought to have been sexually exploited in Oxfordshire over the previous 16 years.

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AA
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NEWS

Experiment with science

OXFORD: Oxford Brookes University is inviting members of the public to come and meet their researchers and peer into all things science at the 2017 Science Bazaar

The event this Saturday will be held at John Henry Brookes Building, Headington Campus on the Gipsy Lane site, with hands-on activities for adults and children aged 5-12 years

Those attending will have the chance to marvel at the miniature world of microbes, peer into a plant cell, and learn the inner workings of the brain.

There is no need to book, just drop in at the campus between 10.30am and 4pm.

For more information, contact events@brookes.ac.uk.

Valuables taken in burglary

DIDCOT: Jewellery, electronics and money were stolen from a property in Roxburgh Drive.

Thieves gained entry through a window at 12.30am on Saturday before stealing the valuables.

If you have any information on the burglary, contact police on 101 or contact Crimestoppers on 0800 555 111.

Out & About
Ideas for your leisure time

A whole latte love on offer at coffee wagon

George Welch Reporter

A SINGLES-ONLY coffee shop using cutting-edge coffee printing technology has given an Oxford man a unique shot at finding love.

A far cry from conventional methods of meeting love interests, a temporary pop-up coffee shop was set up last month to help singletons find their true love – by having their face printed onto a coffee.

Dating service Match encouraged singles to swing by 'Espresso Yourself' in Shoreditch, east London, which served so-called 'Chappuccinos', 'Femmericanos' and 'Selffees' printed with the profile pictures of its members

Match recruited singles from across the country to take part, including 28-year old David Morrison from Oxford.

He said: "As soon as I heard about the idea from Match I was really keen to get involved. It was a really refreshing experience taking part in something different

"Going for a coffee is always my ideal first date and so searching for a date through coffee seemed perfect to me.

"It was great fun having my face immortalised on froth."

Espresso Yourself opened for two days last month and, following on from the success of the London pop-up shop Match is considering rolling it out to other areas of the UK.

The service was designed to encourage time-poor coffee-loving Londoners to find themselves a date while getting their daily caffeine fix.

Six different Match members, including David, decided they wanted to kick off their search for a date in style by featuring on the coffee shop menu for fellow singles to choose from.

Punters were asked to choose from one of the singles on the menu and, after picking their preferred tipple, were handed a free coffee with the profile picture of their chosen single printed into the coffee's foam.

Full of beans coffee drinkers were hoping to grind out a match

They could then get to know more about their potential admirer (their age, height, occupation, interests etc) by reading the outside of their specially-designed coffee cup

If they liked what they see – and

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How far could you travel in 36 hours?

Eva Astreinidou Reporter

OXFORD'S Raise and Give (RAG) charity Jailbreak is back this year, with students embarking on a trip of a lifetime armed with an money tickets or passes, and just 36 hours to get as far away from Oxford as possible.

Two of the students taking on this year's Jailbreak are Eleanor Holt and Chevonne van Rhee both third year Oxford University students.

With the countdown being on just two days the Jailbreak challenge is set to begin at 6am this Saturday with a goal to get as far away from Oxford as possible by 6pm on Sunday

The aim is to reach Oxford, New Zealand, 11,771 miles away whilst spending no money on travel.

The duo are also hoping to raise £100,000 in sponsorship with all of the proceedings going straight to charity and half of the cash going to charities based in Oxford.

The charities to receive the donations are Oxford Homeless Pathways, Oxford Sexual Abuse and Rape Crisis Student Minds and the Schistosomiasis Control Initiative

They said: "We are inspired by the work of these charities and think they are hugely deserving of your support

"Obviously these are quite big targets so at the moment we are trying to raise as much awareness as possible and to reach out to the maximum number of potential sponsors

"We think it's a fantastic (and pretty unusual) opportunity to raise money and much needed awareness for four really deserving charities, so at the moment we're mostly excited, if a little apprehensive about the size of the challenge we've set ourselves! But we think getting even close to those goals would be really worthwhile."

The charitable pair will be updating their Facebook and Twitter pages for people to follow their progress along the journey.

Jailbreak is RAG's biggest event of the year with past students reaching all over the UK, Europe, and beyond, from Poland to Budapest to Istanbul, to Tokyo and South Africa.

Last year the charity smashed a total fundraiser of over £30 000

Oxford RAG is Oxford University Student Union's fundraising team.

Year on year they've hosted sporting tournaments, hitch hikes, talent shows bungee jumping, street collections in fancy dress and the RAG Rail

drink—they could follow a link printed on the cup to track down their match.

The unique beverages were created with the help of Ripples, who developed the coffee printing technology

The Ripples machine uses a cartridge filled with coffee extract with a combination of 3D and inkjet technology to top off a beverage.

Flood prevention measures pay off

A MILLION pound investment over 10 years to protect west Oxfordshire homes has proved a success, the district council has said.

In July 2007 1,631 homes and 72 businesses were flooded in west Oxfordshire and many roads and bridges were impassable after intense storms.

As the 10th anniversary of the 2007 floods approaches West Oxfordshire District Council (WODC) has spent more than £1m on prevention, maintenance and improvements to reduce the impact of any future flooding

The council said hundreds of properties in west Oxfordshire have been saved from flooding as a result of the measures rolled out.

Work to help flood prevention has included 5km of ditch clearing and inspections of known problematic pinch points, culvert inlets and drainage systems.

Also, every new development of up to 10 homes is scrutinised to ensure acceptable flood prevention measures have been taken.

Cllr Carol Reynolds, cabinet member for environment and community safety at WODC, said: "West Oxfordshire District Council has delivered over and above its legal responsibilities and in the process we have prevented flooding at hundreds of properties.

"Without doubt if this work had not been carried out over the last 10 years, we would have experienced more flooding in 2014 and 2016 when neighbouring districts were hit.

"But we are not resting on our laurels and will continue to react to information from residents."

In Shilton, a bund built in 2014 using an £80 000 grant from the Environment Agency and £15 000 raised by residents and the Parish Council prevented 17 homes from flooding in 2016

Major and minor work has also been carried out at around 30 locations in the district from Alvescot to Yelford.

These range from a flood relief culvert at Westwell to river clearance work at Kelmscott.

Left, Sam Wright, apprentice groundsman and senior groundsman Brian Stevens

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Support The Oxford Paper's charity of the year – Play2Give

With your help you can go to the ball

Eva Astremidou: *Reporter*

A DIDCOT BASED charity now in its 10th year is hoping to raise £10 000 in funds to aid local charities but needs help in funding a one of a kind charitable event.

Award-winning Play2Give (P2G), our charity of the year, plans to raise the funds through a series of events including a special celebration ball, which will help with fundraising for the Oxford Children s Hospital and Headway Oxfordshire.

The group will host its black tie anniversary ball to raise cash for both charities and to celebrate the organisation s milestone year, on September 29.

The ball, hosted at Didcot Civic Centre, will feature a disco, photo booth raffle and three-course meal as part of the evening s entertainment.

To help with the fundraising, the organisation is in need of a local company s help to fund the cost of the event to the tune of £2 000.

P2G s £10k appeal will help the children s hospital raise £2million towards new parental accommodation as well as new play areas and specialist equipment.

It will also aid Headway Oxfordshire s final push to raise its last £10k to create the county s first neurological physiotherapy gym in the voluntary sector for the rehabilitation of brain injured patients.

Over the course of a decade, the charity has already raised £55 670 for a catalogue of local causes and over £40 000 for the Children's Hospital since 2003.

The group were also awarded Supporter of the Year Award from the Oxford University Hospitals NHS Trust last December in recognition of their support for the children's hospital.

THE OXFORD PAPER and Oxfordshire Guardian
Charity of the year 2017
Play2Give

Andrew Baker, the charity's founder, was a former patient at the hospital after suffering a brain injury at birth and undergoing brain surgery aged 12.

He was inspired by the treatment he received and has since dedicated himself to raise money for local charities including the hospital.

Since then, he has also earned the title of Oxfordshire Youth Award in 2013.

If you are a local business looking to explore the range of sponsorship opportunities, email play2give@hotmail.com.

For more information on the ball and P2G visit www.play2give.org.uk.

HRGO Driving

READING
HGV1 Drivers required for ongoing contracts – Up to 3 drops per day. Good rates of pay.
HGV2 Drivers required for Multi drop work (up to 10 drops) in and around Oxon/Berks/Bucks area.
Good local knowledge an advantage.
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www.hrgo.co.uk/driving

Pupils dig planting their own wood

SCHOOLCHILDREN can plant their own wood through a local charity initiative aiming to promote the importance of woodland on wildlife-friendly land.

The Wychwood Project helped pupils at the Windrush Valley School in Ascott-under-Wychwood establish their own woodland.

The Wychwood Project, working in partnership with The Conservation Volunteers' Dig Trees programme, helped pupils from 5 to 11 years old to plant their own wood.

The school provides lessons for all its pupils at the conservation centre run by Rob Gripper on his family s Manor Farm in the village.

Pupils work in a purpose-built classroom but also spend half their time studying outdoors.

Wychwood Project director Sharon Williams said: "We are delighted to be able to help children of all ages to get directly involved in conservation. If young people learn to appreciate early the part they can play sustaining our wonder-filled natural world, we hope they will go on caring for our environment throughout their lives.

"This work complements our History Box initiative with West Oxfordshire Primary Schools, which explains the history of Wychwood Forest through the lives of local families."

The Wychwood Project is a conservation charity that is active across 120 square miles and 41 parishes, largely in West Oxfordshire.

It manages four conservation areas: Foxburrow Wood, Grimes Meadow, Woodstock water meadows and Wigwell Nature Reserve.

The charity aims to raise awareness and appreciation for the history and identity of Wychwood, as well as help restore the landscape and encourage bio-diversity.

The charity is also responsible for animal conservation through its work on the barn owl project, coordinating visits to new sites to explore nest box possibilities for the well-known birds whose numbers have seen a significant decline due to the loss of hunting habitats.

The organisation hosts a forest fair, an annual fundraising event held in September that celebrates the diversity and richness of the natural world and raises awareness of the local wildlife and landscape conservation work of the Wychwood Project.

TAKE YOUR CAREER TO THE NEXT LEVEL

Bicester Village Job Fair

Join Bicester Village at the John Paul II Centre in Bicester on Tuesday 28 February, from 4 pm until 6.30 pm. We are looking for candidates who can bring passion to a luxury, fast-moving retail environment. A number of boutiques and restaurants are seeking enthusiastic candidates who would like a new challenge or are looking to return to work. Retail experience is not essential – but passion is.

For more information and to register, visit BicesterVillage.com/jobfair

In partnership with KWD

BICESTER VILLAGE

Protests after debate over Trump visit

Eva Astreinidou: *Reporter*

A PETITION against President Donald Trump's state visit that angered protesters nationwide and collected more than 28 500 signatures in Oxfordshire alone has received a negative response from government

The petition titled 'Prevent Donald Trump from making a state visit to the United Kingdom' gathered more than 1 4million signatures across the UK and was debated on Monday in parliament

The rally against the then newly-inaugurated president came after he signed an executive order to temporarily ban people from seven Muslim-majority countries from entering the US

Last Tuesday the foreign and commonwealth office released a statement that said, "HM Government believes the President of the United States should be extended the full courtesy of a State Visit.

"HM Government recognises the strong views expressed by the many signatories of this petition, but does not support this petition.

"During her visit to the United States on January 27 the Prime Minister on behalf of Her Majesty the Queen, invited President Trump for a State Visit to the UK later this year This invitation reflects the importance of the relationship between the United States of America and the United Kingdom. At this stage final dates have not yet been agreed for the State Visit."

They added that they look forward to welcoming the US president once dates and arrangements are finalised.

On January 30, hundreds of people attended a protest held at Carfax Tower by Oxford Stand Up to Racism, Oxford Momentum, and Oxford University Islamic Society

US President Donald Trump is due to visit later in the year

Around 100 people also assembled at Market Square. Witney, where protesters hung a 'Refugees are human beings' banner and chanted "shame on Trump"

Ian Mekendrick from Oxford Stand Up To Racism said: "Trump's planned state visit to the UK would be an endorsement of his racism and would give heart to racists here –the Prime Minister should cancel the visits until Trump guarantees he will protect fundamental rights and freedoms. We need the biggest possible unity to stop the rise in racism and to demand his visit be cancelled."

Oxford-based charity Oxfam also spoke out over the impact of President Donald Trump's travel ban and urged the British government to "step up' and 'listen to the British people'.

Oxford West and Abingdon and Oxford East comprised the highest figures in Oxfordshire, with more than 13,000 signatures

£5k raised for farm after fire kills two sheep

Eva Astreinidou: *Reporter*

MORE than £5 290 has been raised in just over a week in aid of Didcot's Animal sanctuary after a devastating fire tore through the shelter and killed two sheep

The owners of the sanctuary believe the fire at Hill Farm in Appleford last Tuesday was an arson attack.

The sanctuary lost two of its beloved sheep Buttercup and Simon, in the fire.

Since then the group have been appealing to the public for help to raise funds to cover vet bills, a replacement shelter as well as animal food, bedding and equipment.

In response to the fundraising since the incident, David Vaughan, the sanctuary's co-founder, said: "It's been absolutely wonderful. It's been non stop with people bringing in things for us."

He said two of their cats were injured in the fire and were being treated at the vets.

Julia Vaughan his wife started the crowdfunding. She said. "Thank you so much for the support, we are overwhelmed by the generosity we have received from you all."

Pauline Kerr one of the people who donated, said. "I cannot believe that some idiot could be an selfish as to target helpless animals."

Angie Benbow also a supporter of the charity said. "I am so sorry that you are now having to cope with the after-effects of random cruelty it makes me angry to think that someone could even think of doing such an awful thing."

Thames Valley Police was called by the fire service at 11.40pm on Tuesday to reports of a fire at Hill Farm.

The police are now investigating this incident

A force spokeswoman said. "This is being treated as an unexplained fire and investigations are ongoing to establish the cause."

After the fire, Kraz Wood, who said she used to work for RSPCA complained of bed conditions at the sanctuary and reported this to the animal charity An inspector visited the sanctuary on Sunday

Spokeswoman Suzanne Norbury said the inspector "found no clear breaches of the law but offered advice on how to improve hutches and runs

Councillor apologises for begging remarks

COUNCILLOR John Tanner has apologised for remarks he made on Radio Oxford about beggars.

Oxford City Council's Mr Tanner told BBC Oxford on Sunday morning that rough sleepers are a "real blight" on the city and some were not really homeless

Cllr Tanner has since apologised and said his comments were "ill-advised"

In the interview, he said. "It's a real blight on Oxford, we are an international city people come from all over the world and they don't want to see rough sleepers all over the place.

"I would like to go up to some of these rough sleepers and say 'you are a disgrace."

He added. "The biggest culprit is the government, which is cutting benefits to so many people that a lot of people are faced with no choice."

On Monday he said. "I unreservedly apologise for the remarks I made on local radio about beggars in Oxford. It is a disgrace that we have beggars on the streets of Oxford but I do not blame the beggars for this situation.

"My comments were very ill-advised and do not reflect what I really think. Beggars often have mental health, drug or drink problems and deserve our support. I am sorry for the offence I have caused by my remarks

"Oxford City Council plays a leading role in helping the street homeless off the streets.

"I recognise that only some beggars are also street homeless. I encourage everyone not to give money directly to beggars but to support charities like OXPAT (Oxford Poverty Action Trust)."

He added. "With Government cuts in benefits and bans on receiving public funds more and more people are being left destitute in Oxford. It is a disgrace that in one of the most beautiful cities in Europe some of our citizens end up begging on the streets."

Staff inhaled fumes after gas leak at Nuffield centre

A GAS leak at the Nuffield Orthopaedic Centre led to disruption after members of staff inhaled the fumes.

Members of staff were mixing chemicals last Thursday in the swimming pool area and a chlorine-type gas was released as a result.

Two members of staff were assessed at the scene after inhaling fumes

Hospital staff released a statement at 3pm to say fire and rescue, ambulance and police teams attended the centre.

The main entrance off Windmill Road to the hospital site was closed as a precaution.

At 4 30pm, they reported that the main entrance was open again.

The hydrotherapy pool was set to remain closed until Tuesday

The devastation at the farm after the fire last week

"I cannot believe that some idiot could be so selfish as to target helpless animals"
Supporter Pauline Keir

"It makes me so angry to think that someone could even think of doing such an awful thing"
Supporter Angie Benbow

Thief got in by front door

CUMNOR. Electronics have been stolen from a home in Cumnor Hill.

The thief stole the goods between 12.30am and 9am on February 14 after gaining entry through the front door.

If you have seen any suspicious looking vehicles or people or have any information on the burglary, contact police on 101.

Beer fest celebrates return

WANTAGE. The Wantage Beer Festival is to return after more than three years away.

The event, organised and run by White Horse Campaign for Real Ale (CAMRA), will return to the Beacon on March 17 and 18.

Last appearing in November 2013, the festival will now be a regular annual event in March, with the venue already booked for the next four years.

The festival will feature 28 ales and with ciders selected by branch members, many from breweries local to the Vale.

For more information, visit www.whitehorsecamra.org.uk

Teeb studio open day

BICESTER. Bicester Technology Studio (BTS) is hosting an open day to give future students an insight into study at the town's newest school.

The school opened in September 2016 to Year 10 and Year 12 students, specialising in business and engineering.

Potential students will get a tour of the building, meet current students, staff and industry partners at the open day on Tuesday, from 5.30pm to 7pm, for more information view bicestertechstudio.org.uk

Home cooked breakfasts
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Objections to homes plan are 'bizarre'

The plan showing the site for the homes in Crowmarsh Gifford

Eva Astreinidou: Reporter

A PLANNING application for 80 new homes that aims to improve the infrastructure of Crowmarsh Gifford will most likely be refused by planning officers.

The Lightwood planning application is set to be rejected despite the wider benefits to the community and the "least impact on the village."

The application for the homes on land immediately to the south of Crowmarsh Gifford Primary School, off the Old Reading Road, was made on behalf of the landowners the Exilarch's Foundation and includes infrastructure worth £750 000.

The plan included an additional three acres plus of land to provide space for 50 off-road parking spares as well as formal and informal sports and play areas, and a community building.

A spokeswoman working on behalf of Lightwood and the Exilarch's foundation said: "Lightwood have looked at the figures, surveyed the area and consulted with local residents and the village clearly doesn't need or want a larger development."

Lightwood is now appealing to committee members to call the application to committee.

Lightwood director James Sorrentino said: "This is an exceptionally philanthropic offer that hasn't even been considered by council members and should be discussed by the planning committee.

"There of course has to be a balance between growth and the avaricious campaign for housing, and its impact on village character, compared with the benefits that housing schemes can bring to a community.

"Influenced by the landowner who is an education charity, the scheme was carefully designed purposefully to help the local school. It is bizarre that influential members of the community are not embracing this opportunity with both hands."

The chair of planning at Crowmarsh Parish Council, Nigel Hannigan, recommended the refusal of the application in December citing the excess of homes and an increase of traffic.

He added: "A large increase of housing in Crowmarsh Gifford has the potential to make the rest of the village less sustainable. It would put pressure on local infrastructure, schools, doctors and dental practices and the already over burdened sewage system."

Wallingford Town Councillors also resolved that they refused the planning application on the grounds of it being planned in an area of outstanding natural beauty, claiming it would have a negative impact on traffic generation and air quality particularly over Wallingford Bridge and in the high streets.

The site was also objected to by planning archaeologist Richard Oram, due to the plan being in an "area of archaeological potential."

Crowmarsh Gifford was identified as one of 12 large villages in the South Oxfordshire Local Plan.

The council identified the village as one of the more sustainable locations for future development beyond the main towns of Didcot, Thame, Henley and Wallingford.

In December, Wallingford mayor Ros Lester said she hoped the area would benefit from the new homes.

She said: "Hopefully the new houses will bring more money into the town, shopping etc and people coming to work in with this area. They will obviously use the by pass to get to Oxford, Reading or Henley so pollution should not be too much of a problem over the bridge."

Kathryn Rossiter, CEO of Thrive (back row, second from left) with Jonathan Taw, Natcutts Oxford Centre Manager and Sam Mallett, Natcutts Oxford Outdoor Manager. Thriva client gardaners Arron, Emma and Amelia

Funds grow to help charity Thrive

A GARDEN centre in Nuneham Courtney has raised over £1 000 for a charity that helps disabled and disadvantaged people through gardening and horticulture.

Colleagues and customers at Notcutts Garden Centre have clubbed together to raise £1 020.75 for Reading-based charity Thrive by hosting a series of flower arranging masterclasses that attracted almost 200 people.

Notcutts centre manager Jonathan Tew said: "I am delighted our flower masterclass events were such a success.

"Not only were they lots of fun but they also raised money to support the incredible work that Thrive do.

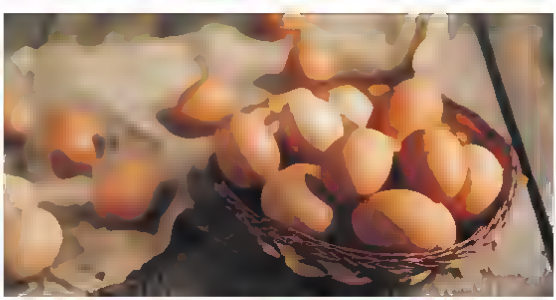
"Gardening is a fantastic hobby and for many people can help improve their physical and mental health in a very positive way."

Kathryn Rossiter, CEO of Thrive, thanked Notcutts for their "wonderful donation."

She added: "The money will be spent on supporting our client gardeners and I am delighted that Notcutts have been able to see us in action when they visited our gardens at Beech Hill to make the donation and were given a tour."

Notcutts has supported Thrive for two years through a range of fundraising activities at all 18 centres nationwide, as well as through the Charles Notcutt Memorial Bursary, which enables students to complete an award in social and therapeutic horticulture.

How do you like YOUR eggs in a morning?



The Farmhouse Kitchen is the restaurant next to the Farm Shop at Millets Farm in Frilford just a hop and a skip from the A34 at Abingdon. But what makes The Farmhouse Kitchen worthy of a visit you may ask?

Forget the fact that there is ample FREE parking all over the site, forget the fact that there are many retail distractions on site with the Farm Shop, Garden Centre, Soame Interiors and many more to help you browse away your time at Millets!

The Farmhouse Kitchen is worthy of a visit as when it opens at 9am each and every day, breakfast is served in so many different ways and in some way the "egg" is the star as they will cook it to you liking!

You may be a Full English Breakfast lover or prefer the lighter Cottage Breakfast where you chose the five items you want! Or a favourite of our regulars is the Farmer's Roll packing in bacon, sausage and a fried egg in our homemade Millets Bap!

Simplicity is key to a great breakfast and our Smoked Salmon & Scrambled Eggs is a delicate affering whilst scrambled eggs on toast, simple toast & jam or a pick from our continental pastries may be more your preference?

But for me the menu comes alive with classics like Eggs Royale (smoked salmon, poached eggs with Hollandaise sauce on a homemade toasted muffin) Eggs Benedict (honey roast ham) or Eggs Florentine (steamed spinach) all of which are cooked to order and served with poached eggs and Hollandaise.

Looking forward to breakfast now?

Daren Fisher – Millets Farm.

Urgent cash injection for older people's care needed

A NEW report warns thousands of older people struggle to get by with little or no care because of cuts to funding

An Age UK review looked at existing data and concluded there were nearly 1.2 million people who were not getting the care they need.

This included 898 500 who do not get any help, of whom 53 000 have trouble with daily tasks such as washing, dressing and eating.

On the other hand, a total of 487 400 elderly people get help but not enough to cover their needs

The charity said this had been caused by cuts to council budgets that have in turn led to a rationing of services.

Penny Thewlis, chief executive of Age UK Oxfordshire said: "We are very concerned indeed about the picture painted by this report. The failure to address serious issues in relation to the funding of social care by successive governments is in my opinion shameful and has led to far too many older people simply not getting the help that they need to manage their daily lives comfortably and safely and has caused intolerable stress on unpaid carers and families

"There is a need for an urgent injection of cash into social care. But cash alone is not enough. We also need the Government to lead a process for developing a long-term solution to the care crisis that incorporates the views of older and disabled people and all parts of the health and care sector. We really do need to come together as a society to agree the kind of care we want to see provided for some of our most vulnerable citizens – and how to fund it."

There have already been concerns in Oxfordshire after the County Council's decision to approve a new daytime support structure which will reduce the current 22 centres to just eight.

The council led consultations in November and December yielded more than 1 000 responses, to inform some of the structural changes that were then announced in January

Concerns have been raised about transport access, the welfare of carers, the impact of the changes to familiar services as well as an over-reliance on volunteers.

Councillor Judith Heathcoat, Oxfordshire County Council's cabinet member for adult social care, said: "We were pleased to be able to put extra money into adult social care this year as a result of Government allowing councils to raise Council Tax by up to five per cent, with three per cent of that to be spent on adult social care.

"We would always welcome extra money from central Government. However we appreciate Whitehall too has financial dilemmas given the national deficit."

She added that Oxfordshire's potential merging of councils into one 'super council' would lead to savings of £400 000 a week and that in turn would also help with adult social care funding, as "it is the equivalent of 19 200 hours of home care per week."

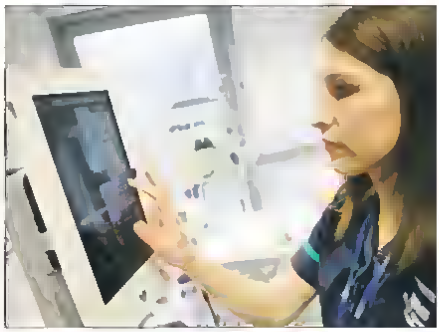
Tablets help hospitals save time

A PROJECT to replace bedside paper charts with tablet computers in Oxfordshire's NHS hospitals has reduced staff time by up to 30 per cent a study has found.

The System for Electronic Notification and Documentation (SEND) tablet was developed by Oxford University to improve the efficiency of recording the vital signs of patients.

The study, reported in the Journal of the American Medical Informatics Association, concluded that the time saved was statistically significant and that systems like SEND can be faster than paper charts

A report on three wards at the Churchill and Horton hospitals found the typical time to record the vital signs on a paper chart – traditionally hung at the end of beds – was 215 seconds or three minutes and 35 seconds



Use of the tablets to record patient information save times

> "SEND frees up more time for clinical care, which we believe will ultimately lead to better outcomes for patients"
> *Paper co-author David Wong*

However the typical time to record the data into SEND was 150 seconds or two minutes and 30 seconds.

The study is the biggest report yet on the impact of the system, introduced from 2014 and now fully rolled out at Oxford University Hospitals NHS Foundation Trust hospitals

Paper co-author David Wong said, "This paper's finding supports the message that we have been hearing from front-line staff, that SEND facilitates fast and accurate recording of patient vital signs

"SEND frees up more time for clinical care which we believe will ultimately lead to better outcomes for patients."

The SEND system works through staff inputting a patient's vital signs, such as heart rate and blood pressure.

The tablet – which links to patients barcoded wristbands to identify them – immediately provides advice on how to manage the patient's care and displays any deterioration in their condition.

Information about patients can also be shared around the Trust.

Data was collected from two, five-week periods one for the paper system and one with SEND, comprising a total of 806 observation sets

From left, James Boylan, of Oxford

Adopting siblings was 'most rewarding thing we've done'

Eva Astreinidou, *Reporter*

A CHARITY that helps parents and children come together is searching for adopters who could provide a 'forever family' for groups of siblings who need to stay together

Parents and Children Together (PACT) supports families across the South East through adoption, therapeutic support and community projects.

The charity is particularly looking for adopters who can enable siblings to stay together

Sophie, five, Ben, three, and Amy, two, were adopted by Oxfordshire couple Louise and her husband Tom in 2011 through the charity

The couple adopted because they were unable to have their own children. Louise, who said she and Tom were keen to adopt more than one child, said, "Being able to bring them back together was such an important thing for us."

Louise said that they received post-adoption support from the charity that meant that they could deal with the logistical challenges of adopting and caring for three children.

She added: "Every day was, and still is, a challenge. But we are just a regular family getting on with life and enjoying ourselves. We would not change it for the world."

Harry and his wife Claire adopted three siblings all under four years old, through PACT in 2016

Harry from Oxford will be running the London Marathon this April to raise funds and awareness for PACT

He added, "To adopt a sibling group of three has been the toughest and single most rewarding thing my wife and I have done.

"Our children have been kept together which in turn has helped with their transition to our family. Seeing their smiling, excited faces when I come home from work or get off early and pick them up from school is more than I had ever dreamed of."

Jonathan and Katherine from Banbury adopted three sisters in 2013

Katherine said: "We are fortunate to be able to give a home to these three lovely girls. Now we have such a strong bond with them, they are part of our family and it's a privilege to be their mum."

PACT chief executive Jan Fishwick said: "Finding adopters with the skills and space for three children is crucial so that brothers and sisters, who have often had an unsettled enough start to their life, can be adopted and stay together with a new forever family

"As is the case for all our adopted families we will support families who have adopted three children for life through our specialist support and therapeutic services."

There are currently more than 2,000 children waiting to be adopted in England, many of them are in sibling groups of two or more

The charity run adoption information evenings where anyone considering adoption can find out more. The next session will be in London on Thursday March 16.

Illegal immigrants found in lorry

OXON: Nearly a dozen refugees were found in the back of a lorry on the M40 following reports of a hand appearing from its trailer

Thames Valley Roads Policing tweeted a picture of the lorry and said the vehicle had been pulled over between J9 and 10 on Wednesday last week.

Officers found 11 refugees in the back.

Last month 16 suspected Iranian illegal immigrants were discovered in the back of a lorry in Bicester

Police search the lorry on the M40 last week. Picture: @tvprp

Food Bank, colleague Sammie Ashall, and Caitlin Prentice, of the food bank

Supermarket donates waste goods to food bank for those in need

A HEADINGTON supermarket has given a boost to Oxford Food Bank's efforts to help people in need.

The Sainsbury's Local store in London Road has become one of the latest to sign up to donate good quality food that would otherwise have gone to waste to the good cause.

Established in 2009, the food bank collects food - fruit, vegetables and dairy and bakery produce - from supermarkets and wholesalers and delivers it to 80 charities in and around the city, with the twin arms of reducing food waste and relieving food poverty.

Sainsbury's Headington store has now joined the retail chain's Kidlington and Bicester supermarkets in supporting the food bank's efforts - and it is hoped that other local Sainsbury's branches could also join soon.

Mark Fenton, manager of the Headington store, said: "We at Sainsbury's believe Oxford Food Bank does a fantastic job supporting those in need and wanted to help as much as we can.

"We hope our gesture encourages others to do the same."

Food bank manager Cathy Howard said: "The Oxford Food Bank is pleased to be working to reduce even more food waste in partnership with another Sainsbury's store.

"Our wonderful volunteers now collect surplus food that would have otherwise gone to waste from nearly twenty supermarkets and wholesalers. They do this seven days a week."

The food bank was started by David Cairns and Robin Aitken and initially saw them delivering surplus food from one supermarket to five charities from the back of their cars.

Now based on an industrial estate at Botley, the registered charity has 100 volunteers working seven days a week to collect and distribute food to the charities which support homeless people, families and others in need, those with learning and mental health difficulties, and refugees.

In total, the food bank provides food for more than 6,000 meals weekly.

Alcohol thieves

FARINGDON: A pair of burglars stole "a large quantity of alcohol" from Rudgens in Faringdon last week.

The two offenders forced their way into the Marlborough Street grocery shop at about 5am on Sunday last week before stealing the alcohol.

Police said on Thursday last week they are linking the burglary to an attempted one in Cartridge World, Wantage around 3.45am the same day.

Police said the thieves were both of large build and were wearing dark clothing.

They are believed to have left the incident in a grey five door Peugeot 206, which is also linked to the attempted theft at Cartridge World.

A 26-year-old woman from Swindon has been arrested on suspicion of burglary and has been bailed until March 26.

Investigating officers re-appealed on Monday to the driver of a Volkswagen Touareg, which is believed to have been driving nearby at around 4.30am.

If you have any information on the burglary, contact police on 101.

Choir concert

OXFORD: The Oxford Welsh Male voice choir is bigger and better than ever following a recruitment drive.

For the first time in the choir's 89 year history, more than 40 singers will perform at the annual St David's Day concert, which takes place on Saturday at the University Church of St Mary the Virgin in High Street.

CofE report on same sex relationships thrown out

A REPORT on same-sex relationships conducted by the Church of England has been thrown out by its general assembly due to its "conservative tone"

The report, which upheld the traditional teaching that marriage is a union between a man and a woman, was supported by a majority in the synod, but was rejected after the House of Clergy narrowly voted against "taking note" of it at a meeting in London last Wednesday

The motion needed the backing of all three houses – bishops, clergy and laity. The clergy voted against, by 100 votes to 93

The vote, albeit a symbolic one, will be used to inform the House of Bishops' work and future discussions on sexuality and same-sex marriage.

Before the debate, Reverend James and Reverent Broadbent, who led the bishops' group that wrote the report, apologised to its critics.

Rev James said: "It has not received a rapturous reception in all quarters and I regret any pain or anger it may have caused. And if we've got the tone wrong, we are very sorry"

Rev Broadbent added. "I do want to apologise to those members of synod who found our report difficult, who didn't recognise themselves in it, who had expected more from us than we actually delivered, for the tone of the report. On behalf of the House [of Bishops] and without being trite or trivial, I'm sorry"

Fourteen retired bishops, including the Right Revd the Lord Harries of Pentregarth and the Right Revd John Pritchard, both formerly Bishops of Oxford, signed an open letter that criticised the report.

The letter said: 'Our perception is that while the pain of LGBT people is spoken about in your report, we do not hear its authentic voice."

They added that the focus of the report "seems to have taken far more time than it would have done if the authentic voices of lesbian and gay people had been allowed to express the major focus of their hopes. The result of that focus on the issue of a change in the law is that your call for change of tone and culture, while absolutely right, does not carry conviction."

Brexit forces orchestra out

WOODSTOCK. A well-renowned orchestra based in Woodstock is relocating to Belgium as a result of Brexit.

The European Union Baroque Orchestra, based in west Oxfordshire since 1985, will move to its new permanent home in Antwerp by 2018.

The orchestra bosses said the relocation was "inevitable" after last June's EU referendum result.

The charitable organisation, co-founded by the EU, has cancelled the majority of this year's concert schedule and will play its last concert for 2017 in London in May

The administration of the orchestra plans to move to the Augustinus Muziekcentrum (AMUZ) in Antwerp.

How the new music shop could look | there will be a variety of special offers for the opening

Music shop debuts its new flagship store

PROFESSIONAL Music Technology (PMT) music shop in Oxford is moving to bigger premises on Cowley Road.

The new shop, set to be more than triple the size of the current store, will be hosting its grand opening on March 4

Special guests Gaz Coombes of Supergrass, Colin Greenwood of Radiohead, and Ian Harvie of Del Amitri will be cutting the ribbon to open the new music shop

Local acts including Beth Thornton, Megan Henwood, and Duotone, will be performing acoustic sets on the day

The shop will be hosting special discounts, freebies, and giveaways to customers who visit the store over the weekend.

The new shop will feature a dedicated home piano showroom, set in an open plan room that has been furnished with solid, reclaimed wooden floor and a Chesterfield sofa for a "homely, relaxed feel"

The shop is moving a stone's throw away from its current location to a 7,000 sq ft space on Cowley Road, coming a long way from four years ago when over 2,000 people campaigned against plans to pave over the music shop to make way for a Premier Inn.

PMT Oxford will now be accommodating even more instruments

The store will also provide customers with more space in-store and free parking, and host more events to bring masterclasses, clinics and live music

Woman stuck chest deep in muddy water

A WOMAN had to be winched to safety after getting stuck in mud in Steventon.

Firefighters were called to the woman at 4.30pm on Wednesday last week after a passer-by noticed her in trouble, chest deep in mud.

The 48-year-old had been out walking her dog when she slipped into a stream that flows around the village green

She had been in the mud for over an hour before the passer-by noticed her, and firefighters used a sling to get her out. The fire service said she was uninjured but very cold

The unfortunate woman and her dog were soon reunited once the emergency services arrived

Fire crews from Abingdon and Didcot fire stations, South Central Ambulance Service and Thames Valley Police all attended the scene

Station manager Paul Webster said: "This was an unfortunate accident where the lady dog walker had slipped on the muddy embankment and fallen into the swollen stream, due to the recent rain fall, the ground was soft and she was not able to get out of the water

"Luckily a fellow dog walker came across the lady and called the emergency services who were able to lift her out of the water using a rescue sling

"The lady was checked out by our colleagues from the ambulance service, she appeared to have no injuries but was very cold

"This highlights dangers when walking close to the water's edge and that the water in our rivers and streams at this time of year is often deeper, has a stronger flow and colder, people should take care and stay away from the edge"

Make a splash for Diabetes UK

George Welch *Reporter*

OXFORDSHIRE residents are being urged to pull on their goggles and swimming caps to swim the width of the channel to raise money for charity

Diabetes UK is looking for swimmers to join their Swim22 Challenge and raise money for research and support for people with the condition.

The idea is to swim 22 miles – the width of the Channel – but people can do it in their local pool and at their own pace

The challenge, which started yesterday, can be completed anytime before May 22

Robbie Brown, from near Faringdon, will be taking to the water as part of Swim 22 because he has Type 2 diabetes.

The 49-year-old said, "Swimming has been a god send in helping me manage my diabetes

"I wanted to help Diabetes UK fund their valuable research and that's how I got into swimming.

"Now it's a habit and the health benefits have been incredible

"It's transformed my life to the point my wife now jokes I'm half man, half-dolphin.

"My younger brother who is also diabetic was an impressed, he's now in training to do Swim22 with me next year. It works wonders and I really hope more people join us."

Swimmers can take part either individually or as part of a team

Diabetes UK will send all participants a welcome pack to get started and the charity will provide support along the way

Seven times Paralympic gold medal-winning swimmer Sascha Kindred said. "One of the great things about Swim 22 is that you don't need to be a champion swimmer to take part.

"It's a fantastic way to keep fit, have some family fun, get to know your workmates better or set yourself an individual challenge

"Swimming 22 miles in three months will give you a great sense of personal achievement, and any money you raise will boost Diabetes UK's vital research, campaigning, education and support."

Tanya Richardson, a fundraising manager at Diabetes UK, said: "Diabetes is one of the most devastating and fastest-growing health crises of our time. With your help, we will create a future where diabetes can do no harm."

Sascha Kindred with his medal at the 2016 Rio Paralympics

Michelle Rozier with 11-month-old Freya

Parents win £20,000 funding to help baby and toddler groups

George Welch *Reporter*

A GROUP of parents in Wantage and Grove are celebrating after receiving thousands of pounds to continue vital running services for their babies and toddlers

A local mum has been at the forefront of a campaign group that has been awarded £20 000 from two councils to keep baby and toddler groups running in the area following the imminent closure of children's centres across the county

Michelle Rozier from Wantage and mum to 11 month-old Freya, has rallied support from fellow parents to establish the Wantage and Grove Parents Community Group

The group has worked hard to secure funding and is key to providing a pool of volunteers to help deliver baby groups such as Bumps & Beyond, which takes place at The Beacon in Wantage every Monday

They received £10 000 from both Wantage Town Council and Oxfordshire County Council.

Mrs Rozier said "We are delighted to win funding from Wantage Town Council and Oxfordshire County Council to help ensure parents continue to have access to a local support network provided through the baby and toddler groups

"Our aim is to ensure the groups are still running for the next generation of parents. To do that we will need additional support."

The Wantage and Grove Parents Community Group was set up following the combined effort of Councillors Zoe Patrick and Jenny Hannaby

Members of the local community also clubbed together and St John's Parish Church in Grove wrote a business plan to strengthen their plea for more cash.

Cllr Zoe Patrick, chair of the Community Initiative Steering group, said, "All the group have worked tirelessly over many months trying to keep these very valuable services going in our community

"We are pleased to have received funding but it is vital that we secure more funding from councils, businesses and other sources to ensure that we can continue."

> *"We are delighted to win funding to help ensure parents continue to have access to a local support network provided through the baby and toddler groups"*
> *Mum Michelle Rozier*

However the group said that more funding is required to ensure the baby and toddler groups are sustainable and to help recruit more volunteers

The group added that access to parenting groups are particularly important in helping combat post natal depression and to provide a support network for parents who are new to the area.

For more information or to become a member of the Wantage and Grove Parents Community Group visit: facebook.com/wantageandgroveparents

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Out&About

Get ready for a summer of fun

Kaiser Chiefs and The Libertines perform at county festivals

Pages 28&29

Your guide for your leisure time in & around Oxfordshire

Latest film review > p26

Inner city drama > p30

Places to chill out > p37

At the cinema with Laurie Bailey

A Cure For Wellness (18)

Stylish thriller gets creepy with aqua aerobics

Dane DeHaan as Lockhart in A Cure For Wellness
Picture: *Twentieth Century Fox Film Corporation"*

If Disney made 18-rated horror films, would they be like this? Gore Verbinski (Pirates of the Caribbean, The Ring) directs a chilly horror-mystery set in an alpine wellness centre.

Dane DeHaan (Chronicle, Kill Your Darlings) brings all his sickly charisma to the table as Lockhart, an unscrupulous young businessman sent to the wellness centre to retrieve his company's wayward CEO.

Through a series of circumstances he quickly finds he will have to stay at the spa a while himself, and is recommended a brief programme of water-themed treatments by director Dr Volmer (Jason Isaacs).

Amidst flotation tanks, steam rooms and aqua aerobics, two things begin to intrigue Lockhart: a strange young girl called Hannah (Mia Goth), far younger than any of the other patients, and a suspicion that Dr Volmer might be more interested in convincing patients of their sickness than finding his oft-touted cure.

Verbinski is well-known for his visual flair, and A Cure For Wellness is a great testament to this. Wonderful framing and camerawork produce a stunning showcase of the setting's eerie beauty. The drained colour palette of ceramic tiling, metallic chambers and the Alps themselves gives everything a kind of half-life, and you really do begin to feel a peculiar isolation alongside the protagonists.

As hints of dark secrets start to appear, Verbinski seems to relish each creepy sound and disconcertingly spotless room, laying on heavy visual symbolism at every opportunity - look out for some striking lipstick, a terrifying trip to the dentist, and a few too many eels.

The key challenge for any mystery film is balancing style and ominous riddles with dramatic satisfaction - and A Cure For Wellness sets too high a bar for itself.

Disappointingly, the unravelling narrative begins to show a reliance on familiar themes and stock characters, making the film's length and slow build-up feel rather indulgent. While the cast put on a great show, you wonder whether they might have hoped for more nuance in their roles.

A Cure For Wellness is enjoyably sinister, wince-inducing and - occasionally - beautiful to look at, but falls short of perfect health in the story department.

Laurie's rating

★★★

While the cast put on a great show, you wonder whether they might have hoped for more nuance in their roles

Laurie Bailey graduated with a degree in English but a love for film. He is an Oxford-based film critic, BBC Radio Oxford film contributor and host of the Super Bailey Bros in Movie Land podcast, for more go to *lauriebailey.co.uk*
He lives locally with his wife and daughter.

Set up camp at a summer festival

It may be a long time until summer but some of the county's biggest festivals have announced their line-ups for 2017.

And among the big names hoping to draw the crowds are The Kaiser Chiefs, Franz Ferdinand, The Libertines, Bryan Adams and Joels Holland to name a few.

Last year saw many big names arrive in Oxfordshire with Catfish and the Bottleman headlining Steventon's Truck Festival, Katy B took the main stage at Oxford's first Common People Festival while Jack Savoretti and The Corrs performed at Nocturne Live last June.

So what can 2017 bring?

July's Cornbury Festival is sure to be tinged with sadness for some as the the three-day event at Chipping Norton's Great Tew Estate will be the last.

But it's going out with a bang with some big names taking to the stage from Friday July 7 to Sunday, July 9 – Bryan Adams, The Kaiser Chiefs, Jools Holland, Scouting For Girls, Midge Ure, Sophie Ellis-Bextor and Right Said Fred are just some of the acts arriving this summer.

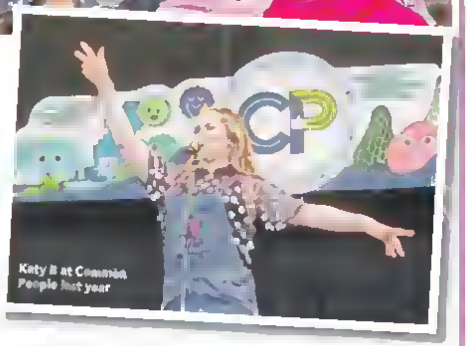
Hugh Phillmore, who launched the festival said, "When you're having a farewell party you want to be surrounded by people you really love.

"So we've invited artists we've known and enjoyed watching over the years and luckily they've all been keen to join us for our Fabulous Finale.

"We've had a fantastic run over the last 14 years and are very proud of the lovely event we've created.

Conor Mason of Nothing But Thieves in action at Truck Festival 2016.

Thousands turned up to enjoy the music and the fairgrounds rides at Truck last year, while getting covered in colour was part of the fun at Common People, featured on the front



Katy B at Common People last year

"This year we will and on a high.

"I know that every artist on the line-up will deliver an exceptional live show

"Live performance is my great love and for me it's the essence of Cornbury"

Another festival that's announced its 2017 line-up is Truck which set sup stage and fairground in Steventon.

This year's festivities mark the 20th anniversary of a now three-day event, with Franz Ferdinand, The Vaccines, The Wombats and The Libertines all scheduled to perform.

Truck will also see Nothing But Thieves, Slaves and Vant return to the festival for 2017

Nothing But Thieves made their debut at the popular festival two years ago along with Slaves, whilst Vant made their Truck debut last summer

The Wombats who last performed in Oxfordshire in April 2015 said on Twitter "We re looking forward to being part of this great line up at Truck Festival this summer!"

Truck Festival 2017 from Friday July 21 to Sunday July 23 is expected to be a sell-out

Finally the last Oxfordshire festival to announce their line-up for this year is Nocturne Live.

Based at Woodstock's Blenheim Palace the festival will run from Thursday June 15 to Sunday June 18 with Gregory Porter Jamie Cullum, Corinne Bailey Rae Kool and the Gang and The Jacksons all performing this year

The Max Richter Ensemble will kick off the four-day event.

The festival's director Cuo Romano said. "The opportunity to present a concert incorporating three of Max Richter's projects, including the world premiere of Three Worlds Music From Woolf Works, was one that we didn t have to think twice about

"Richter is undeniably at the forefront of the contemporary music world and we are delighted that we'll be able to add him to the prestigious list of composers that have performed at Nocturne since its inception."

For more information regarding other Oxfordshire festivals visit www festivalsforall com

Haptic/Tacit: Q&A

OLD FIRE STATION OXFORD

Artists from Haptic/Tacit will be discussing the importance of working networks material and their different approaches to making

Thu, Feb 23

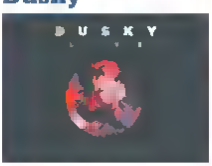
Knights of Mentis – Bar gig

CORNERSTONE ARTS CENTRE, DIDCOT

A divine fusion of folk, roots, American string and rhythm and blues Knights of Mentis are a formidable mix of multi intrumentalists who play a divine fusion of folk, roots, American string music and rhythm and blues

Fri, Feb 24

Dusky



O2 ACADEMY OXFORD

A journey through Dusky a many influences and a genuinely expansive body of work, Outer reaches across everything from Belgian techno and vintage progressive house to ambient, new beat and electronica. Supporting the critically-acclaimed album, Dusky head out on a new UK tour

Sat, Feb 25

Good Dog

CORNERSTONE ARTS CENTRE, DIDCOT

Mum's promised him that bike so even when life bites he knows to keep his chin up his head down and his shirt clean. Because in the end, everyone who s good gets what they deserve. Don't they?

Sat Feb 25

The Boy and the Mermaid

CORNERSTONE DIDCOT

On the furthest edge of a wind battered rock there sits a small fishing town. Sometimes it feels like the town is on the edge of the world. That s mainly because it is.

Sun Feb 26 2pm

I Was a Wife

THE THEATRE CHIPPING NORTON

I Was a Wife A goose a witch and a fairy are just a few of the roles Polly Lister has played in her career, but when she eagerly signed a contract for the role of a lifetime, nothing could prepare her for the challenges that were to come.

Tue, Feb 28 – Wed, Mar 1

The Winter's Tale

OXFORD PLAYHOUSE OXFORD

The Winter's Tale tells of a delusional and paranoid king who tears his family apart But thus is Shakespeare after he completed his great tragedies, and the tough struggle for redemption yields flickers of hope. Initial darkness gives way to joy as Time leads the characters to a shattering conclusion...

Tue, Feb 28 – Sat, Mar 4

Contractions

OXFORD PLAYHOUSE, OXFORD

In a series of seemingly nondescript meetings, we begin to see the insidious way in which the company is slowly invading her existence With even the most personal parts of her life in the company's vice like grip, just what is Emma to do?

Tue, Feb 28 – Sat, Mar 4

You Win Again – the Story of the Bee Gees

NEW THEATRE OXFORD

Immerse yourself into the brother's hits through the Sixties Seventies & Eighties topped off with a glittering array of iconic artists they wrote for This spectacular production tells the incredible story of The Bee Gees in an all new musical experience. Follow the band and their lives, through the early charting triumphs and fall from grace onto their meteoric climb back to the top to become the multi-million selling Super Group we know and love today

Wed Mar 1

Bowie Experience

NEW THEATRE, OXFORD

Bowie Experience is a spectacular concert featuring all of David Bowie's hits celebrating the music of the world s greatest pop icon. An unforgettable journey of sound and vision through David Bowie s golden years from Space Oddity through to Let's Dance Bowie Experience is the world s favourite and most authentic tribute to the thin white duke and continues to amaze audiences with an astounding attention to detail.

Thu, Mar 2

Oxford entertainment

Oxford's entertainment highlights

To promote your event please email events@taylornewspapers.co.uk

ENTERTAINMENT

Solardo Sessions Tour

O2 ACADEMY OXFORD
Sat, Mar 4

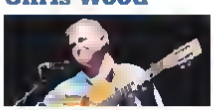
Burton

CORNERSTONE ARTS CENTRE, DIDCOT
Burton vividly presents the life of the great Welsh actor in his own words from humble beginnings to Hollywood mega stardom Beautiful women (not least Liz Taylor), alcohol, wealth, stage and screen are the threads woven into this sad happy exuberant often hilarious one-man show
Sat, Mar 4

Dillie Keane

THE THEATRE, CHIPPING NORTON
With some brand new songs, some grand old favourites, gorgeous songs of love and songs of disgraceful filth, Dillie will break your heart, mend it again and have it sent to the cleaners for pressing. And she'll give you her recipe for chutney while she's at it
Mon, Mar 6 – Tue, Mar 7

Chris Wood



OLD FIRE STATION, OXFORD
Chris Wood is an uncompromising writer whose music reveals his love for the un-official history of the English speaking people. With gentle intelligence he weaves the tradition with his own contemporary parables. Collaborators have included Martin Carthy, Billy Bragg, Karine Polwart and The Imagined Village
Tue, Mar 7

Nick Galer Bakes

CORNERSTONE ARTS CENTRE, DIDCOT
Hear about Nick's food ethos at The Miller and how the provenance of ingredients, quality of produce and culinary techniques combine to create his fine modern British food. Discover how running a fine dining restaurant in an informal modern inn is about balance as much as standing out from the crowd
Tue, Mar 7, 7.30pm

What's on in Oxford

Life's Merry Go Round

CORNERSTONE ARTS CENTRE, DIDCOT
Conceived, written, directed, produced, designed and musical direction by Seamus O Connor (blame him not the cast!) With very minor parts taken by Rosie Boulter, Jim Mitchell and several others
Thu, Mar 9

Brief Encounter

UNICORN THEATRE, ABINGDON
Noel Coward's classic drama about British suburban life, centring on Laura, a married woman with children, whose conventional life becomes increasingly complicated because of a chance meeting at a railway station with a stranger Alec. They inadvertently but quickly progress to an emotional love affair which brings about unexpected consequences.
Wed, Mar 8 – Sat, Mar 11

Ashanti

O2 ACADEMY OXFORD
Celebrate a night of RnB with the iconic songstress Ashanti, renowned for her collaborations with Ja Rule and Fat Joe
Thu, Mar 9

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Charlie Baker is the Hit Polisher

CORNERSTONE ARTS CENTRE, DIDCOT
Charlie Baker swings in to town direct from playing the O2 (Channel 4's Comedy Gala) appearing as Harry Hill's hunchback kitchen assistant (Sky 1's Tea Time) and causing trouble in Albert Square (BBC1's EastEnders)
Fri, Mar 10

Bridget Christie – Because you demanded It

OXFORD PLAYHOUSE, OXFORD
The people of the UK have voted to leave the EU, even though no-one had a plan for what would happen if it did. Consequently the UK has gone to [insert your choice of expletive here] economically, socially and politically. If you didn't want to leave the EU, or you did, but now don't, because everything's gone to [insert swear-word here], then this is absolutely the show for you.
Fri, Mar 10

Rock @ The Beacon

THE BEACON, WANTAGE
The popular live music festival is back promising to be better than ever! Local real ale, food, music, stalls and many more. Acts include: Thunderbird, Evergreen, Gorwler, The Undercovers, Eleven, plus special guests from The Sweatbox!
Sat, Mar 11

Thrive

CORNERSTONE ARTS CENTRE, DIDCOT
When Ollie, Ashleigh and Raph are thrown together by a sudden death they find themselves wrestling with the emotional consequences of this painful event. These three young people didn't go looking for suffering, but suffering found them anyway. Join them on their journey and stand side by side with them as they recover/survive and maybe even Thrive.
Sat, Mar 11

By James Richings

A one-man play written by former Eastenders actor Arinze Kean will be performed at the Cornerstone Arts Centre in Didcot on Saturday, February 25

Good Dog, which will be performed by Anton Cross, is set in the early 2000s and looks at a young black man growing up in a multi-cultural community

As time goes by, he notices the everyday injustices that drive people to breaking point, which leads to devastating consequences.

It's expected to be an emotional evening at the Station Road venue as Anton believes Good Dog will touch on some tough subjects

"Good Dog is an insight in to an inner city upbringing in London, which includes nostalgia, politics, comedy as well as amazing visuals," Anton told The Oxford Paper

"The play is incredibly visceral and Natalie Ibu, the director, has put together an amazing technical team that's brought it to life

"The message that we're getting across through the play is about the keeping of faith and how some people cope with maintaining the faith in all circumstances, when going through the ups and the downs.

"We touch on some tough subjects with there being a lot of lows but there are also a lot of highs.

"And Good Dog does a great job in reflecting real life and it also shows that the most patient among us can't wait forever"

The play started its UK tour at the beginning of January this year where it has gone down a storm on Twitter with many theatre goers praising Anton's performance

But he insists that despite the positive response from fans all over the country, he is just focusing on making sure that each performance is very best, as he wants his audience leaving the theatre educated and moved.

He also revealed the main inspiration behind Good Dog was the 2011 UK riots, though the play isn't really focus on the actions from that time.

"It's always heart warming when someone takes a couple seconds to let you know what you did connected with them," Anton said.

"There's a lot of work that goes on behind the scenes so it's such a major payoff when the response is positive

"But this doesn't directly help with performances but it definitely builds confidence

"I suppose that in a way goes towards helping with a performance, you can definitely relax after a positive review"

He added: "The events leading up to the 2011 riots is one of the major inspirations of the play, though the play itself isn't primarily about the riots.

"The lead up to the riots in London didn't come out of the blue, it was the result of a whole community being left to fend for themselves with little to on means.

"People are not made to be ignored."

Tickets cost from £12 to £15 and the show starts at 7.30pm.

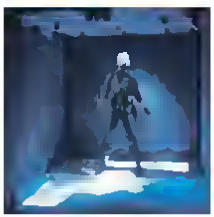
Lizzle

GREENWICH THEATRE, LONDON

Lizzie is four women fronting a six-piece rock band. Lizzie is rage, sex, betrayal, and bloody murder. Lizzie is American mythology set to a blistering rock score.

RUNS TO Sun, Mar 12

Grounded



GATE THEATRE, LONDON

Grounded is a gripping, compulsive play that targets our assumptions about war, family, and what it is to be a woman.

RUNS TO Sat, Mar 18

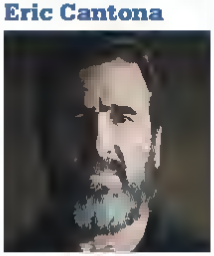
The Glass Menagerie

DUKE OF YORK'S THEATRE, LONDON

Following a multi Tony Award-nominated run on Broadway, Olivier and Tony Award-winning director John Tiffany revives his visionary staging of Tennessee Williams' heart-rending masterpiece about a family struggling to survive on hopes and dreams.

RUNS TO Sat, Mar 25

An Evening with Eric Cantona



LONDON PALLADIUM, LONDON

Cantona is widely credited as being the catalyst for Manchester United's changing status in the early years of the Premier League. He was – and remains – the United fans' favourite of the modern era and they still sing his name at every game – enjoying near legendary status among the Old Trafford faithful. Star quality and controversy followed him throughout his career and he will be here to talk about those heady days when he led United to four Premier League titles in five seasons.

Fri, Feb 24

What's on in London

Bonobo

O2 BRIXTON, LONDON

Bonobo returns with his sixth album, the masterful 'Migration'. A record that cements his place in the very highest echelons of electronic music and beyond, 'Migration' is by turns lush, manic, beautiful, melancholy, joyful, packed with both emotion and technical skill.

Sat, Feb 25

100 Hearts

ADELPHI THEATRE, LONDON

Laugh out loud for Royal Brompton and Harefield Hospitals at '100 Hearts Charity Gala hosted' by Clive Anderson. This is a truly unique chance to see comedy favourites Rowan Atkinson, Jo Brand, Nina Conti, Angus Deayton, Harry Enfield, Michael McIntyre, Paul Whitehouse and many more share a stage for a fantastic cause.

Sun, Feb 26

Boy Stroke Girl

ETCETERA, LONDON

Their relationship poses a challenge to Peter's identity, forcing him to face some difficult questions. To what extent are we all encouraged to conform to narrow culturally defined stereotypes, to label and to pigeon hole ourselves? Are these labels a form of straight jacket and by adapting to them do we compromise our true nature? Casting caution to the wind Peter's passion for 'Blue' provokes prejudice and hostility from friends and family in a tale of sexual liberation and shattered taboos.

Tue, Feb 28 – Sun, Mar 12

A Profoundly affectionate, passionate devotion to someone

ROYAL COURT THEATRE, LONDON

Debbie Tucker Green returns to the Royal Court Jerwood Theatre Upstairs with her new play a profoundly affectionate, passionate devotion to someone (-noun) which she will also direct. Three couples. What might be. What once was. What could have been.

Tue, Feb 28 – Sat, Apr 1

Adriana Lecouvreur

ROYAL OPERA HOUSE, LONDON

Angela Gheorghiu and Hrachuhi Bassenz star in the first revival of David McVicar's sumptuous production of Cilea's tragic opera.

RUNS TO Thu, Mar 2

Heart of Darkness

OMNIBUS THEATRE, LONDON

Scandal and Gallows return to Omnibus with their gripping one-man adaption of Conrad's novel.

Thu, Mar 2 – Wed, Mar 8

Beautiful – The Carole King Musical

ALDWYCH THEATRE

The Olivier, Tony and Grammy Award-winning Musical 'Beautiful – The Carole King Musical' is now playing at London's Aldwych Theatre.

RUNS TO Thu, Mar 2

Dancer

LONDON PALLADIUM, LONDON

Dogwoof proudly presents the UK premiere of DANCER, followed by a Q&A and live performance by Sergei Polunin. Broadcast live from the London Palladium, this exclusive event will connect Sergei Polunin with his existing fans as well as introducing him to a brand new fan-base, up close and personal from the best seat in the house!

Thu Mar 2

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27th March – 31st March	£139	8th May – 12 May	£162
3rd April – 7th April	£145	15th May – 19th May	£164
10th April – 14th April	£149	22nd May – 26th May	£164

5 Night Breaks

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11th June – 17th June	£218	16th July – 21st July	£242
18th June – 23rd June	£222	23rd July – 28th July	£262
25th June – 30th June	£242	30th July – 4th Aug	£268
2nd July – 7th July	£242	6th Aug – 11th Aug	£268

6 Night Breaks

18th Mar – 24th Mar	£209	22nd April – 28th April	£215
25th Mar – 31st Mar	£209	29th April – 5th May	£222
1st April – 7th April	£209	6th May – 12th May	£224
8th April – 14th April	£209	13th May – 19th May	£232
15th April – 21 April	£209	20th May – 26th May	£242

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FEATURE

Losing sleep? Average Brit wakes up 3 times a night

Ah, drifting off to sleep – that wonderful feeling where you're drowsy, cosy, and looking forward to a good eight hours of shuteye, ready to rise, refreshed, the next morning and take on whatever the day has to throw at you!

For some lucky people, this is their sleep pattern, every night. But more of us than you might imagine suffer from disturbed sleep, waking up in the night once, twice, or more.

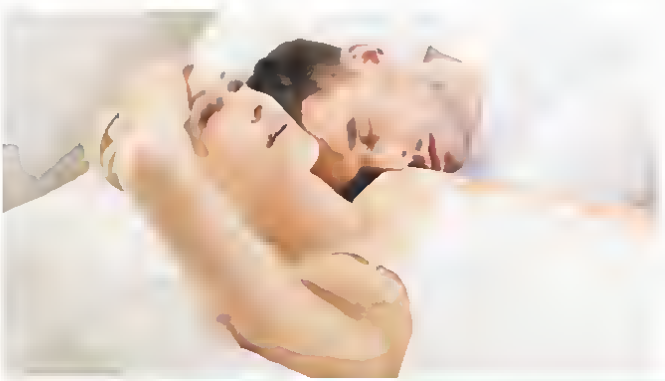
Mattress company Tweak Mattress carried out a survey to find out how well we actually sleep at night, and made some interesting discoveries.

Firstly, they found that the average Brit wakes up nearly 3 times (2.8) a night. And 11% of us fare even worse, waking up between 7 and 10 times a night. None of this is conducive to a restful night, so it's no wonder we're tired, and therefore stressed, the next day.

The reasons we wake up during the night vary, however. For nearly half of us (47%) it's needing the loo.

This obviously happens more often if we've had liquids before going to bed, and functions as nature's own little alarm clock.

Unfortunately, it usually goes off around 3am. ...Secondly, 19% of us are woken up by discomfort, or from pain from a bad back. Then 17% of us are disturbed by our partner – mainly from snoring – which is as good excuse for separate bedrooms (or even houses!) as any. Bad dreams or nightmares affect 11% of us, who wake up sweating about the bogeyman under the bed.



And plain old anxiety – worrying about the next day at work, about bills, about relationships, about waking up in the middle of the night and not being able to get back to sleep – affects 8% of us.

Back to our partners (well, it's good to have someone else to blame for these things) and again, snoring is the main reason they keep us awake at night, with 41% of us fed up of having to poke them till they turn over.

A quarter of us wake up to find ourselves occupying a sliver of space on the edge of the bed, about to fall off, as our partners have managed to conquer our side as well as theirs in the middle of the night. Tossing and turning affects 10.5% of us too. 10% of us have to put up with our partner talking, or making other weird noises in their sleep, and another 10% of us are woken up by our partner looking at their phone – no matter what manufacturers say the light that emits from them at night is still enough to wake people up. And 4.6% of us are woken by a partner who is (highly inconsiderately) watching TV or reading.

Leading Psychologist Robert Stewart added: "There are two main reasons our sleep is good or poor and these are our sleep hygiene and our sleep cycles. Sleep hygiene relates to our 'before-bed' routine.

"Not drinking or eating a lot, choosing the same time to sleep each night, and not looking at phones, laptops or TV in bed to name a few. Getting these right should help in getting you off to sleep but more importantly, there are the sleep cycles you go through.

"A person will go through 5 stages of sleep in a night and each of these vary in depth. Stage 5 or rapid eye movement (REM) stage is the lightest stage of sleep and this is where people are most likely to stir.

> *"There are two main reasons our sleep is good or poor and these are our 'sleep hygiene' and our sleep cycles"*
> Psychologist Robert Stewart

"Whilst we cannot control this, the surrounding environment, such as a partner snoring, other noise or discomfort, will impact on whether we return to sleep smoothly or are awoken. So to drift back to sleep seamlessly and without disturbance, ensure you have the best environment to aid this, whether it be earplugs or a comfortable mattress."

Best before Britain: what's your sell-by date limit?

It's a dilemma we've all faced at one time or another – stood at the open door of the fridge, suspiciously eyeing up an item of food that has passed its best before date, perhaps considering whether or not to advance to the sniff test or just toss it straight in the bin.

Everyone knows there's a little leeway with those best before dates. Best before dates are about quality, not safety – food does not become harmful once it has passed the best before date, but it might begin to lose its flavour and texture.

But how far past that date are people generally willing to push? New YouGov research takes a look at consumers' best before habits across eight common food items.

People are the least prepared to take a risk with fish and chicken. Almost six in 10 Brits (58%) would only eat fish that had not passed its best before date, marginally higher than the 56% who said the same for chicken. In both cases a further 17-18% of people would be willing to eat them the day after the best before date.

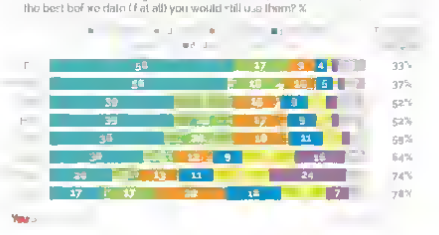
Brits are slightly more relaxed about how long they can keep the other two meats on the survey – beef and ham. For both meats 39% of people would only consume them on or before the sell by date, with a further 19% willing to eat them the day after too.

Use your loaf

Bread was the food item people are most willing to eat after its best before date – in fact, 78% would be happy to nibble on a loaf that was past that date, compared to just 17% who would insist on eating it by the best before date.

The obvious problem with bread that has been sitting around for a while is that it goes stale, so there is only so long you can keep it around for before it becomes inedible. Ultimately, the majority of Brits (54%) would eat bread that was one to three days past its best before date, with two days after being the most popular cut-off point at 22%.

Cheese and eggs, on the other hand, are kept for much longer. Almost a quarter of Brits (24%) would be happy to still eat cheese that was 8 days or more past its best before date. Likewise, 16% of people said they would be happy to eat eggs eight days or longer after the best before date.



Nosey neighbours check out the value of others' homes

It's the topic of conversation at dinner parties all across the land, how much is your property worth?

We are, it's fair to say, a nation obsessed with property value. It's hardly surprising considering we're one of the few European countries where being a homeowner – and aspiring to it – is more common than being a renter. And what with property values tending to go up (largely – recessions aside), we Brits see our homes as our nest egg, as well as just our nest.

Estate agents Keatons surveyed 2 000 home owners in the UK to find out how clued-up we are about property values. And it turns out we're fairly savvy – and not just when it comes to our own!

In fact, over a third of us (36%) have checked up on the value of a friend, family member's, or neighbour's property using an online property valuation tool. This could be out of envy or just plain curiosity – but it goes to show we're a bit of a nosey nation when it comes to other people's money.

Of these nosey parkers, men are more likely to check out the competition (we imagine they don't like the idea that anyone they know is worth more than they are ...) while regionally, those in the East Midlands (44%) are most likely to be snuffling around their neighbours' property prices, followed by North West (41%) and North East & South East (39%). Those in the East are the least interested in finding out the value of property of their neighbours (24%).

Obviously, the most important property value to know is our own, and even without specifically searching, over half of us (53%) know how much our place is worth. And we're also pretty optimistic about house prices – nearly a third of us (32%) think the value of our property will go up this year – that's even despite Brexit and the Trumpageddon! Of these positive souls, 64% are from the East of England.

21% of us are erring on the side of caution and think our home's value will stay static while pessimists make up 7.2% of us who believe our home value will decrease – of those doom-mongers, the most gloomy were from the North West (23%).

It's a very British thing, to be preoccupied with property and prices,' says a Keatonsspokesperson. 'An Englishman's home is his castle after all. It's important to keep an eye on values, though, that way you know when the right time to move or improve, might be.'

New inheritance tax rules: the lowdown on the home break and how to plan

New inheritance tax-free allowances which come into effect this year will allow parents to give houses up to £1 million to their children free of inheritance tax. This will be introduced in the form of the Residence Nil-Rate Band (RNRB).

These rules are not straightforward and criticism has been directed at the restrictive scope of the new relief.

Tax expert Owen Kyffin, who is a director of Whitley Stimpson, one of the largest accountancy practices in the area, advises on the scope of the £1m inheritance tax (IHT) exemption as well as revealing a number of tips and traps to be aware of.

Owen said: "The introduction of the RNRB is good news for taxpayers but with these new tax rules, lie some very complex provisions, so careful planning is required to ensure that maximum benefits are achieved."

The new relief starts for deaths from 6 April 2017 and applies where there is a home included in the estate that is inherited by a direct descendant and the total estate is £2m or less. This is in addition to the existing nil-rate band (NRB) which is currently £325 000 each, for a married couple or civil partners.

A direct descendant includes a child, step child, foster child, a minor child for whom the deceased was the guardian. The relief starts at £100 000 and increases in tranches of £25 000 to £175 000 by 6 April 2020.

An estate will also be entitled to the RNRB when an individual has downsized to a less valuable home or sold or given away their home after 7 July 2015. These downsizing rules can however be complicated where the RNRB is transferred or trusts are involved.

Other points to note include: this home does not need to be left by will and does not need to be the main residence. It does have to be one that has been lived in at some point by the deceased. The RNRB is only available in relation to one property and may also be available if the deceased was a trust beneficiary.

If you are intending to take advantage of the RNRB, it is important to take professional advice. For advice on your specific situation, contact tax expert, Owen Kyffin on 01295 220914 or owenK@whitleystimpson.co.uk

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Rotating electric heater, Primrose, £49.99

Glass house terrarium, National Trust, £35

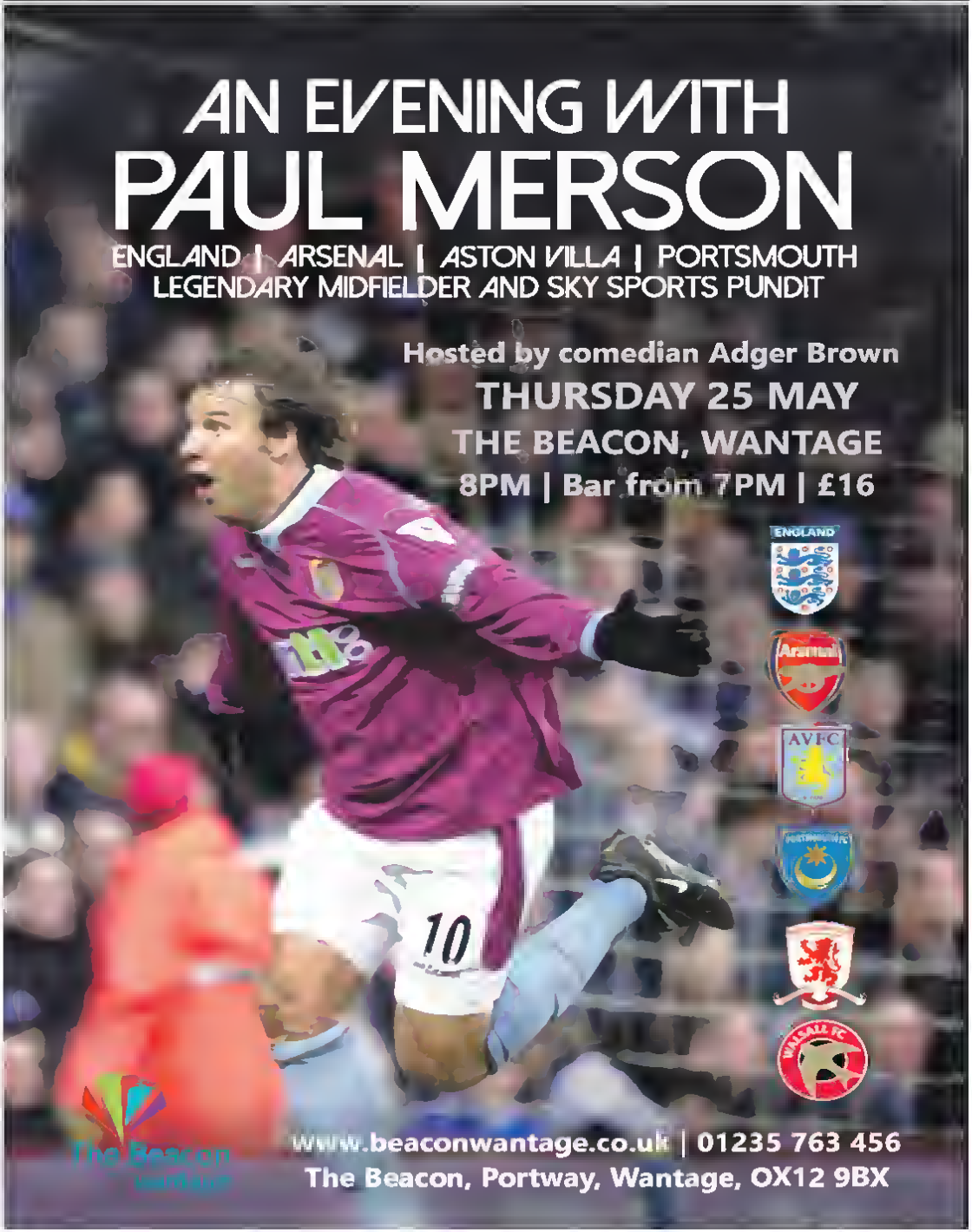
Fork and hoe, National Trust, £30 & £25

Yellow birdhouse, T K Maxx, £6.99

Sydney garden sofa, Next, £299

Strawberry plant, Wilko, £2

Rhubarb plant, Wilko, £2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The pork scratching diet

Dieting is a divisive subject, not least with the current debate surrounding clean eating, but chef Tom Kerridge is open-minded.

The cheerful TV foodie has lost 11st over the course of three years on his self-devised regime, bidding bye-bye to big boozy sessions with his 'naughty boy chef mates', exercising daily and skipping certain types of carbohydrates like potatoes and rice, in favour of high-protein food like meat and eggs, as well as plenty of leafy greens.

Now he's sharing his recipes with the world in his latest cookbook, Tom Kerridge's Dopamine Diet: My Low-Carb, Stay-Happy Way To Lose Weight.

"There are so many different diets and so many things that appeal to so many different people," he says, in his distinctive Gloucestershire burr. "This diet is high protein led, and might not suit somebody else.

"The key to it is finding the one that suits you," adds the 43-year-old. "That's really important. Fitness bloggers, people into eating raw food - it's great because it takes all sorts. The idea of eating loads of raw food, I couldn't stay on that for three years but there are other people who could, and there are people who couldn't stay on what I do for three years."

The fact he was able to stick to his diet - the first he's ever tried - for so long was partly because it embraces an unlikely snack.

"Pork scratchings contain no carbohydrate - they're all protein," he explains with a chuckle. "I've lost the best part of 11-stone while eating pork scratchings. That's got to be the perfect diet, surely!"

At over 6ft, Kerridge, who made his name after winning The Great British Menu in 2011, made a pact with himself to become healthier before reaching his 40th birthday.

But is it harder for men to admit they want to lose weight?

"It's not hard... There are more blokes like me - 40 years old, fat and bald - there's plenty of us around, more than there are 40-year-old six-pack, chiselled-jaw geezers," he reasons.

"You think it's hard to say to your peer group 'I'm going on a diet' but it's just that first step because actually, all your best mates become your biggest support system.

"There are more of them that will embrace and understand it, and probably join you on the journey than you think. If I can do it, anyone can do it. I'm no different to anybody else, I just decided I needed to do something, and that's the difference."

Losing weight has changed his life in all sorts of ways, not least because he says he has energy to burn. And while he's soon to be seen in a new food BBC food series, the chef, who contributed to Bake Off's spin-off show The Great British Bake Off: Creme de la Creme, rules out joining Paul Hollywood on the new series for Channel 4.

"For me, I love working with the BBC," says Kerridge, who owns the Hand & Flowers pub in Marlow, with his sculptor wife Beth. "I'm very happy working with them. I love what the BBC stand for and I love working for them, so at this point, I wouldn't."

Keelay Bolger

LAMB SHANK HOT POT

(Serves 4)

Vegetable oil, for cooking
4 lamb shanks (about 200g each), French trimmed (get your butcher to do this for you)
6 small onions, halved
1 garlic bulb (about 8-12 cloves), peeled and sliced
1 large swede, peeled and diced
150g crumbled goat's cheese
1tbsp cracked black pepper
2tsp thyme leaves
500ml lamb stock
4 large turnips (about 200g each), peeled and thinly sliced
50g butter, diced
Sea salt

Heat a good splash of oil in a large flameproof casserole over a medium-high heat. Season the lamb shanks with a little salt then fry them two at a time until deeply and evenly coloured. Don't hurry the process – searing the meat properly helps to create that deep, delicious flavour. Drain off the rendered fat. Set the lamb shanks aside.

Turn the heat down a bit and add a splash more oil to the casserole, followed by the onions, garlic and a pinch of salt. Cook gently for about 10-12 minutes until golden and softened. Remove from the heat and return the lamb shanks to the pan, placing them on top of the onions with the bones pointing upwards.

Preheat the oven to 150C/Fan 130C/Gas 2. In a bowl, combine the swede, goat's cheese, pepper and thyme, then pack it around the lamb shanks. Pour in the stock. Fan the turnip slices in a circle over the swede and around the lamb shanks then dot with the butter.

Put the lid on or, if that's not possible because the shank bones are poking up too high, cover with foil and seal tightly.

Cook in the oven for one-and-a-half hours, then remove the lid or foil and return to the oven for a further one-and-a-half hours until the lamb is soft, covering with foil if it browns too quickly.

The turnips will be crispy on the top.

Chicken korma – who doesn't love a curry?

Ingredients
4 small chicken breasts, skinless and boneless (approx. 600g)
40g (1 1/2oz) 0% fat natural yoghurt
1 tsp light olive oil
2 medium onions, finely chopped
3 garlic cloves, finely chopped
2.5cm (1in) piece root ginger, peeled and grated
3 tbsp Korma curry paste
3 tbsp double cream
2 tsp soft brown sugar
2 tbsp chopped coriander
rice, to serve
lime wedges, to serve

Method

Cut the chicken breasts into bite-sized pieces, season well.

Place in a small bowl and pour over the yogurt. Cover with cling film and leave to marinate in the fridge for 30 minutes or overnight, to tenderize.

Meanwhile, heat the oil in a large non-stick saucepan over a medium heat. Add the onions, garlic and ginger and cook, stirring frequently, for 5 minutes.

Add 2 tablespoons water, cover with a lid and cook for another 10 minutes or until softened and starting to brown.

Add the curry paste and cook for another 2-3 minutes. Add 400ml (14fl oz) water and bring to the boil.

Turn down the heat and simmer uncovered, for 10-12 minutes or until the liquid has reduced by half.

Remove the pan from the heat. Using a stick blender, blend until completely smooth.

Add the marinated chicken pieces, stir in the cream and sugar and cook for another 10 minutes or until the chicken is tender and cooked through, stirring all the while. Season to taste.

Serve scattered with a little chopped coriander, a small portion of rice and lime wedges to squeeze over.

Freezing and defrosting guidelines

Once the curry is cooked, chill completely, tip into a freezer proof container and freeze for up to 1 month. Defrost fully before heating to piping hot and serving.

Fish and chips - classic comfort food

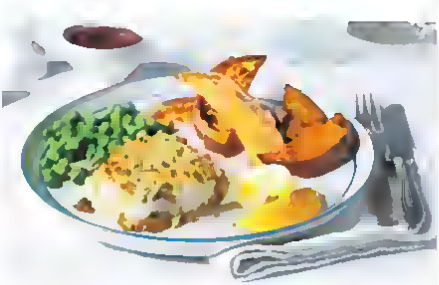
Ingredients
750g (1 1/2lb) sweet potatoes
2 tbsp light olive oil
1 tsp sweet paprika (optional)
4 white fish fillets, such as cod or haddock, approx 150g (5oz) each
75g (3oz) breadcrumbs
1 lemon, zested
25g (1oz) Parmesan, finely grated
2 tbsp chopped flat leaf parsley
peas, to serve

Method

Preheat the oven to gas 6, 200°C, fan 180°C. Cut the sweet potato into thick wedges and place in a shallow roasting tray. Pour over half the olive oil, season well and sprinkle with the paprika, if using. Mix well to combine. Bake for 30 minutes in the preheated oven, turning halfway through.

Meanwhile, season the fish fillets and place well apart on a lightly oiled baking sheet. Put the breadcrumbs in a large shallow dish, then add the lemon zest, Parmesan, parsley and the remaining oil. Season well and mix together. Divide the crumbs evenly between the fish fillets, pressing onto the top of each one.

Bake on the top shelf of the oven for the last 10-12 minutes of the sweet potatoes' cooking time or until the crumbs are golden, the fish is opaque and the potatoes are golden and crisp. Serve with peas and lemon wedges.



FEATURE

Around Oxford

You have been sending us your pics of Oxford. Send your comments, pictures and opinions to alex@theoxfordpaper.co.uk

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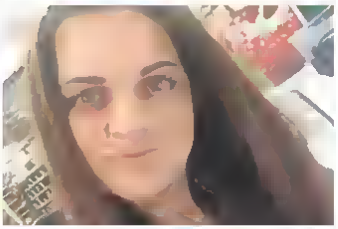

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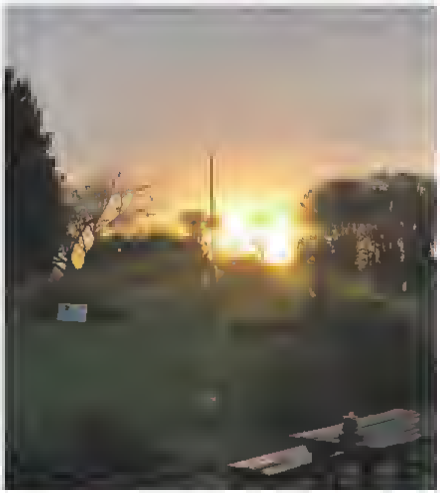

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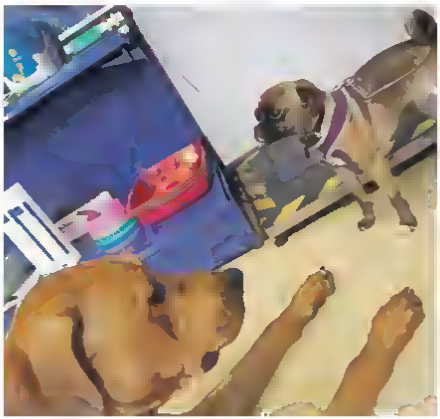

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5 of the best...

Places to enjoy your free time

Time is short – when the weekend comes around it seems to go so quickly. To make the most of your days – try and get to all of these great places in the city centre

1 Organic Deli Cafe

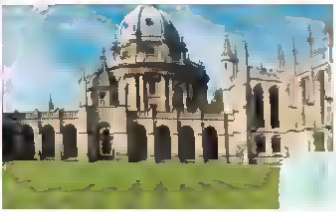
Start the day with a guilt-free cake and coffee. Why not pocket some snacks for the road

24 Friars Entry, Oxford OX1 2BY

2 South Park

Oxford is renowned for its dreaming spires and South Park is a great place to view them

St Clements



3 Bridge of Sighs

Spotting beautiful buildings are just part of the adventure in the city. Hertford Bridge is more commonly known as the Bridge of Sighs, owing to its resemblance to the Bridge of Sighs in Venice

New College Lane, Oxford OX1 3BL

University of Oxford

No trip to the city would be complete without visiting the world famous university. Spend a few hours wandering through the grounds and admiring the wonderful architecture.

White Rabbit

After all that walking, why not tuck into an artisan pizza. Choose from a range of toppings as well as gluten-free breads. Oh, and some lovely ales too

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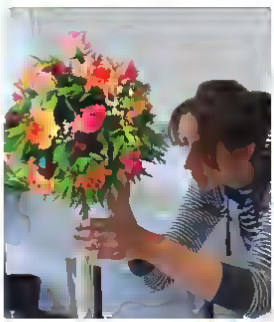

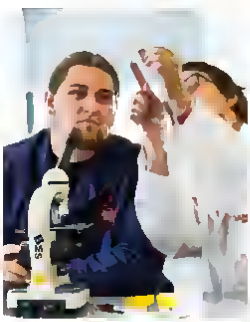

COMMON LEYS

Wednesday 15th March

3:30-7:00pm

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SUDDKU

	5			2			8	
1			9			5		2
9		2				4		
			2		4		9	
3			7		9			1
	1		8	6	3		2	
		1				2		3
5		3			2			6
	7		1				5	

WORDWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.

How you rate:
20 words, average. 30 words, good. 40 words, very good. 50 or more, excellent.

DDUBLE CRDSSWDRD

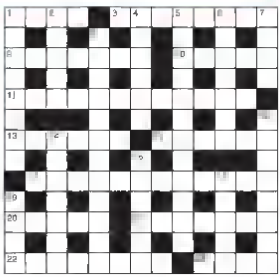
Cryptic Clues:

Across

1. Read about challenge (4)
3. What an idiot Edward must be to have helped! (8)
9. License absence of sound (7)
10. 10 is about all right for the sign (5)
11. Learnt Arctic can be obstinate in opposition (12)
13. Additional items in the next cash spending-spree (6)
15. Utter failure if return made in the manner of small company (6)
17. Is it used in making up the accountant's bed? (7,5)
20. Reckon to be a titled man? (5)
21. Let nobody have dealings with one as unpunctual as this (7)
22. 11 arranged singly (3,2,3)
23. Not even chances? (4)

Down

1. Does he get away from it all in the wilderness? (8)
2. Something saved from a derelict building perhaps (5)
4. Acquiesce - nice picturesque part (8)
5. Put the embassy underground during the lull (12)
6. The receipts apparently merit royal thanks (7)
7. Girl got up to have a meal (4)
8. Fast annually makes its appearance obnoxiously (12)
12. Stronghold needed to keep hair in? (8)
14. Crude at slander (7)
16. Performance in coat (6)
18. Animal from Eastern country (5)
19. Sound return from the chosen investment (4)



Quick Clues:

Across

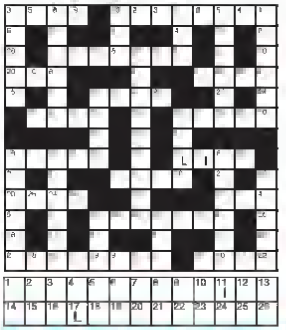
1. Otherwise (4)
3. Legitimate (8)
9. Green gem (7)
10. Apart (5)
11. Bad luck (12)
13. Estimate (8)
15. Think over (6)
17. Unpleasantly truthful (12)
20. S American animal (5)
21. Violent flow (7)
22. A card game (8)
23. Trite (4)

Down

1. Always (8)
2. Appears (5)
4. Really (6)
5. A frank talk (5-2-5)
6. Knocked down (7)
7. Remaining (4)
8. Fastidious (4,2,6)
12. Alarm (8)
14. Touch (7)
18. Motionless (6)
18. Perfect (5)
19. Applaud (4)

CODEWDRD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD:
Cryptic: Across: 6 Alburnic; 7 Perth; 8 Arctic; 10 Stained; 12 Needle match; 14 First lesson; 18 Oppress; 18 Ship; 21 Stone; 22 Cleaned. Down: 1 A long; 2 Pumice; 3 Pen; 4 Silence; 5 Stretch; 8 Disease; 11 Minister; 13 Dispute; 15 Spring; 18 Outlaw; 17 Timer; 20 Girl.
Quick: Across: 6 Shapely; 7 Bathe; 8 Comic; 10 Elegant; 12 Intermingle; 14 Information; 18 Blatant; 18 Adage; 21 Agree; 22 Totally.
Down: 1 Threw; 2 Opinion; 3 Sly; 4 Jargon; 5 Shingle; 8 Climate; 11 Teeming; 13 Analogy; 15 Outlet; 16 Ordeal; 17 Agile; 20 Grew.

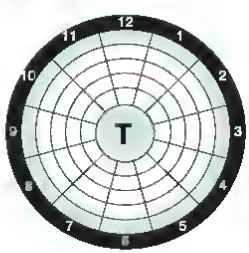
SUDDKU:

4	7	2	1	9	3	5	8	6
1	9	6	8	5	4	3	7	2
8	3	5	6	7	2	4	9	1
5	2	3	9	4	6	7	1	8
7	6	8	5	1	7	2	3	4
9	4	1	3	2	8	6	5	7
6	8	4	2	3	5	1	6	9
3	5	7	4	6	1	8	2	5
2	1	9	7	8	9	9	4	3

CODEWORD: 1=O, 2=S, 3=C, 4=U, 5=T, 6=R, 7=W, 8=H, 9=M, 10=V, 11=Y, 12=R, 13=G, 14=Z, 15=K, 16=L, 17=O, 18=E, 19=F, 20=J, 21=N, 22=A, 23=X, 24=D, 25=P, 26=I.
WORD WHEEL: PROFUSION.

CLDCKWDRD

The solutions from 1 to 12 are all six-letter words ending with the letter T in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of a golden era Hollywood actress.



1. Light cost
2. East
3. Commercial
4. Chewy fairground sweet
5. Wardrobe
6. New, fresh
7. Get off
8. Men's purse
9. Tap
10. Vent
11. Strong
12. Pious

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1	2	3	4	5	6	7	8	9

THE CLUES

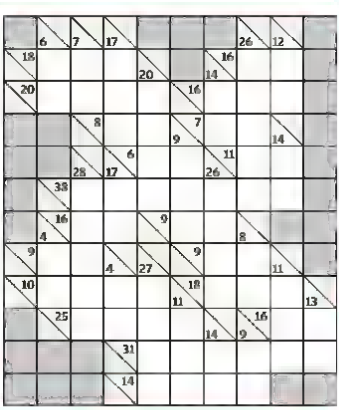
98164398 gives a marine animal,
54354798 gives a manne mammal
42283 gives an aquatic mammal.

KAKURD

Fill in the white squares with the numbers 1 to 9.

Each horizontal block of squares must add up to the number in the shaded square to its left, and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.



SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

R/H	G/E	L/M	K/L	T	O
O/U		A/I		C	H
L/P	A/E	S/D	R/T	E	S
E/W		G/S		A	I
S/D	R/B	E/O	F/W	R/I	N

SUDDKU

6			8			1		4
			1	5				
			3			2		6
7	6	3						
	9						8	
						9	3	7
9		7			8			
				9	1			
1		4			2			9

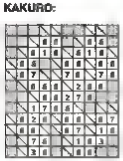
LAST WEEK'S SOLUTIONS

CLOCKWORD:
1 Dainty 2 Orderly 3 Unruly 4 Grumpy 5 Leeway 6 Anyway 7 Salary 8 Astray 9 Deputy 10 Apiary 11 Melody 12 Sherry

AUTHOR: Douglas Adams.

NINER:
DISMANTLE

KAKURD:



SUDDKU:

6	8	7	2	3	1	4	5	9
9	1	3	5	7	4	8	2	6
4	5	2	9	6	8	3	9	7
5	4	9	1	3	2	8	7	6
3	7	6	4	8	9	1	5	2
1	9	2	8	5	7	3	6	9
2	3	4	6	1	5	7	8	5
7	1	5	2	8	3	6	9	8
8	9	8	7	4	5	2	1	3

SPLIT DECISION:

T	H	U	M	P
I		P		A
M	U	S	I	C
I		E		K
D	A	T	E	S

Thursday February 23rd

BBC1

DAYTIME

11.00 Wanted Down Under Revisited (S) **11.45 Oxford Street Revealed** (S)(R) **12.15 Bargain Hunt** (S)(R) **1.00 BBC News at One; Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S)(R) **3.45 The Farmers' Country Showdown** (S) **4.30 Flog It!** (S)(R) **5.15 Pointless** (S)(R) **6.00 BBC News** (S) **6.30 BBC Regional News** (S)

7.00 The One Show Topical stories from around the UK. (S)

7.30 EastEnders Denise is forced to pay for her actions. (S) BBC News; Regional News (S)

8.00 Shop Well for Less? New series. Helping families change the way they shop. (S)

9.00 Death in Paradise Jack Mooney and the team are puzzled when one of the candidates in the local mayoral elections is stabbed to death in the polling booth. Last in the series. (S)

10.00 BBC News at Ten (S)

10.30 BBC Regional News and Weather (S)

10.45 Question Time Topical debate from Stoke-on-Trent, chaired by David Dimbleby. (S)

11.45 This Week By-Election Special Andrew Neil introduces political chat. (S)

AFTER 12

3.00 Weather for the Week Ahead (S) **3.05** BBC News (S)

BBC2

8.30 Sign Zone: Great British Railway Journeys (S)(R) **9.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Cash in the Attic** (S)(R) **1.25 Beat the Brain** (S)(R) **1.55 Landward** (S) **2.25 Mountain** (S)(R) **3.25 Africa** (S)(R) **4.25 A Place to Call Home** (S) **5.15 Antiques Road Trip** (S)(R) **6.00 Eggheads** (S)(R) **6.30 Great Continental Railway Journeys** (S)

7.00 The Hairy Bikers' Chicken and Egg Dave and Si head to Bromsgrove to taste some jerk chicken. Last in the series. (S)(R)

8.00 The Great Pottery Throw Down The potters make a fully functioning garden water feature. (S)

9.00 Born Too White An examination of the stigma attached to albinism in Tanzania and Malawi, East Africa, resulting in discrimination and persecution for those with the condition. (S)

10.00 MOTD: The Premier League Show Magazine programme featuring news and highlights. (S)

10.30 Newsnight (S)

11.10 Weather (S)

11.15 The Drug Trial: Emergency at the Hospital (S)(R)

12.15 Sign Zone: David Bowie: The Last Five Years (S)(R) **1.45** Royal Recipes (S)(R) **2.30** This is BBC Two (S)

ITV

9.25 The Jeremy Kyle Show (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News; Weather** (S) **1.55 ITV Regional News; Weather** (S) **2.00 Judge Rinder** (S) **3.00 James Martin's French Adventure** (S) **3.50 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News; Weather** (S) **6.30 ITV Evening News; Weather** (S)

7.00 Emmerdale Aaron receives his sentence. (S)

7.30 Men Behaving Badly? Tonight An undercover investigation into sexual harassment. (S)

8.00 Emmerdale Faith realises Debbie is planning to go to Prague with Sarah and tries to steal her boarding passes. (S)

9.00 Mafia Women with Trevor McDonald Part two of two. Trevor McDonald meets ex-mobsters and their wives in hiding. (S)

10.00 ITV News; Weather (S)

10.30 ITV Regional News; Weather (S)

10.40 UEFA Europa League Highlights Action from the last 32 second-leg ties. (S)

11.40 Tipping Point Game show hosted by Ben Shephard. (S)(R)

12.35 Jackpot247 3.00 Men Behaving Badly? Tonight (R) **3.25** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

Channel 4

8.00 Everybody Loves Raymond (S)(R) **9.05 Frasier** (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

8.00 The Supervet A puppy requires a skin graft after being hit by a car. (S)

9.00 Has Political Correctness Gone Mad? Writer and broadcaster Trevor Phillips argues against liberalism. (S)

10.00 The Swingers Dutch drama about the dangerous friendship between two neighbouring couples. (S)

11.00 24 Hours in A&E Cameras focus on the ups and downs of family life. (S)(R)

12.05 The Trouble with Dad (S)(R) **1.05** Jon Richardson: How to Survive the End of the World (S)(R) **2.00** Staying Healthy: A Doctor's Guide (S)(R) **2.55** Supermarkets, Brexit & Your Shrinking Shop – Channel 4 Dispatches (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Benefits: The Millionaire Shoplifter** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.15 FILM Deadly Paradise** (2016) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 Nightmare Tenants, Slum Landlords Property developer Alex calls in an eviction specialist. (S)(R) 5 News (S)

8.00 Bargain-Loving Brits in the Sun Middlesbrough man Michael has great ambitions for his new high-end bar. Last in the series. (S) 5 News Update (S)

9.00 The Great British Benefits Handout Lorraine starts trading on the market. (S)

10.00 Celebrity Sex Pod New series. Reality TV stars' thoughts on sex. (S)

11.05 The Nightmare Neighbour Next Door A farmer is suspected of killing a family's dogs. (S)(R)

12.00 SuperCasino 3.10 Cruising with Jane McDonald (S)(R) **4.00** Tattoo Disasters UK (S)(R) **4.25** Tattoo Disasters UK (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Scientists (S)(R) **5.35** Wildlife SOS (S)(R)

THE PERCH

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DIGITAL

ITV2 SKY: 118 FV: 6

8.00 You've Been Framed! Gold **6.28** Funniest Ever You've Been Framed! Gold **7.15** The Ellen DeGeneres Show **8.00** Coronation Street **8.30** You've Been Framed! Gold **9.30** Ninja Warrior UK **10.30** FILM: Honey (2003) (PG) **11.30** FYI Daily **11.35** FILM: Honey (2003) (PG) **12.30** Coronation Street **1.00** 100% You've Been Framed! **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** Totally You've Been Framed! Gold **8.00** Two and a Half Men **9.00** Release the Hounds: Famous & Freaked **10.00** Family Guy **11.30** American Dad! **12.30** Two and a Half Men **1.25** Release the Hounds: Famous & Freaked **2.20** Teleshopping **5.50** ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

6.00 In Loving Memory **6.25** Heartbeat **7.20** Where the Heart Is **8.25** The Royal **9.25** Judge Judy **10.50** Inspector Morse **1.05** Heartbeat **2.05** The Royal **3.05** Where the Heart Is **4.10** In Loving Memory **4.45** Doctor at Large **6.20** On the Buses **6.50** Heartbeat **7.00** Murder, She Wrote **8.00** Heartbeat **9.00** Murder on the Home Front **11.05** Prime Suspect IV **1.20** The Knock **2.15** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY: 116 FV: 9

7.00 100 Days: Weather **7.30** Top of the Pops: 1983 **8.00** Thirlandi Earth's Tropical Paradise **8.00** Madame Tussaud: A Legend in Wax **10.00** The French Revolution: Tearing Up History **11.00** The Nazis: A Warning from History **11.50** Andrew Marr on Churchill: Blood, Sweat and Oil Paint **12.50** Top of the Pops: 1983 **1.20** Sounds of the 70s 2: Troubadours – Peaceful Easy Feeling **1.50** Sound of Song **2.50** The French Revolution: Tearing Up History **3.00** Close

E4 SKY: 136 FV: 28

6.00 Brooklyn Nine-Nine **9.00** Rules of Engagement **10.00** Baby Daddy **12.00** Charmed **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **6.00** Brooklyn Nine-Nine **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Coach Trip: Road to Marbs **8.00** The Big Bang Theory **8.00** Gap Year **10.00** Celebs Go Dating **11.05** Naked Attraction **12.20** The Big Bang Theory **1.10** Celebs Go Dating **2.10** Gap Year **3.00** Naked Attraction **3.00** Hollyoaks **4.20** Rules of Engagement **4.45** Charmed

MORE4 SKY: 138 FV: 14

8.55 Come Dine with Me **11.35** A Place in the Sun: Winter Sun **1.45** Time Team **3.50** Great Canal Journeys **8.55** Location, Location, Location **5.56** Car SOS **6.56** The Supervet **7.56** Grand Designs **9.00** FILM: Patriot Games (1992) (15) **11.20** 8 Out of 10 Cats Does Countdown **12.20** Ramsay's Kitchen Nightmares USA **1.20** Grand Designs **2.30** 8 Out of 10 Cats Does Countdown **3.30** Food Unwrapped **3.55** Close

FILM4 SKY: 315 FV: 15

11.00 Decision at Sundown (1957) (U) **12.30** Prince Valiant (1954) (U) **2.00** Great Expectations (1946) (PG) **5.00** The Colditz Story (1954) (U) **7.00** The Addams Family (1991) (PG) **9.00** Closed Circuit (2013) (15) **10.90** Safe House (2012) (15) **1.05** The Girl Who Kicked the Hornets' Nest (2010) (15) **4.00** Close

DAVE SKY: 111 FV: 12

7.10 Ice Road Truckers **9.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **5.00** Red Bull Soapbox Race **6.00** Top Gear **7.00** American Pickers **8.00** QI XL **9.00** Not Going Out **10.20** Mock the Week **12.20** Room 101 **1.00** Not Going Out **1.40** 8 Out of 10 Cats **2.10** The Last Man on Earth **2.00** Suits **3.30** Gavin & Stacey **4.00** Close

DRAMA SKY: 158 FV: 20

7.10 The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Last of the Summer Wine **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **6.00** All Creatures Great and Small **8.00** Last of the Summer Wine **7.20** As Time Goes By **8.00** Hetty Wainthropp Investigates **9.00** New Tricks **11.20** Sharpe **1.20** Boon **2.20** Campion **3.10** Garden Hopping **4.00** Home Shopping

SKY1 SKY: 106

10.00 Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **9.00** Duck Quacks Don't Echo **8.00** Arrow **10.00** Ross Kemp: Libya's Migrant Hell **11.30** The Force: Manchester **1.30** Most Daring **2.30** Star Search: Sabre **4.30** RSPCA Animal Rescue

SKY ATLANTIC SKY: 108

6.00 Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** The Petrol Age **3.00** The West Wing **5.00** House **6.00** Without a Trace **8.00** Blue Bloods **9.00** Fortitude **10.00** High Maintenance **11.15** Last Week Tonight with John Oliver **11.00** Girls **12.25** Crashing **1.00** Fortitude **2.00** The Wire **3.20** Without a Trace **4.10** Richard E Grant's Hotel Secrets **5.05** The British

W SKY: 109

6.00 My Dream Home **9.00** Wanted Down Under **10.00** The Bill **11.00** Tipping Point: Lucky Stars **12.00** Tipping Point **1.00** Choccywoccydoodah **2.00** Wanted Down Under **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point: Lucky Stars **7.00** Supernanny **8.00** MasterChef USA **9.00** John Bishop: In Conversation with Lenny Henry **10.00** EastEnders **10.30** Absolutely Fabulous **11.20** The Call Centre **12.20** EastEnders **1.00** Million Dollar Intern **2.35** Betty White's Off Their Rockers **3.00** Home Shopping

GOLD SKY: 110

7.00 Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Last of the Summer Wine **12.40** Keeping Up Appearances **2.00** The Brittas Empire **3.20** Last of the Summer Wine **5.20** Open All Hours **6.40** Keeping Up Appearances **8.00** Miranda **10.00** Absolutely Fabulous **12.00** Peep Show **1.10** Bad School **2.25** Shooting Stars **3.35** Harry Enfield and Chums **4.00** Home Shopping

SKY SPORTS 1 SKY: 401

6.00 Premier League Legends **8.00** Premier League World **9.30** Premier League Legends **10.00** One2Eleven: Wayne Hennessey **10.10** One2Eleven: Danny Gabbidon **10.30** One2Eleven: Mick McCarthy **10.40** One2Eleven: Stephen Carr **11.00** Premier League Years **1.00** Premier League World **1.30** Premier League Legends **3.00** One2Eleven: Christian Panucci **3.20** One2Eleven: Willy Sagnol **3.30** One2Eleven: Andy Townsend **3.40** One2Eleven: Ray Houghton **4.00** Premier League Years **5.00** Premier League Legends **6.30** Premier League World **7.00** Live Premier League Darts **10.00** Premier League Match Pack **10.30** La Liga Show **11.00** Premier League World **11.30** Premier League Match Pack **12.00** La Liga Show **12.30** Premier League Legends **2.00** La Liga Show **2.30** Premier League Match Pack **3.00** Premier League World

Friday February 24th

BBC1

DAYTIME

11.00 Wanted Down Under Revisited (S) **11.45 Oxford Street Revealed** (S) (R) **12.15 Bargain Hunt** (S) **1.00 BBC News at One; Weather** (S) **1.30 BBC Regional News** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S)(R) **3.45 The Farmers' Country Showdown** (S) **4.30 Flog It!** (S) **5.15 Pointless** (S) **6.00 BBC News at Six** (S) **6.30 BBC Regional News and Weather** (S)

7.00 The One Show The final edition of the week. (S)
7.30 A Question of Sport With Lynsey Sharp. (S)(R) BBC News, Regional News (S)

8.00 EastEnders (S)
8.30 Room 101 Gabby Logan, Richard Ayoade and Alan Cochrane discuss their pet hates. (S)

9.00 Not Going Out Lee and Lucy attend a marriage counselling session. (S)
9.30 Tracey Ullman's Show Songstress Adele compiles her latest album. (S)

10.00 BBC News at Ten (S)
10.25 BBC Regional News and Weather (S) National Lottery Update (S)
10.35 The Graham Norton Show (S)

11.25 The Real Marigold Hotel The celebrities continue to settle into life in their 18th-century mansion. (S)(R)

AFTER 12

12.25 Weather for the Week Ahead (S) **12.30** BBC News (S)

BBC2

6.00 Sign Zone: Big Dreams Small Spaces (S)(R) **5.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Coast** (S) (R) **1.25 Beat the Brain** (S)(R) **1.55 Landward** (S) **2.25 Mountain** (S)(R) **3.25 Africa** (S)(R) **4.20 A Place to Call Home** (S) **5.15 Antiques Road Trip** (S)(R) **6.00 Eggheads** (S)(R) **6.30 Great Continental Railway Journeys** (S)

7.00 Big Dreams Small Spaces In Blackpool, Monty Don helps Alex turn her boring backyard into a magical enchanted forest. Last in the series. (S)

8.00 Mastermind Five more semi-finalists compete. (S)
8.30 Only Connect The Surrealists take on the Korfballers in a quarter-final match. (S)

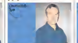
9.00 The Secrets of Your Food New series. Michael Mosley and James Wong reveal the physics, chemistry and biology hidden inside various foods. (S)

10.00 QI Part two of two. Highlights of the 'N' series of the comedy panel game. Last in the series. (S)
10.30 Newsnight (S)

11.00 Weather (S)
11.05 Further Back in Time for Dinner The Robshaws enter the 1940s. (S)(R)

12.05 Terry Pratchett: Back in Black (S)(R) **12.55** FILM **Big Jim McLain** (1952) (U) (S) **2.20** Sign Zone: Birds of Paradise: The Ultimate Quest (S)(R) **3.20** The Brit Who Tried to Kill Trump (S)(R) **4.05** Royal Recipes (S)(R) **4.50** This Is BBC Two (S)

ITV



6.00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S) **3.00 James Martin's French Adventure** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News** (S) **6.30 ITV Evening News** (S)

7.00 Emmerdale Laurel visits Ashley at the care home. (S)
7.30 Coronation Street Michelle tells Steve that she would like to try for another baby. (S)

8.00 Phillip Schofield's South African Adventure New series. Phillip Schofield and wife Steph visit South Africa. (S)
8.30 Coronation Street (S)

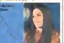
9.00 Piers Morgan's Life Stories Former Ukip leader Nigel Farage reflects on his life. Last in the series. Postponed from 3 February. (S)

10.00 ITV News; Weather (S)
10.30 ITV Regional News; Weather (S)
10.40 Fishing Impossible The guys head to Laos in search of the devil catfish. (S)(R)

11.10 The Wine Show Matthew Goode and Matthew Rhys visit Bologna. (S)(R)

12.10 Jackpot247 3.00 Freeze Out (S) (R) **3.00** ITV Nightscreen

Channel 4



6.00 Everybody Loves Raymond 9.05 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S) (R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

8.00 Jamie and Jimmy's Friday Night Feast Orlando Bloom joins hosts Jamie Oliver and Jimmy Doherty to rustle up a Moroccan tagine. (S)(R)

9.00 Gogglebox New series. The amateur critics share their opinions on what they have been watching during the week as the popular series returns for its ninth run. (S)

10.00 The Last Leg Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments of the past seven days. (S)

11.05 8 Out of 10 Cats With Gabby Logan, Ellie Simmonds, Alex Brooker and David O'Doherty. (S)
11.55 Rude Tube (S)(R)

12.55 FILM **Man on a Ledge** (2012) (12) Thriller starring Sam Worthington. (S) **2.40** Time Crashers (S)(R) **3.35** Four in a Bed (S)(R) **4.00** Four in a Bed (S)(R) **4.30** Phil Spencer: Secret Agent (S)(R) **5.25** Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Storm Surge: Winter Road Rescue** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S) (R) **3.15** FILM **Patricia Cornwell's At Risk** (2010) (15) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 Happy Campers: Caravanning A couple travel to a caravan site in Whitby to get married. (S)(R) 5 News Update (S)

8.00 Celebrity Carry on Barging Nigel Havers, Debbie McGee, Lorraine Chase and Simon Callow go antique shopping. (S) 5 News Update (S)

9.00 Cruising with Jane McDonald The singer sails the Danube on one of the most luxurious ships of its type, as she makes her first foray into the realms of the river cruise. (S)

10.00 The Freddie Mercury Story: Who Wants to Live Forever? Documentary exploring two of the most important years in the Queen singer's life. (S)(R)

12.00 SuperCasino 3.10 Secrets of the Great Train Robbery (S)(R) **4.00** Benefits: 20 Kids and Claiming (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Scientists (S)(R) **5.35** Wildlife SOS (S) (R)

DIGITAL

ITV2 SKY 118 FV 6

6.00 You've Been Framed! Gold **6.25** You've Been Framed! Gold Harry's Favourites **7.10** The Ellen DeGeneres Show **8.00** Emmerdale **9.30** Ninja Warrior UK **10.30** FILM: St Trinian's (2007) (12) **11.30** FYI Daily **11.30** FILM: St Trinian's (2007) (12) **12.30** Emmerdale **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** 100% You've Been Framed! **8.00** Two and a Half Men **9.00** FILM: Hot Fuzz (2007) (15) **11.20** Family Guy **12.20** American Dad! **1.18** Bass Weekender **2.15** Teleshopping **3.45** Nightscreen

ITV3 SKY 119 FV 10

6.00 In Loving Memory **6.25** Heartbeat **7.25** Where the Heart Is **8.25** The Royal **9.25** Judge Judy **10.00** Inspector Morse **1.00** Heartbeat **2.00** The Royal **3.10** Where the Heart Is **4.10** In Loving Memory **4.40** Doctor at Large **5.20** On the Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Agatha Christie's Marple **11.00** Prime Suspect V **1.20** Wycliffe **2.15** Inspector Morse **4.15** Rory Bremner's Great British Views **6.00** On the Buses **6.30** ITV3 Nightscreen

BBC4 SKY 116 FV 9

7.00 World News Today; Weather **7.30** Top of the Pops: 1983 **8.00** The Good Old Days **8.40** Sounds of the Seventies **8.58** Pop Go the Sixties **9.00** Queen: From Rags to Rhapsody **9.00** Queen: The Legendary 1975 Concert **11.00** Even More Guitar Heroes at the BBC **12.00** When Albums Ruled the World **1.25** Top of the Pops: 1983 **2.00** Queen: From Rags to Rhapsody **3.00** Even More Guitar Heroes at the BBC **4.00** Close

E4 SKY 136 FV 28

6.00 Rude(ish) Tube **6.10** Made in Chelsea: South of France **7.00** Hollyoaks **7.30** Coach Trip: Road to Marbs: Final Week **8.00** Brooklyn Nine-Nine **9.00** Rules of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Coach Trip: Road to Marbs: Final Week. The coach finally rolls into Marbella. Last in the series. **8.00** Rude(ish) Tube Shorts **8.15** FILM: Men in Black II (2002) (PG) **10.00** Celebs Go Dating **11.00** Tattoo Fixers **12.10** The Big Bang Theory **1.05** Celebs Go Dating **2.10** First Dates Abroad **3.05** Rude Tube **3.55** Rules of Engagement **4.40** Charmed

MORE4 SKY 138 FV 14

4.55 Come Dine with Me **11.35** A Place in the Sun: Winter Sun **1.45** Time Team **3.50** Great Canal Journeys **4.55** Location, Location, Location **6.00** Car SOS **8.00** The Supervet **7.55** Grand Designs **9.00** The Team **10.20** 24 Hours in A&E **12.20** Ramsay's Kitchen Nightmares USA **1.20** Grand Designs **2.20** 24 Hours in A&E **3.25** Food Unwrapped **3.50** Close

FILM4 SKY 315 FV 15

11.00 Thunder Island (1963) (U) **12.20** Doctor in Distress (1963) (PG) **2.30** Winchester '73 (1950) (U) **4.20** The Undefeated (1969) (PG) **6.40** Chocolat (2000) (12) **9.00** The Guest (2014) (15) **11.05** Red Eye (2005) (12) **12.40** Lesson of Evil (2012) (18) **3.25** Close

DAVE SKY 111 FV 12

7.15 Ice Road Truckers **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **5.00** Red Bull Soapbox Race **6.00** Top Gear **7.00** American Pickers **8.00** Steve Austin's Broken Skull Challenge **9.00** FILM: Passenger 57 (1992) (15) **10.30** Mock the Week **11.20** Would I Lie to You? The Unseen Bits **12.00** QI XL **1.00** The Last Man on Earth **1.25** Suits **2.25** Gavin & Stacey **3.30** 8 Out of 10 Cats **4.00** Close

DRAMA SKY 158 FV 20

7.10 The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Last of the Summer Wine **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Last of the Summer Wine **7.20** As Time Goes By **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.20** Sharpe **1.20** Boon **2.20** What Remains **3.25** Garden Hopping **4.00** Home Shopping

SKY1 SKY 108

6.00 Hawaii Five-0 **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.30** Modern Family **9.00** Stan Lee's Lucky Man **10.00** The Blacklist **11.00** Freddie Down Under **12.00** A League of Their Own **1.00** Most Daring **2.00** Ship Search: Sieve **4.00** RSPCA Animal Rescue **5.30** Futurama

SKY ATLANTIC SKY 108

6.00 Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Networks of Power with Sir Christopher Meyer **3.00** The West Wing **6.00** House **8.00** Without a Trace **8.00** Blue Bloods **5.00** Game of Thrones **11.25** Oz **1.00** The Wire **3.00** Looking **4.15** Richard E Grant's Hotel Secrets **5.05** The British

W SKY 109

6.15 Believe **7.00** Passport Patrol **8.00** My Dream Home **5.00** Wanted Down Under **10.00** The Bill **11.00** Tipping Point: Lucky Stars **12.00** Tipping Point **1.00** Cheeseyweezydoodah **2.00** Wanted Down Under **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point: Lucky Stars **7.00** Honey I Bought the House **8.00** MasterChef USA **9.00** Criminal Minds: Beyond Borders **10.00** EastEnders **10.00** FILM: The Bodyguard (1992) (15) **1.15** Motorway Cops **2.10** Betty White's Off Their Rockers **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Last of the Summer Wine **12.00** Keeping Up Appearances **2.00** The Brittas Empire **3.20** Last of the Summer Wine **5.20** Mi anda **6.40** Keeping Up Appearances **8.00** The Vicar of Dibley **9.00** The Black Adder **10.35** Blackadder Goes Forth **11.10** The Mighty Boosh **12.35** The League of Gentlemen **1.55** Nathan Barley **2.25** The Armando Iannucci Shows **2.55** Mighty Night **3.30** Getting On

SKY SPORTS 1 SKY 401

6.00 Football Gold **7.00** WWE Main Event **8.00** Premier League Legends **5.00** Premier League 100 Club **10.00** Premier League Legends **10.30** Premier League World **11.00** Premier League Match Pack **11.30** Premier League 100 Club **12.00** Football Gold **1.00** Premier League 100 Club **1.30** Football's Greatest Players **2.00** Premier League Legends **3.00** Football Gold **4.00** Premier League 100 Club **4.30** Football's Greatest Players **5.00** Premier League Match Pack **6.00** The Fantasy Football Club **7.00** Live EFL **10.15** Premier League Preview **10.45** The Fantasy Football Club **11.45** Premier League Match Pack **11.10** Premier League Preview **11.45** Football Gold **1.00** The Fantasy Football Club **2.00** Premier League Preview

Saturday February 25th

BBC1

DAYTIME

6.00 Breakfast (S) **10.00 Saturday Kitchen Live** (S) **11.30 The Little Paris Kitchen: Cooking with Rachel Khoo** (S)(R) **12.00 Football Focus** (S) **1.00 BBC News; Weather** (S) **1.15 Bargain Hunt** (S)(R) **2.00 Live Six Nations Rugby Union** (S) **4.30 Final Score** (S) **5.10 BBC News** (S) **5.20 BBC Regional News; Weather** (S) **5.30 Celebrity Mastermind** (S)(R) **6.00 Pointless Celebrities** (S)(R) **6.45 Let It Shine** (S)

8.25 Casualty Steph tries to kill herself. (S)

9.15 Taboo James Delaney confronts Sir Stuart Strange with the cold hard truth, and plans his escape. However, the Crown has one final, deadly move to make. Last in the series. (S)

10.15 BBC News; Weather (S) National Lottery Update (S)

10.30 Match of the Day Gary Lineker presents highlights of the latest Premier League matches. (S)

11.50 This Country Kerry and Kurtan eagerly await the release of their uncle Steve "Nuggel" Nuggins. (S)

AFTER 12.15 FILM **Return from the River Kwai** (1988) (15) Second World War drama sequel, starring Chris Penn. (S) **1.50** Weather for the Week Ahead (S) **1.55** BBC News (S)

BBC2

6.30 FILM **They Flew Alone** (1942) (U) (S) **8.10** FILM **In Which We Serve** (1942) (U) (S) **10.00 Britain's Secret Seas 11.00 Homes Under the Hammer 12.00 Two Greedy Italians: Still Hungry 1.00** FILM **Waterloo** (1970) (U) (S) **3.10 Natural World** (S) (R) **4.00 Mastermind** (S)(R) **4.30 University Challenge** (S)(R) **5.00 Only Connect** (S)(R) **5.30 The House That £100K Built** (S)(R) **6.30 Flog It!** (S)(R)

7.30 Grand Tours of the Scottish Islands Paul Murton journeys around the coast of the Long Island of Harris and Lewis. (S)

8.00 Diana: Designing a Princess The most impressive dresses from the wardrobe of Diana, Princess of Wales. (S)

8.30 Dad's Army (S)(R)

9.00 FILM **My Old Lady (2014) (12)** Premiere. Comedy drama starring Maggie Smith and Kevin Kline. (S)

10.45 QI XL With Matt Lucas, Lucy Porter and Ross Noble. (S)

11.30 FILM **Albert Nobbs (2011) (15)** Drama, with Glenn Close and Mia Wasikowska. (S)

1.15 FILM **Youth Without Youth (2007) (15)** Drama, starring Tim Roth. (S) **3.15** This Is BBC Two (S)

ITV

6.00 CITV 7.30 Scrambled! 8.25 ITV News (S) **9.30 Alphabetical** (S)(R) **10.25 Guess This House** (S)(R) **11.25 Off Their Rockers** (S)(R) **11.55 ITV News; Weather** (S) **12.00** FILM **Free Willy 2: The Adventure Home** (1995) (U) (S) **1.50 Tipping Point** (S)(R) **2.50 The Chase** (S)(R) **3.50 ITV Regional News;** Weather (S) **4.00 ITV News** (S) **4.15 Live Six Nations Rugby Union** (S)

7.00 Ant & Dec's Saturday Night Takeaway New series. The presenter duo's weekend variety show returns. (S)

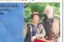
8.30 The Voice UK The talent contest moves into the Battle phase. (S)

10.30 ITV News; Weather (S)

10.45 FILM **The Boat That Rocked (2009) (15)** Richard Curtis's comedy, with Bill Nighy and Philip Seymour Hoffman. (S)

1.10 Jackpot247 3.00 Who's Doing the Dishes? (S)(R) **3.50 ITV Nightscreen**

Channel 4



6.20 Mobil 1 The Grid (S) **6.45 The King of Queens** (S)(R) **7.35 Everybody Loves Raymond** (S)(R) **8.30 Frasier** (S) (R) **9.30 The Big Bang Theory** (S)(R) **11.00 The Simpsons** (S)(R) **12.00 Jamie and Jimmy's Friday Night Feast** (S)(R) **1.00 Come Dine with Me** (S)(R) **3.30 A Place in the Sun: Summer Sun** (S)(R) **4.30 Location, Location, Location** (S)(R) **5.35 Grand Designs** (S)(R) **6.30 Channel 4 News** (S)

7.00 Penelope Keith's Favourite Villages The actress travels around Britain, visiting villages in different parts of the country. (S)(R)

8.00 Great Canal Journeys Timothy West and Prunella Scales venture into the open sea. (S)(R)

9.00 FILM **Dawn of the Planet of the Apes (2014) (12)** Premiere. Sci-fi thriller sequel, starring Andy Serkis and Jason Clarke. (S)

11.35 FILM **Surrogates (2009) (12)** Sci-fi thriller, with Bruce Willis and Radha Mitchell. (S)

1.15 Ramsay's Kitchen Nightmares USA (S)(R) **2.05 Hollyoaks** (S) **4.15** Kirstie's Fill Your House for Free (S)(R) **4.25** Phil Spencer: Secret Agent (S)(R) **5.20** Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! 10.05 Teenage Mutant Ninja Turtles (S)(R) **10.40 Access** Showbiz news and gossip. (S) **10.45 Police Interceptors Unleashed** (S)(R) **11.15 Police Interceptors** (S)(R) **1.15 Benefits Britain: Life on the Dole** (S)(R) **3.15 The Nightmare Neighbour Next Door** (S)(R) **5.15 Nightmare Tenants, Slum Landlords** (S)(R) **6.10 Can't Pay? We'll Take It Away** (S)(R)

7.05 NCIS: Los Angeles The team hunts down a device that could destroy Los Angeles. (S)

8.00 NCIS DiNozzo must help old flame Jeanne Benoit rescue her kidnapped husband. (S)

8.55 5 News Weekend (S)

9.00 Football on 5: The Championship George Riley and Lynsey Hipgrave introduce highlights from the weekend's Championship games. (S)

10.00 Football on 5: Goal Rush Goals from the weekend's games in Leagues One and Two. (S)

10.30 Stealing the Mona Lisa (S)

11.30 Police Interceptors Unleashed PC Barry Peach is confronted by a foul-mouthed prisoner. (S)(R)

12.00 SuperCasino 3.10 That's So 1985 (S)(R) **4.00** Bargain-Loving Brits in the Sun (S)(R) **4.50** House Doctor (S) (R) **5.15** Nick's Quest (S)(R) **5.40** Angels of Jarm (S)(R) **5.50** Roary the Racing Car (S)(R)

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APRIL	23
MAY	28
JUNE	25
JULY & AUG	CLOSED
SEPT	24
OCT	22
NOV	26

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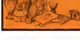

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DIGITAL

ITV2 SKY 118 FV 6

6.00 Totally Bonkers Guinness World Records **6.10** Emmerdale **8.50** Coronation Street **11.10** Ninja Warrior UK **12.10** Take Me Out **1.25** The Brit Awards 2017 **3.55** FILM: Step Up 3 (2010) (12) Dance drama sequel starring Rick Malambri **4.55** FYI Daily **5.00** FILM: Step Up 3 (2010) (12) Concluded **5.55** FILM: Jack and Jill (2011) (PG) Comedy starring Adam Sandler **7.05** FYI Daily **7.10** FILM: Jack and Jill (2011) (PG) Concluded **8.00** Superstore **9.00** FILM: American Pie (1999) (15) Coming-of-age comedy with Jason Biggs **10.10** FYI Daily **10.15** FILM: American Pie (1999) (15) Concluded **11.00** Family Guy **12.25** American Dad! **12.55** FILM: Couples Retreat (2009) (15) **1.55** FYI Daily **2.00** FILM: Couples Retreat (2009) (15) **3.00** Teleshopping

ITV3 SKY 119 FV 10

6.00 Murder, She Wrote **8.40** FILM: Hidden Treasure (2001) Drama starring John Thaw **10.00** Inspector Morse **1.05** FILM: Carry On Cleo (1964) (PG) Comedy starring Sid James **2.10** FYI Daily **2.15** FILM: Carry On Cleo (1964) (PG) Concluded **3.00** Agatha Christie's Marple **5.00** Midsomer Murders **11.00** Carry On Forever **11.00** Wycliffe **1.00** Marchlands **2.00** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 Indian Hill Railways **8.00** Timeshift: The People's Liners – Britain's Lost Pleasure Fleets **9.00** Treasures of Ancient Egypt **10.00** Timewatch: Captain Cook – The Man Behind the Legend **11.00** Top of the Pops: 1983 **12.05** Arena: Loretta Lynn – Still a Mountain Girl **1.35** Country Kings at the BBC **2.35** Country Queens at the BBC **3.20** Sounds of the Seventies **3.50** Pop Go the Sixties **3.50** Close

E4 SKY 136 FV 28

6.00 Young & Hungry **6.45** How I Met Your Mother **7.35** Baby Daddy **8.30** Melissa & Joey **8.30** Young & Hungry **10.30** The Goldbergs **1.00** Rudolph(Tube Shorts **1.10** FILM: Alvin and the Chipmunks: The Squeakquel (2009) (U) Comedy starring Zachary Levi **3.00** FILM: St Trinian's 2: The Legend of Fritton's Gold (2009) (PG) Comedy sequel starring Rupert Everett **5.05** The Big Bang Theory **6.00** FILM: Paul (2011) (15) Sci-fi comedy with Simon Pegg and Nick Frost **11.05** Gogglebox **12.10** Celebs Go Dating **2.20** Gap Year **3.10** Marvel's Agents of SHIELD **4.00** Baby Daddy **4.45** Revenge

MORE4 SKY 138 FV 14

8.55 Come Dine with Me **11.35** Homes by the Sea **11.35** Location, Location, Location **1.40** Coast vs Country **2.45** Four in a Bed **5.20** Come Dine with Me **8.00** The Dambusters: Great Escape: Secret History **9.00** Fatal Flight 447: Chaos in the Cockpit **10.00** The Plane Crash **11.00** 24 Hours in A&E **12.00** Fatal Flight 447: Chaos in the Cockpit **1.00** The Plane Crash **3.20** 8 Out of 10 Cats Uncut **4.00** Close

FILM4 SKY 315 FV 15

11.00 The Violent Men (1955) (PG) Western starring Edward G Robinson **11.00** Cutthroat Island (1995) (PG) Swashbuckling adventure starring Geena Davis **3.15** Carry On Cabby (1963) (PG) Comedy starring Sid James and Hattie Jacques **5.00** Mr Popper's Penguins (2011) (PG) Family comedy starring Jim Carrey **6.00** The Chronicles of Narnia: The Voyage of the Dawn Treader (2010) (PG) Fantasy adventure with Georgie Henley and Skandar Keynes **9.00** Pitch Perfect (2012) (12) Comedy starring Anna Kendrick **11.10** It Follows (2014) (15) Horror starring Maika Monroe **1.20** The Sixth Sense (1999) (15) Supernatural thriller starring Bruce Willis **3.35** Close

DAVE SKY 111 FV 12

7.10 Deadly 60 **10.00** Steve Austin's Broken Skull Challenge **11.00** Motorway Cops **1.00** The Best of Top Gear **2.00** QI XL **4.00** Storage Hunters UK **7.00** Not Going Out **8.00** FILM: Kill Bill: Vol 1 (2003) (18) Martial arts thriller starring Uma Thurman **11.10** Alan Davies: As Yet Untitled **11.10** Have I Got a Bit More News for You **1.10** Not Going Out **2.30** Suits **3.20** Gavin & Stacey **4.00** Close

DRAMA SKY 158 FV 20

7.10 Tenko **11.00** Sharpe **1.00** Tenko **8.00** One Foot in the Grave **7.00** Hetty Wainthropp Investigates **8.00** Maisie Raine **8.00** Taggart **11.10** Waking the Dead **1.25** Hetty Wainthropp Investigates **2.25** What Remains **3.30** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

6.00 Are You Smarter Than a 10 Year Old? **7.00** Monkey Business **8.00** The Big Spell **9.00** The Fantasy Football Club **10.00** Soccer AM **11.30** Football's Funniest Moments **11.00** Portrait Artist of the Year 2017 **1.00** Futurama **2.30** Modern Family **5.00** Supergirl **8.00** MacGyver **7.00** FILM: Star Wars: Episode I – The Phantom Menace (1999) (U) Sci-fi prequel starring Liam Neeson and Ewan McGregor **9.40** Stan Lee's Lucky Man **10.00** NCIS: Los Angeles **11.40** A League of Their Own **12.45** Duck Quacks Don't Echo **1.45** Police Force: Australia **4.15** Stop, Search, Seize **5.10** Road Wars

SKY ATLANTIC SKY 108

6.00 The West Wing **11.00** Micro Monsters with David Attenborough **3.00** Without a Trace **6.00** Blue Bloods **9.00** Game of Thrones **11.30** Last Week Tonight with John Oliver **12.00** Real Time with Bill Maher **1.15** High Maintenance **2.20** The Wire **3.35** Looking **4.10** The Guest Wing

W SKY 109

6.00 Rebus **7.00** The Bill **11.00** EastEnders **2.00** Motorway Cops: A Traffic Cops Special **3.00** Been There Done That **3.40** Heston's Fantastical Food **4.40** My Family **6.40** FILM: Charlie and the Chocolate Factory (2005) (PG) Children's fantasy starring Johnny Depp **9.00** FILM: Along Came a Spider (2001) (15) Detective thriller prequel starring Morgan Freeman **11.00** Grimm **12.00** Traffic Cops **1.20** Million Dollar Intern **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **7.50** One Foot in the Grave **8.30** To the Manor Born **9.00** Last of the Summer Wine **11.00** The Vicar of Dibley **1.40** Only Fools and Horses **7.40** The Black Adder **8.20** Blackadder Goes Forth **8.00** Not Going Out **11.00** Bottom **12.20** Bottom Live: The Big Number 2 Tour **2.20** Bill Hicks Live: Revelations **3.30** jam **4.00** Home Shopping

SKY SPORTS 1 SKY 401

6.00 Football Gold **7.00** Premier League Legends **8.00** Football Gold **8.30** Premier League Preview **8.00** The Fantasy Football Club **10.00** Soccer AM **11.30** Premier League Preview **11.00** Live EFL: Leeds United v Sheffield Wednesday (kick-off 12.30pm), coverage of the Championship Yorkshire derby, which takes place at Elland Road. **3.00** Gillette Soccer Saturday **5.10** Live EFL: Brighton & Hove Albion v Reading (kick-off 5.30pm) **8.00** EFL Goals **8.30** Nissan Game of the Day **10.30** Nissan Match Choice **11.30** Premier League Highlights **1.00** Live Fight Night International: Deontay Wilder v Gerald Washington **3.30** Premier League Highlights

Sunday February 26th

BBC1

DAYTIME **6.00** The Andrew Marr Show (S) **10.00** The Big Questions (S) **11.00** Sunday Politics (S) **12.15** Bargain Hunt (S)(R) **1.00** BBC News; Weather (S) **1.15** Homes Under the Hammer (S)(R) **2.15** Flog It! (S)(R) **3.15** Escape to the Country (S)(R) **4.00** Songs of Praise (S) **4.35** Shop Well for Less? (S)(R) **5.35** BBC News (S) **5.50** BBC Regional News; Weather (S) **6.00** The Big Painting Challenge (S)

7.00 Countryfile Matt Baker and Ellie Harrison present the show from the Isle of Man, including weather for the week ahead. (S)

8.00 Call the Midwife Valerie treats a pregnant Somali woman who has undergone female genital circumcision. (S)

9.00 SS-GB Archer rushes to the rescue after learning of a resistance plan to kidnap his son. (S)

10.00 BBC News (S)

10.30 BBC Regional News; Weather (S)

10.30 Have I Got a Bit More Old News for You Extended edition. (S)(R)

11.15 American High School One of the school's few white students throws a birthday party. (S)

AFTER 12.00 The Celebrity Apprentice USA (S) **1.20** Weather for the Week Ahead (S) **1.25** BBC News (S)

BBC2

DAYTIME **9.45** Saturday Kitchen Best Bites (S) **11.15** Nigel Slater's Dish of the Day (S)(R) **11.45** Nigellissima (S)(R) **12.15** MOTD2 Extra (S) **1.00** Holiday of My Lifetime with Len Goodman (S)(R) **1.30** Money for Nothing (S)(R) **2.15** Wanted Down Under Revisited (S)(R) **3.00** Birds of Paradise: The Ultimate Quest (S)(R) **4.00** Bobsleigh and Skeleton World Championships (S) **5.00** Six Nations Rugby Union (S)

7.00 Dragons' Den: Pitches to Riches Richard Osman presents a look back at some of the most memorable contestants to feature on the show. (S)(R)

8.00 Dragons' Den The panel assess the profit-making potential of a Welsh delicacy and a male fragrance. With Evan Davis. Last in the series. (S)

9.00 Special Forces – Ultimate Hell Week The remaining recruits arrive in France to receive training with an elite tactical unit of the French police. (S)

10.00 FILM Life of Crime (2013) (18) Premiere. Two criminals kidnap the wife of a corrupt real-estate tycoon. Comedy, with Jennifer Aniston and Mos Def. (S)

11.35 Women's Six Nations Highlights Action from the third round of fixtures. (S)

12.05 FILM Badlands (1973) (15) Crime drama, starring Martin Sheen and Sissy Spacek. (S) **1.35** Sign Zone: Question Time (S)(R) **2.35** Holby City (S)(R) **3.30** This is BBC Two (S)

ITV

DAYTIME **6.00** CITV **8.25** Countrywise: Guide to Britain (S)(R) **10.00** Peston on Sunday (S) **10.55** Who's Doing the Dishes? (S)(R) **11.55** ITV News; Weather (S) **12.00** The Voice UK The Battle phase begins. (S)(R) **2.00** Live Six Nations Rugby Union England v Italy (kick-off 3.00pm) (S) **5.30** ITV Regional News; Weather (S) **5.45** ITV News (S) **6.00** Unbelievable Moments Caught on Camera (S)

7.00 The Voice UK The second night of the Battles phase. (S)

9.00 The Good Karma Hospital A medical case becomes personal for Ram as he prepares to attend a wedding. (S)

10.00 ITV News; Weather (S)

10.20 Peston on Sunday Political magazine, presented by Robert Peston, with ITV News National Editor Allegra Stratton. (S)(R)

11.20 Premiership Rugby Union Mark Durden-Smith and David Flatman present action from the 16th round of fixtures. (S)

12.20 Phillip Schofield's South African Adventure (S)(R) **12.45** Jackpot247 **3.00** Chopping Block (S)(R) **3.50** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

Channel 4

DAYTIME **6.15** The King of Queens (S)(R) **7.05** Everybody Loves Raymond (S)(R) **8.25** Frasier (S)(R) **9.30** Sunday Brunch (S) **12.30** The Simpsons (S)(R) **2.00** George Clarke's Amazing Spaces (S)(R) **3.00** Location, Location, Location (S)(R) **4.00** Channel 4 News (S) **4.30 FILM** 101 Dalmatians (1996) (U) Disney comedy adventure remake, starring Glenn Close. (S) **6.30** The Jump (S)

8.00 Rivers with Jeremy Paxman New series. The presenter travels along England's greatest rivers. The first episode focuses on the Tweed. (S)

9.00 Homeland Keane is left on the sidelines, while Carrie's work starts to impact on her home life. (S)

10.00 Gogglebox The amateur critics share their opinions on what they have been watching during the week as the popular series returns for its ninth run. (S)(R)

11.00 FILM Clear and Present Danger (1994) (12) Action thriller, with Harrison Ford and Willem Dafoe. (S)

1.30 The Last Leg (S)(R) **2.30** Hoarder SOS (S)(R) **3.25** Phil Spencer: Secret Agent (S)(R) **4.20** Kirstie's Handmade Treasures (S)(R) **4.40** Four in a Bed (S)(R) **5.10** Fifteen to One (S)(R)

Channel 5

DAYTIME **10.10** Teenage Mutant Ninja Turtles (S)(R) **10.45** Football on 5: The Championship (S)(R) **11.40** Football on 5: Goal Rush (S)(R) **12.10** Inside Windsor Castle (S)(R) **1.10** Secrets of the National Trust with Alan Titchmarsh (S)(R) **2.10 FILM** No Reservations (2007) (PG) (S) **4.10 FILM** Bride Wars (2009) (12) (S) **5.55** 5 News Weekend (S) **6.00 FILM** The Fifth Element (1997) (PG) (S)

8.15 The EFL Cup Final Highlights: Football on 5 Manchester United v Southampton. (S)

9.00 FILM Olympus Has Fallen (2013) (15) Action thriller starring Gerard Butler and Aaron Eckhart. Includes 5 News Update at 10pm. (S)

11.15 FILM The Terminator (1984) (15) Sci-fi thriller, with Arnold Schwarzenegger and Linda Hamilton. (S)

1.15 SuperCasino **3.10** Secrets of the National Trust with Alan Titchmarsh (S)(R) **4.00** Witches: A Century of Murder (S)(R) **4.50** House Doctor (S)(R) **5.15** Nick's Quest (S)(R) **5.40** Angels of Jam (S)(R) **5.50** Roary the Racing Car (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

6.00 Emmerdale **8.30** The Voice UK **10.35** Coronation Street **1.00** 2Awesome: 2Awesome **1.10** 2Awesome: Guidance **1.45** 2Awesome: Fame High **2.05** 2Awesome: Third Wheel **2.30** 2Awesome: LA Story **2.50** The Hot Desk: Jonas Blue **3.05** FILM The Smurfs 2 (2013) (U) Fantasy comedy sequel, starring Hank Azaria. **4.05** FYI Daily **4.10** FILM The Smurfs 2 (2013) (U) Concluded. **6.10** Ant & Dec's Saturday Night Takeaway **6.45** FILM Kindergarten Cop (1990) (12) Comedy, starring Arnold Schwarzenegger. **7.45** FYI Daily **7.00** FILM Kindergarten Cop (1990) (12) Concluded. **9.00** Ibiza Weekender **10.00** Family Guy **11.30** American Dad **12.30** The Cleveland Show **1.25** Ibiza Weekender **2.10** Teleshopping **6.40** ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 On the Buses **6.25** Heartbeat **8.20** Murder, She Wrote **10.30** Inspector Morse **3.10** FILM Carry On Girls (1973) (PG) Comedy, starring Sid James. **4.10** FYI Daily **4.15** FILM Carry On Girls (1973) (PG) Concluded. **5.00** Agatha Christie's Marple **7.00** Midsomer Murders **9.00** Tonight at the London Palladium **10.00** Carry On Forever **12.05** FILM Carry On Cleo (1964) (PG) Comedy, starring Sid James. **12.10** FYI Daily **12.10** FILM Carry On Cleo (1964) (PG) Concluded. **1.00** Inspector Morse **2.50** May the Best House Win **4.30** On the Buses **5.30** ITV3 Nightscreen

BBC4 SKY 116 FV 9

7.00 Sound of Song **8.00** South Downs: England's Mountains Green **9.00** FILM Two Days, One Night (2014) (15) Premiere. Drama, starring Marion Cotillard. **10.30** FILM Hockney (2014) (15) Documentary about artist David Hockney. **12.10** Treasures of the Louvre **1.45** Order and Disorder with Jim Al-Khalili **2.45** South Downs: England's Mountains Green **3.45** Close

E4 SKY 136 FV 28

6.00 Rude(ish) Tube **6.20** How I Met Your Mother **7.05** Melissa & Joey **8.00** Hollyoaks **10.30** Coach Trip: Road to Marbs – Final Week **12.05** Coach Trip: Road to Marbs: Final Week **1.15** The Jump **2.00** The Goldbergs **4.25** The Big Bang Theory **6.55** FILM Men in Black 3 (2012) (PG) Sci-fi comedy sequel, starring Will Smith. **8.00** Marvel's Agents of SHIELD **10.00** FILM Red (2010) (12) A retired CIA agent survives an assassination attempt, and reunites his old hit squad to find out who wants them dead. Action thriller, starring Bruce Willis and Morgan Freeman. **12.15** Celebs Go Dating **3.10** Marvel's Agents of SHIELD **3.00** Hollyoaks

MORE4 SKY 138 FV 14

8.50 Coast vs Country **10.00** Building the Dream **11.00** Vet on the Hill **12.00** Come Dine with Me **2.40** Four in a Bed **5.20** Come Dine with Me **8.00** Nazi Megastructures. The Blitzkrieg tactics employed by German forces in the Second World War. **8.00** Father Ted **11.00** Small, Far Away: The World of Father Ted. A road trip originally made to mark the comedy's 15th anniversary. **12.10** 8 Out of 10 Cats Does Countdown **1.20** Father Ted **2.20** Nazi Megastructures **3.20** Food Unwrapped **3.00** Close

FILM4 SKY 315 FV 15

11.00 The Colditz Story (1954) (U) Second World War drama, starring John Mills. **1.00** Percy Jackson & the Lightning Thief (2010) (PG) Fantasy adventure, starring Logan Lerman. **3.15** Spy Kids 4: All the Time in the World (2011) (PG) Family adventure, starring Jessica Alba. **4.55** 12 Angry Men (1957) (U) Legal drama, starring Henry Fonda. **4.06** The Three Musketeers (2011) (12) Swashbuckling adventure, starring Logan Lerman. **5.00** GI Joe: Retaliation (2013) (12) Action adventure sequel, starring Dwayne Johnson. **11.10** Killing Them Softly (2012) (18) Crime thriller, starring Brad Pitt. **1.05** The Running Man (1987) (18) Sci-fi action adventure, starring Arnold Schwarzenegger. **3.05** Close

DAVE SKY 111 FV 12

7.00 The Best of Top Gear **8.50** Top Gear: Polar Challenge **5.50** Steve Austin's Broken Skull Challenge **10.50** Traffic Cops **12.50** Jay Leno's Garage **1.50** Top Gear **2.50** FILM Dragnet (1987) (PG) Spoof crime drama, starring Dan Aykroyd and Tom Hanks. **5.00** Red Bull Soapbox Race **6.00** The Best of Top Gear **8.00** Top Gear: Polar Challenge **9.00** Have I Got a Bit More News for You **10.00** Suits **11.00** Dave Gorman: Modern Life Is Goodish **12.00** Crackanory **12.30** Room 101 **1.10** Dave Gorman: Goodish Hits **2.10** The Last Man on Earth **2.40** Suits **3.20** Crackanory **4.00** Close

DRAMA SKY 158 FV 20

7.10 New Tricks **8.00** The Bill **12.00** Northanger Abbey **2.00** FILM Persuasion (1995) (U) Jane Austen romance, starring Amanda Root. **4.00** Catherine Cookson's Colour Blind **7.00** New Tricks **5.00** Silent Witness **11.10** Spooks **1.00** FILM Persuasion (1995) (U) Jane Austen romance, starring Amanda Root. **3.35** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

6.00 Hour of Power **7.00** Monkey Life **7.30** Futurama **9.00** Supergirl **10.00** Rugby's Funniest Moments **11.00** WWE Raw Hits **12.00** Futurama **2.00** Modern Family **3.00** The Simpsons **5.30** The Big Spell **6.30** The Simpsons **9.00** Hawaii Five-0 **10.00** NCIS: Los Angeles **12.00** MacGyver **12.00** The Force: Essex **1.00** Air Ambulance ER **2.00** Arrow **2.00** Police Force: Australia **5.10** Road Wars

SKY ATLANTIC SKY 108

6.00 The West Wing **11.00** Without a Trace **4.00** Blue Bloods **9.00** Follitude **10.00** Billions **11.10** True Detective **12.30** Marathon: The Patriots Day Bombing **2.45** The Wire **4.00** The Guest Wing

W SKY 109

8.15 Believe **7.10** Your Home in Their Hands **8.30** James Martin: Yorkshire's Finest **9.00** MasterChef USA **1.00** Traffic Cops **2.20** Doctor Who **4.00** My Family **6.00** Outnumbered **8.00** Honey I Bought the House **9.00** John Bishop: In Conversation with Lenny Henry **10.00** Sherlock **11.00** Code Black **1.00** Million Dollar Intern **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **7.50** One Foot in the Grave **8.30** To the Manor Born **11.10** Only Fools and Horses **9.10** Not Going Out **11.00** The Thick of It **12.20** Jimmy's Show **1.40** House of Fools **2.50** Jam **3.15** French and Saunders **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Premier League Highlights **10.00** The Sunday Supplement **12.00** Goals on Sunday **1.00** Live Nissan Super Sunday. Tottenham Hotspur v Stoke City (kick-off 1.30pm). **3.45** Live EFL Cup Final. Manchester United v Southampton (kick-off 4.30pm). **7.00** Haye v Bellew: The Gloves Are Off **7.30** Live La Liga Football. Villarreal v Real Madrid (kick-off 7.45pm) **10.00** Premier League Highlights **10.30** EFL Cup Final **11.30** Goals on Sunday **12.30** Premier League Highlights **1.00** EFL Cup Final **2.00** Goals on Sunday **3.00** Premier League Highlights **3.30** EFL Cup Final **4.30** Premier League Highlights **8.00** EFL Cup Final

Monday February 27th

BBC1

11.00 Heir Hunters (S) **11.45 Dom on the Spot** (S) **12.15 Bargain Hunt** (S) **1.00 BBC News at One; Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S)(R) **3.45 The Farmers Country Showdown** (S) **4.30 Flog It!** (S) **5.15 Pointless** (S) **6.00 BBC News at Six; Weather** (S) **6.30 BBC Regional News and Weather** (S)

7.00 The One Show Presented by Matt Baker and Michelle Ackerley. (S)

7.30 Inside Out; (S) BBC News; Regional News (S)

8.00 EastEnders Keegan tells Shakil he is going to get revenge on Bex for her recent actions. (S)

8.30 Life in Immigration Town – Panorama (S)

9.00 Catching the Abusers: A Crimewatch Special Jeremy Vine and Tina Daheley present an edition focusing on tackling child abuse. (S)

10.00 BBC News at Ten (S)

10.30 BBC Regional News and Weather (S)

10.45 Match of the Day 2 Mark Chapman presents highlights of the latest action. (S)

11.30 The Graham Norton Show Guests include Hugh Jackman and Patrick Stewart. (S)(R)

11.30 Granada/YTV The Super League Show (S)

12.20 Weather for the Week Ahead (S) **12.25** BBC News (S)

BBC2

6.00 Sign Zone: The Great Interior Design Challenge 9.00 Victoria Derbyshire 11.00 BBC Newsroom Live 12.00 Daily Politics 1.00 Women's Six Nations Highlights 1.30 Beat the Brain 2.00 Landward 2.30 Britain's Lost Routes with Griff Rhys Jones 3.30 Africa (S)(R) **4.25 A Place to Call Home** (S) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 Great Continental Railway Journeys** (S)

7.00 Antiques Road Trip Anita Manning and Raj Bisra compete in the challenge set out on a road trip to seek out bargains. (S)

8.00 University Challenge The quarter-final matches continue. (S)

8.30 Mary Berry Everyday New series. (S)

9.00 Meet the Lords New series. Documentary following life at the House of Lords. (S)

10.00 Cradle to Grave The world is changing for Spud as the docks face closure. (S)(R)

10.30 Newsnight (S)

11.10 Weather (S)

12.15 The Secrets of Your Food (S)(R)

12.15 Incredible Medicine: Dr Weston's Casebook (S)(R) **1.15** Sign Zone: Countryfile (S)(R) **2.10** Who Do You Think You Are? (S)(R) **3.10** Royal Recipes (S)(R) **3.55** This is BBC Two (S)

ITV

6.00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S) **3.00 The Home Game** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News; Weather** (S) **6.30 ITV Evening News; Weather** (S)

7.00 Emmerdale Laurel seeks solace in Marlon's arms. (S)

7.30 Coronation Street Anna tells Sally that Rosie is a drugs mule. (S)

8.00 The Kyle Files New series. Jeremy Kyle returns to tackle more high-profile issues, beginning with obesity. (S)

8.30 Coronation Street (S)

9.00 Broadchurch New series. DI Alec Hardy and DS Ellie Miller are called in to investigate a serious sexual assault. The return of the crime drama starring David Tennant. (S)

10.00 The Nightly Show with David Walliams New series. Topical monologue, studio games and celebrity guests. (S)

10.30 ITV News; Weather (S)

11.00 ITV Regional News; Weather (S)

11.35 The Cube "Hair coach" Natasha and fire-fighter Ben take part in a series of increasingly difficult skill trials. (S)(R)

12.15 The Nightly Show with David Walliams (S)(R) **12.40** Jackpot247 **3.00** The Jeremy Kyle Show (S)(R) **3.50** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

Channel 4

9.05 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S)(R) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

8.00 Inside Britain's Airports: Channel 4 Dispatches (S)

8.30 Food Unwrapped Matt Tebbutt learns why slicing onions makes people cry. (S)

9.00 999: What's Your Emergency? A look at the challenges facing Cheshire's police custody teams. (S)

10.00 The 2,000,000 Calorie Buffet Documentary about the growth in the number of all-you-can-eat restaurants offering limitless servings of food for a fixed price. (S)

11.00 Britain's Benefit Tenants One Manchester agent is caught between a struggling single mother and an impatient landlord. (S)(R)

12.05 Has Political Correctness Gone Mad? (S)(R) **1.00** Walking the Nile (S)(R) **1.55** Escape to the Wild (S)(R) **2.50** Lagos to London: Britain's New Super Rich (S)(R) **3.45** Building the Dream (S) **4.40** Four in a Bed (S)(R) **5.05 Phil Spencer: Secret Agent** (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 The Nightmare Neighbour Next Door** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.15** FILM **A Father's Denial (2016)** (PG) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 The Cars That Made Britain Great Jodie Kidd extols the virtues of the Jaguar E-Type. (S)(R) 5 News Update (S)

8.00 Ice Road Chaos: Winter Road Rescue Officers rush to an incident in which a car hangs precariously above a motorway. (S) 5 News Update (S)

9.00 The Railways That Built Britain with Chris Tarrant Chris examines the devastating impact of the Beeching report. Last in the series. (S)

10.00 FILM **From Paris with Love (2010)** (15) Premiere. Action thriller starring John Travolta. Includes 5 News at 11.00. (S)

11.50 FILM **War (2007)** (18) Martial arts thriller with Jet Li and Jason Statham. (S)

1.30 SuperCasino 3.30 The Week We Went Wild (S) **4.00** Tattoo Disasters UK (S)(R) **4.20** Tattoo Disasters UK (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Scientists (S)(R) **5.35** Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 118 FV 6
6.00 You've Been Framed Gold **6.25** Who's Doing the Dishes? **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.30** Psych **10.25** Scorpion **11.20** Who's Doing the Dishes? **12.25** Emmerdale **1.05** Coronation Street **2.00** The Ellen DeGeneres Show **2.00** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **8.00** Two and a Half Men **9.00** Family Guy **9.30** The Great Indoors **10.00** American Dad! **11.00** Family Guy **11.55** American Dad! **12.25** The Cleveland Show **1.25** The Great Indoors **1.50** Totally Bonkers Guinness World Records **2.10** Teleshopping **5.45** ITV2 Nightscreen

ITV3 SKY 119 FV 10
6.00 In Loving Memory **6.20** Heartbeat **7.30** Where the Heart Is **8.25** The Royal **9.30** Judge Judy **10.00** Inspector Morse **1.05** Heartbeat **2.25** The Royal **3.10** Where the Heart Is **4.20** In Loving Memory **4.00** Doctor at Large **5.10** On the Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Foyle's War **11.00** Prime Suspect V **1.05** The Knock

BBC4 SKY 116 FV 9
7.00 100 Days: Weather **7.20** Real History of Britain **8.00** The Big Painting Challenge **8.00** Britain's Pompeii: A Village Lost in Time **10.00** Dan Cruickshank and the Family That Built Gothic Britain **11.00** Born Too White **11.00** Oceans **1.00** Art of China **2.00** Timeshift: The People's Liners **1** Britain's Lost Pleasure Fleets **3.00** Dan Cruickshank and the Family That Built Gothic Britain **4.00** Close

E4 SKY 136 FV 28
6.00 Rude(ish) Tube Shorts **6.10** Made in Chelsea: South of France **7.00** Couch Trip: Road to Marbs **7.30** Hollyoaks **8.00** Rude(ish) Tube **9.00** Rules of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** FILM Mission: Impossible (1996) (PG) **10.00** Celebs Go Dating **11.05** First Dates Abroad **12.10** The Big Bang Theory **1.05** Celebs Go Dating **2.10** Celebrity First Dates **3.05** First Dates Abroad **3.05** Rules of Engagement **4.40** Charmed

MORE4 SKY 138 FV 14
8.50 Car SOS **8.55** Come Dine with Me **12.30** A Place in the Sun: Winter Sun **2.40** Time Team **4.45** Great Canal Journeys **5.50** Car SOS **6.00** The Supervet **7.55** Grand Designs **9.00** Vet on the Hill **10.00** 24 Hours in A&E **12.05** Ramsay's Kitchen Nightmares USA **1.00** Vet on the Hill **2.10** 24 Hours in A&E **3.10** 8 Out of 10 Cats: Best Bits **3.50** Close

FILM4 SKY 315 FV 15
11.00 Hell Below Zero (1954) (U) **12.40** The Great Sioux Uprising (1953) (U) **2.30** The Tall T (1957) (PG) **4.10** Stagecoach (1966) (PG) **6.35** Hugo (2011) (U) **9.00** As Above, So Below (2014) (15) **10.00** Frey A (2010) (15) **11.40** The Last Exorcism Part II (2013) (15) **2.25** Of Horses and Men (2013) (18) **4.00** Close

DAVE SKY 111 FV 12
7.10 Ice Road Truckers **6.10** American Pickers **8.00** Storage Hunters **10.00** American Pickers **12.00** The Best of Top Gear **1.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Room 101 **5.20** Mock the Week **10.00** QI XL **11.00** Mock the Week **12.20** Room 101 **1.00** 8 Out of 10 Cats **1.30** The Last Man on Earth **2.00** Suits **2.55** Mock the Week **3.30** Hoff the Record

DRAMA SKY 158 FV 20
7.10 Hetty Wainthropp Investigates **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **6.40** Last of the Summer Wine **7.20** As Time Goes By **8.40** Judge John Deed **10.00** New Tricks **11.10** Sharpe **1.10** Boon **2.10** What Remains **3.20** Birds of a Feather **4.00** Home Shopping

SKY1 SKY 106
6.00 Hawaii Five-0 **8.00** Monkey Life **9.00** Police Force Australia **10.00** Nothing to Declare **11.00** A Town Called Eureka **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **6.30** Futurama **6.30** The Simpsons **8.00** FILM Star Wars: Episode II – Attack of the Clones (2002) (PG) **10.40** The Blacklist **11.40** The Force: Manchester **12.45** Most Daring **1.40** Stop, Search, Seize **3.40** RSPCA Animal Rescue **5.30** Futurama

SKY ATLANTIC SKY 108
6.00 Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Networks of Power with Sir Christopher Meyer **3.00** The West Wing **6.00** House **8.00** Without a Trace **8.00** Blue Bloods **9.00** Alan Partridge's Mid Morning Matters **10.00** Girls **10.30** Last Week Tonight with John Oliver **11.10** Real Time with Bill Maher **12.20** The Kettering Incident **2.40** Girls **3.20** Looking **4.00** Richard E Grant's Hotel Secrets **5.00** The British

W SKY 109
6.10 Believe **7.00** MasterChef USA **8.00** My Dream Home **9.00** Wanted Down Under **10.00** The Bill **11.00** Celebrity Tipping Point **11.00** Tipping Point **1.00** Motorway Cops **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **6.00** Extreme Makeover: Home Edition **8.00** Celebrity Tipping Point **7.00** Supernanny **8.00** Honey I Bought the House **9.00** Europe's Dirty Drugs Secret: Stacey Dooley Investigates **10.00** EastEnders **10.40** Absolutely Fabulous **11.20** The Call Centre **12.20** EastEnders **1.00** Million Dollar Intern **1.00** Best in Town

GOLD SKY 110
7.00 Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Only Fools and Horses **11.40** My Family **1.20** Keeping Up Appearances **2.40** The Brittas Empire **4.00** Last of the Summer Wine **6.00** My Family **5.40** Keeping Up Appearances **8.00** Gavin & Stacey **8.20** The Royle Family **11.20** Gimme Gimme Gimme **12.00** Peep Show **1.10** The Royle Family **2.20** Shooting Stars **3.20** The Royle Family **4.00** Home Shopping

SKY SPORTS 1 SKY 401
6.00 Football Gold **7.00** WWE Raw Hits **8.00** Goals on Sunday **9.00** Premier League Years **11.00** Football's Greatest Teams **11.30** EFL Cup Final **12.30** Premier League Highlights **1.00** Haye v Bellew: The Gloves Are Off **1.30** Football's Greatest Teams **2.00** Premier League Legends **2.30** Haye v Bellew: The Gloves Are Off **3.00** EFL Cup Final **4.00** Premier League Highlights **4.30** EFL Cup Final **5.30** Premier League Highlights **6.00** Soccer AM: The Best Bits **6.30** Haye v Bellew: The Gloves Are Off **7.00** Live Monday Night Football **11.00** Haye v Bellew: Behind the Ropes Part One **11.30** Scottish Football Round-Up **11.00** Monday Night Football: Pre-Match **1.00** Monday Night Football **1.30** Haye v Bellew: Behind the Ropes Part One **2.00** Scottish Football Round-Up

Tuesday February 28th

BBC1

DAYTIME

11.00 Heir Hunters (S) **11.45 Dom on the Spot** (S) **12.15 Bargain Hunt** (S)(R) **1.00 BBC News at One; Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S)(R) **3.45 The Farmers' Country Showdown** (S) **4.30 Flog It!** (S)(R) **5.15 Pointless** (S) **6.00 BBC News at Six; Weather** (S) **6.30 BBC Regional News and Weather** (S)

7
7.00 **The One Show** (S)
7.30 **EastEnders** Jane puts her foot down and calls the doctor for an appointment for Ian. (S) BBC News; Regional News (S)

8
8.00 **Holby City** Raf enthusiastically makes plans for the future with Kim and the twins he is to be a father of. (S)

9
9.00 **The Replacement** New series. A woman gets pregnant after landing a big contract for her firm of architects, but her stand-in soon starts to threaten her position. (S)

10
10.00 **BBC News at Ten** (S)
10.30 **BBC Regional News and Weather** (S) National Lottery Update (S)
10.45 **Imagine – Maya Angelou: And Still I Rise** (S)

AFTER 12
12.20 **Who Do You Think You Are?** (S)(R) **1.20** Weather for the Week Ahead (S) **1.25** BBC News (S)

BBC2

DAYTIME

9.00 Victoria Derbyshire (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 The Super League Show** (S) **1.50 Countryfile** (S)(R) **2.00 Building Dream Homes** (S)(R) **2.30 Britain's Lost Routes with Griff Rhys Jones** (S)(R) **3.25 Africa** (S)(R) **4.25 A Place to Call Home** (S) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 Great Continental Railway Journeys** (S)

7
7.00 **Antiques Road Trip** Anita Manning breaks from shopping to visit a former silk mill with a royal connection. (S)

8
8.00 **Further Back in Time for Dinner** The Robshaw family reflect on their time travels. Last in the series. (S)

9
9.00 **1066: A Year to Conquer England** New series. Dan Snow explores events leading up to the Battle of Hastings. (S)

10
10.00 **Inside No 9** A woman and a professor commence a battle of wits to solve a puzzle. (S)
10.30 **Newsnight** (S)

11
11.10 **Weather** (S)
11.15 **Special Forces – Ultimate Hell Week** The remaining recruits are trained for an elite tactical unit of the French police. (S)(R)

AFTER 12
12.15 **Sign Zone: Our Dancing Town** (S)(R) **1.15** The Big Painting Challenge (S)(R) **2.15** This is BBC Two (S)

ITV

DAYTIME

6.00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S) **3.00 The Home Game** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News; Weather** (S) **6.30 ITV Evening News; Weather** (S)

7
7.00 **Emmerdale** (S)
7.30 **Britain's Busiest Motorway** Traffic officers are sent to deal with a 50-ton crane which has exploded. (S)

8
8.00 **The Secret Chef** New series. Cooking show narrated by Mel Giedroyc. (S)

9
9.00 **Play to the Whistle** New series. Holly Willoughby hosts the sports-based panel show with guests including Frank Lampard, Bradley Walsh, John Terry, Jonnie Peacock and Rachel Riley. (S)

10
10.00 **The Nightly Show with David Walliams** Entertainment show (S)
10.30 **ITV News; Weather** (S)

11
11.00 **ITV Regional News; Weather** (S)
11.15 **Unbelievable Moments Caught on Camera** (S)(R)

AFTER 12
12.15 **The Nightly Show with David Walliams** (S)(R) **12.40** Jackpot247 **3.00** Loose Women (R) **3.50** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

Channel 4

DAYTIME

9.05 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S)(R) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7
7.00 **Channel 4 News** (S)

8
8.00 **The Secret Life of the Zoo** New series. Cameras follow animals at Chester Zoo. (S)

9
9.00 **24 Hours in A&E** Staff and patients at St George's talk about the importance of family supper. (S)

10
10.00 **Catastrophe** New series. Return of the comedy starring Sharon Horgan and Rob Delaney. (S)
10.35 **This Is Us** Jack and Rebecca agree to throw Kate, Kevin and Randall birthday parties. (S)

11
11.30 **Gogglebox** The nation's favourite armchair critics share their opinions on what they have been watching during the week. (S)(R)

AFTER 12
12.35 **Ramsay's Kitchen Nightmares USA** (S)(R) **1.25** KOTV Boxing Weekly (S) **1.55** Gillette World Sport (S) **2.25** Mobil 1 The Grid (S)(R) **2.40** 0 to 60mph: Britain's Fastest Kids (S)(R) **3.40** Kirstie's Fill Your House for Free (S)(R) **4.10** Building the Dream (S)

Channel 5

DAYTIME

6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 The Nightmare Neighbour Next Door** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS: Los Angeles** (S)(R) **3.15** FILM **Dear Diary, I Died (2016) (PG)** (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7
7.00 **Ice Road Chaos: Winter Road Rescue** Officers rush to a incident in which a car hangs precariously above a motorway. (S)(R) 5 News Update (S)

8
8.00 **Inside Windsor Castle** A look back at events that shaped the monarchy between 1952 and 1972. (S) 5 News Update (S)

9
9.00 **Secrets of the National Trust with Alan Titchmarsh** The presenter visits an 18th-century cotton mill in Cheshire. (S)

10
10.00 **Shannon Matthews: What Happened Next** Documentary examining Shannon Matthews's kidnapping. (S)

11
11.05 **Ian Brady: 50 Years Behind Bars** Documentary examining the killer's 50 years in prison. (S)(R)

AFTER 12
12.05 **When Kids Kill: Catfish Killer** (S) **1.00** SuperCasino **3.10** GPs: Behind Closed Doors (S)(R) **4.00** Tattoo Disasters UK (S)(R) **4.20** Tattoo Disasters UK (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Scientists (S)(R) **5.35** Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

6.00 You've Been Framed! Gold **6.25** Who's Doing the Dishes? **7.10** The Ellen DeGeneres Show **9.00** Emmerdale **9.30** Coronation Street **9.35** Psych **10.25** Scorpion **11.25** Who's Doing the Dishes? **12.25** Emmerdale **12.55** Coronation Street **2.00** The Ellen DeGeneres Show **2.30** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** You've Been Framed! Gold Strikes Back! **8.00** Two and a Half Men **9.00** Hell's Kitchen USA **10.00** Plebs **10.30** Family Guy **11.30** American Dad! **12.30** Two and a Half Men **1.25** Release the Hounds: Famous & Freaked **2.20** Teleshopping **5.50** ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 In Loving Memory **6.25** Heartbeat **7.30** Where the Heart Is **8.25** The Royal **9.30** Judge Judy **10.40** Inspector Morse **1.00** Heartbeat **2.10** The Royal **3.15** Where the Heart Is **4.20** In Loving Memory **4.55** Doctor at Large **5.25** On the Buses **6.55** Heartbeat **7.00** Murder, She Wrote **8.00** Midsomer Murders **10.00** Wycliffe **11.10** Prime Suspect VI **1.20** The Knock **2.15** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days; Weather **7.30** Weird Nature **8.00** Planet Earth II **9.00** The Secret Science of Pop **10.00** The Richest Songs in the World **11.30** Indian Hill Railways **12.30** What a Performance! Pioneers of Popular Entertainment **1.30** The Real Tom Thumb: History's Smallest Superstar **3.00** Planet Earth II **6.00** Close

E4 SKY 136 FV 28

6.00 Rude(ish) Tube Shorts **6.10** Made in Chelsea: South of France **7.00** Game of Clones **7.00** Hollyoaks **9.00** Rude(ish) Tube **9.00** Rules of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **3.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** The Goldbergs **8.30** Hack-ish **9.00** Tattoo Fixers **10.00** Celebs Go Dating **11.05** Naked Attraction **12.10** The Big Bang Theory **1.10** Celebs Go Dating **2.10** Celebrity First Dates **3.00** Tattoo Fixers **3.55** The Goldbergs **4.15** Hack-ish **4.40** Charmed

MORE4 SKY 138 FV 14

9.35 Car SOS **9.55** Come Dine with Me **12.35** A Place in the Sun: Winter Sun **2.45** Time Team **4.55** Grand Designs Australia **6.00** Car SOS **6.55** The Supervet **7.00** Grand Designs **9.00** Building the Dream **10.00** Obsessive Compulsive Cleaners **11.10** 8 Out of 10 Cats Does Countdown **12.15** My Big Fat Gypsy Wedding **1.20** Building the Dream **2.20** Obsessive Compulsive Cleaners **3.25** Food Unwrapped **3.50** Close

FILM4 SKY 315 FV 15

11.00 Great Expectations (1946) (PG) **1.20** Decision at Sundown (1957) (U) **2.30** Night Passage (1957) (U) **4.45** Sink the Bismarck! (1960) (U) **6.50** The Other Boleyn Girl (2008) (12) **9.00** X-Men (2000) (12) **11.05** Predators (2010) (15) **1.10** Gerry (2002) (15)

DAVE SKY 111 FV 12

7.10 Ice Road Truckers **8.10** American Pickers **9.00** Storage Hunters UK **9.30** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Scrappers **8.30** Bin There Dump That **9.00** QI XL **10.00** Alan Davies: As Yet Untitled **11.00** Mock the Week **12.20** QI **1.00** Alan Davies: As Yet Untitled **2.00** The Last Man on Earth **2.30** Suits **3.20** Hoff the Record **4.00** Close

DRAMA SKY 158 FV 20

7.10 The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **6.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** The Inspector Lynley Mysteries **10.00** New Tricks **11.10** Sharpe **1.10** Boon **2.05** What Remains **3.10** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

6.00 Hawaii Five-0 **7.00** Road Wars **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.00** Supergirl **9.00** The Flash **10.00** Hawaii Five-0 **11.00** Air Ambulance ER **12.00** The Force: Manchester **1.00** Most Daring **2.00** Stop, Search, Seize **3.00** Hawaii Five-0 **4.00** RSPCA Animal Rescue **5.30** Futurama

SKY ATLANTIC SKY 108

6.00 Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Networks of Power with Sir Christopher Meyer **3.00** The West Wing **5.00** House **6.00** Without a Trace **8.00** Blue Bloods **9.00** Billions **10.10** Crashing **10.40** Becoming Warren Buffett **12.30** Billions **1.40** Blue Bloods **2.40** The Wire **4.00** Richard E Grant's Hotel Secrets **5.00** The British

W SKY 109

6.10 Wild Things with Dominic Monaghan **7.00** MasterChef USA **8.00** My Dream Home **9.00** Wanted Down Under **10.00** The Bill **11.00** Celebrity Tipping Point **12.00** Tipping Point **1.00** Traffic Cops **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Celebrity Tipping Point **7.00** Supernanny **8.00** MasterChef USA **9.00** Grimm **10.00** EastEnders **10.40** Absolutely Fabulous **11.20** The Call Centre **12.20** EastEnders **1.00** Best in Town **2.40** Betty White's Off Their Rockers **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **8.00** The Green Green Grass **8.40** The Brittas Empire **10.00** As Time Goes By **10.40** Last of the Summer Wine **12.00** My Family **1.20** Keeping Up Appearances **2.40** The Brittas Empire **4.00** Last of the Summer Wine **5.00** My Family **6.00** Keeping Up Appearances **8.00** Only Fools and Horses **10.00** Fawlty Towers **11.30** French and Saunders **12.10** Peep Show **1.10** French and Saunders **2.30** Shooting Stars **3.30** French and Saunders **4.00** Home Shopping

SKY SPORTS 1 SKY 401

6.00 Football Gold **7.00** WWF Smackdown Hits **8.00** Monday Night Football: Pre-Match **9.00** Monday Night Football **9.30** Soccer AM: The Best Bits **10.00** Premier League Legends **11.00** Football Gold **11.00** Monday Night Football **4.00** Monday Night Football: Pre-Match **5.00** Monday Night Football **6.30** Haye v Bellew: Behind the Ropes Part One **6.00** Premier League Review **7.00** Haye v Bellew: Behind the Ropes Part Two **7.30** Live EFL **10.00** Haye v Bellew: Behind the Ropes Part Two **10.30** Sky Sports Boxing Gold **11.00** Haye v Bellew: Behind the Ropes Part One **11.30** Haye v Bellew: Behind the Ropes Part Two **12.00** Premier League Review **1.00** Scottish Football Round-Up **1.15** La Liga World **1.45** Scottish Football Round-Up **2.00** Premier League Years **4.00** Premier League 100 Club **5.00** Premier League Legends

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Wednesday March 1st

BBC1

DAYTIME

In the event of live football being shown, the following schedule is subject to change. **1.30 BBC Regional News** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S) **3.45 The Farmers' Country Showdown** (S) **4.30 Flog It!** (S) **5.15 Pointless** (S) **6.00 BBC News at Six** (S) **6.30 BBC Regional News and Weather** (S) **6.55 Party Political Broadcast** (S)

7 7.00 **The One Show** Matt Baker presents the live magazine show. (S) BBC News; Regional News (S)

8 8.00 **Who Do You Think You Are?** Sophie Raworth discovers inspiring tales of her ancestors. Last in the series. (S)

9 9.00 **The Real Marigold Hotel** Amanda and Rustie meet a bride-to-be who invites the whole group to her Hindu wedding. (S)

10 10.00 **BBC News at Ten** (S)
10.30 **BBC Regional News and Weather** (S) National Lottery Update (S)
10.45 **Peter Kay's Car Share** (S)(R)

11 11.15 **Film 2017** Charlie Brooker reviews the X-Men blockbuster Logan. (S)
11.45 **The Big Painting Challenge** (S)(R)

AFTER 12 12.45 **Weather for the Week Ahead** (S) **12.50 BBC News** (S)

BBC2

9.00 Victoria Derbyshire (S) **11.00 BBC Newsroom Live** (S) **11.30 Daily Politics** (S) **1.00 Cash in the Attic** (S)(R) **1.30 Beat the Brain** (S)(R) **2.00 Building Dream Homes** (S)(R) **2.30 Channel Patrol** (S)(R) **3.15 Britain's Lost Routes with Griff Rhys Jones** (S)(R) **4.15 Africa** (S)(R) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 Great Continental Railway Journeys** (S)

7.00 **Antiques Road Trip** Anita Manning and Raj Bisram conclude their trip across the South East of England. (S)

8.00 **The House That £100K Built** Retired couple Derek and Christine from Huddersfield attempt to build their first house from scratch. (S)

9.00 **Incredible Medicine: Dr Weston's Casebook** Surgeon Gabriel Weston investigates the human body's ability to adapt for survival. (S)

10.00 **Mock the Week** With Loyiso Gola, Milton Jones, Miles Jupp, Ellie Taylor and Josh Widdicombe. (S)(R)
10.30 **Newsnight** (S)

11.10 **Weather** (S)
12.15 **Dragons' Den** The panel assess the profit making potential of a Welsh delicacy. With Evan Davis. Last in the series. (S)(R)

12.15 **1066: A Year to Conquer England** (S)(R) **1.15 Sign Zone: See Hear** (S)(R) **1.45 Trust Me, I'm a Doctor** (S)(R) **2.45 Royal Recipes** (S)(R) **3.30 This Is BBC Two** (S)

ITV

6.30 Lorraine (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S) **3.00 The Home Game** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News** Weather (S) **6.25 Party Political Broadcast** (S)(R) **6.30 ITV Evening News;** Weather (S)

7.00 **Emmerdale** Rakesh is held hostage. (S)
7.30 **Coronation Street** Chesney decides to sell Sinead's belongings. (S)

8.00 **Little Big Shots** New series. Dawn French hosts a variety show featuring some of the world's most talented children. (S)

9.00 **Benidorm** New series. The comedy returns as the Dawsons' holiday starts with a bang when Eddie has an accident and an old inheritance puts a smile on Kenneth's face. (S)

10.00 **The Nightly Show with David Walliams** A lively mix of stand-up and celebrity guests. (S)
10.30 **ITV News,** Weather (S)

11.00 **ITV Regional News**: Weather (S)
11.15 **Robson Crusoe: A Surprising Adventure** (S)(R)

12.15 **The Nightly Show with David Walliams** (S)(R) **12.40 Jackpot247 3.00** 1000 Heartbeats (S)(R) **3.50 ITV Nightscreen 5.05** The Jeremy Kyle Show (S)(R)

Channel 4

9.05 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S)(R) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 **Channel 4 News** (S)

8.00 **Location, Location, Location** Phil Spencer catches up with two sets of family planners. (S)

9.00 **The Royal House of Windsor** This second episode reveals how Elizabeth and her father George VI kept up appearances while crises loomed on every front. (S)

10.00 **Under Lock and Key** A special programme telling the stories of families whose loved ones are locked away in hospitals. (S)

11.00 **999: What's Your Emergency?** A look at the challenges facing Cheshire's police custody teams. (S)(R)

12.05 **The 2,000,000 Calorie Buffet** (S)(R) **1.00** FILM **The Insider** (1999) (15) Fact-based drama, starring Al Pacino and Russell Crowe. (S) **3.40** Phil Spencer: Secret Agent (S)(R) **4.35** Four in a Bed (S)(R) **5.05** Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 The Great British Benefits Handout** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.15** FILM **Fatal Honeymoon** (2012) (12) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 **Sinkholes: Buried Alive** The underlying forces behind sinkholes, which can occur gradually. (S)(R) 5 News Update (S)

8.00 **GPs: Behind Closed Doors** A young man suffering from acne visits the surgery hoping to start a new form of treatment. (S) 5 News Update (S)

9.00 **Climbing the Property Ladder** A young woman decides to take on the challenge of renovating a property in the South Wales Valleys. (S)

10.00 **Can't Pay? We'll Take It Away** Paul and Steve face a moral dilemma in south London, when they find out the tenant they have been instructed to evict is on his way to a funeral. (S)(R)

11.05 **Nightmare Tenants, Slum Landlords** A landlady gets a shock when she finally gains access to her property. (S)(R)

12.05 **Benefits Britain: Life on the Dole** (S)(R) **1.00** SuperCasino **3.10** Celebrity Carry on Barging (S)(R) **4.00** Tattoo Disasters UK (S)(R) **4.20** Tattoo Disasters UK (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Scientists (S)(R) **5.35** Wildlife SOS (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6
6.00 You've Been Framed! Gold **6.25** Who's Doing the Dishes? **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** You've Been Framed! Gold Full Throttle **9.30** Psych **10.15** Scorpion **11.25** Who's Doing the Dishes? **12.25** Emmerdale **12.00** You've Been Framed! Gold Strikes Back! **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **8.00** Two and a Half Men **6.00** Through the Keyhole **10.00** Plebs **10.30** Family Guy **11.30** American Dad! **12.35** Two and a Half Men **1.30** Totally Bonkers Guinness World Records **2.30** Teleshopping

ITV3 SKY 119 FV 10
6.00 In Loving Memory **6.20** Heartbeat **7.25** Where the Heart Is **8.25** The Royal **9.25** Judge Judy **10.50** Inspector Morse **1.00** Heartbeat **2.05** The Royal **3.10** Where the Heart Is **4.15** In Loving Memory **4.50** Doctor at Large **5.20** On the Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Lewis **10.00** Wycliffe **11.05** Prime Suspect VI **1.10** The Knock **2.30** Teleshopping

BBC4 SKY 116 FV 9
7.00 100 Days: Weather **7.30** Real History of Britain **8.00** Jet: When Britain Ruled the Skies **9.00** Ronbots **10.25** Wild China **11.25** Imagine: Dame Shirley Bassey: The Girl from Tiger Bay **12.25** Archaeology: A Secret History **1.25** Treasures of Ancient Egypt **2.25** Wild China **3.20** Britain on Film: Animal Magic **3.50** Close

E4 SKY 136 FV 28
6.00 Rude(ish) Tube Shorts **6.10** Made in Chelsea **7.00** Game of Clones **7.30** Hollyoaks **8.00** Rude(ish) Tube **9.00** Rules of Engagement **10.00** Baby Daddy **11.00** Charmed **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **6.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** The Big Bang Theory **9.00** Timeless **10.00** Celebs Go Dating **11.05** Supernatural **12.05** The Big Bang Theory **1.00** Celebs Go Dating **2.05** Celebrity First Dates **2.55** Supernatural **3.00** Timeless **4.25** Rules of Engagement **4.45** Charmed

MORE4 SKY 138 FV 14
4.50 Car SOS **9.55** Come Dine with Me **11.30** A Place in the Sun: Winter Sun **2.45** Time Team **3.50** Brunel's Last Launch: A Time Team Special **4.05** Great Canal Journeys **5.00** Car SOS **6.00** The Supervet **7.00** Grand Designs **9.00** Car SOS **10.00** 8 Out of 10 Cats Does Countdown **12.05** Ramsay's Kitchen Nightmares USA **1.05** Car SOS **2.00** 8 Out of 10 Cats Does Countdown **3.10** 8 Out of 10 Cats Jubilee Special **3.00** Close

FILM4 SKY 315 FV 15
11.00 Prince Valiant (1954) (U) **1.05** Winchester '73 (1950) (U) **2.55** Doctor in Distress (1963) (PG) **5.05** The Gunfighter (1950) (U) **6.50** The Secret Life of Bees (2008) (12) **9.00** Escape Plan (2013) (15) **11.10** A Time to Kill (1996) (15) Courtroom drama, with Samuel L Jackson and Matthew McConaughey. **2.10** Deuce Bigalow: Male Gigolo (1999) (15) **4.00** Close

DAVE SKY 111 FV 12
7.10 Ice Road Truckers **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Jay Leno's Garage **9.00** Have I Got a Bit More News for You **10.00** Unspun with Matt Forde **11.00** Mock the Week **12.20** QI **1.00** Unspun with Matt Forde **2.00** The Last Man on Earth **2.30** Suits **3.15** Hoff the Record **6.00** Close

DRAMA SKY 158 FV 20
7.10 The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **6.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** Dalziel & Pascoe **10.00** New Tricks **11.10** Sharpe **1.10** Boon **2.10** Citizen Smith **3.20** Birds of a Feather **4.00** Home Shopping

SKY1 SKY 106
6.00 Hawaii Five-0 **7.00** Road Wars **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing to Declare **11.00** A Town Called Eureka **11.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **6.30** Futurama **6.30** The Simpsons **8.00** MacGyver **9.00** The Blacklist **10.00** NCIS: Los Angeles **11.00** The Force: Manchester **1.00** Most Daring **2.00** Stop, Search, Seize **3.00** Hawaii Five-0 **4.00** RSPCA Animal Rescue **5.30** Futurama

SKY ATLANTIC SKY 108
6.00 Richard E Grant's Hotel Secrets **7.00** The British **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Networks of Power with Sir Christopher Meyer **3.00** The West Wing **6.00** House **8.00** Without a Trace **9.00** Blue Bloods **10.00** The Kettering Incident **12.20** Thought Crimes: The Case of The Cannibal Cop **2.00** Fortitude **3.00** The Wire **4.10** Richard E Grant's Hotel Secrets **5.00** The British

W SKY 109
6.10 Wild Things with Dominic Monaghan **7.00** MasterChef USA **8.00** My Dream Home **9.00** Extreme Makeover: Home Edition **10.00** The Bill **11.00** Tipping Point **1.00** Traffic Cops **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **6.00** Extreme Makeover: Home Edition **6.00** Tipping Point **7.00** Supernanny **8.00** MasterChef USA **9.00** Code Black **10.00** Louis Theroux: Transgender Kids **11.20** Absolutely Fabulous **12.00** Nev's Indian Call Centre **1.00** Best in Town **2.40** Betty White's Off Their Rockers **3.00** Home Shopping

GOLD SKY 110
7.00 Cheers **8.00** The Green Green Grass **8.40** The British Empire **10.00** As Time Goes By **10.40** Last of the Summer Wine **11.40** My Family **1.20** Keeping Up Appearances **2.40** The British Empire **4.00** Last of the Summer Wine **6.00** My Family **6.40** Keeping Up Appearances **7.20** Only Fools and Horses **8.00** Brothers **9.40** Mosley's Ghosts **9.20** The Rebel **10.00** Not Going Out **11.20** Prep Show **1.00** Getting On **2.15** Shooting Stars **4.00** Home Shopping

SKY SPORTS 1 SKY 401
6.00 Football League Gold **6.10** Football Gold **7.00** WWE Experience **9.00** Sky Sports Boxing Gold **10.00** Live ATP Tennis. **2.00** Sky Sports Boxing Gold **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Football's Greatest Players **4.30** Sky Sports Boxing Gold **0.30** Haye v Bellew: Behind the Ropes Part One **6.00** Haye v Bellew: Behind the Ropes Part Two **6.30** Haye v Bellew: The Knockouts **7.00** Premier League World **7.30** Live SPFL Football. Inverness Caledonian Thistle v Celtic (kick-off 7.45pm). **10.00** Haye v Bellew: The Knockouts **10.30** Premier League World **11.00** Haye v Bellew: Behind the Ropes Part One **11.30** Haye v Bellew: Behind the Ropes Part Two **12.00** Premier League World **11.30** Football's Greatest Players **1.00** Premier League Legends **2.00** Premier League Years **4.00** Premier League 100 Club **5.00** Premier League Legends **5.30** Spanish Football Gold

Business

Contact Alex Iszatt with your business news and stories at alex@theoxfordpaper.co.uk

It's full steam ahead for new retail site at heart of Great Western Park

An image of the retail units at Great Western Park and below, work in progress

CONSTRUCTION work for the much needed District Centre at Great Western Park, Didcot is on track and despite uncertainties in the economic climate seen in 2016 a staggering 60% of the retail units are already under offer or legally committed.

The District Centre, which is situated at the heart of Great Western Park is taking shape with the steel work already coming out of the ground and the developers are confident that occupiers will be able to take the keys and start fitting out units in late Summer this year.

As previously reported, supermarket giant ASDA has already confirmed it will be taking an 11 000 sq ft store at the centre and now a further six occupiers have decided to commit to the scheme.

Details of the tenants' identities cannot be revealed at this stage, but they do include a national pharmacist, a national takeaway operator, a regional dental practice, a regional vets practice, a regional barbers and a regional estate agency.

Robert Beatson from Bidwells, agent for the scheme, said: "The fact we only have 4 units remaining at this stage shows how keen retailers are to move to this exciting new development.

"Although we can't reveal who is coming into the scheme, we can say it is going to be great news for the local residents and we want to reiterate that we have been careful to establish a good mix of uses for the scheme, thereby ensuring the needs of the local community are adequately met.

"The remaining units would be ideal for many uses including café operators, florists, opticians, health and beauty, clothing, although we will of course consider all types of retailer."

A total of 20 apartments are also in the process of being built. These will be a mix of 1 bed and 2 bed units in two separate blocks.

The sales will be handled by Breckon & Breckon estate agents from their Abingdon office.

Sales manager Mr Andrew Topping said: "The apartments are a good size and will undoubtedly attract interest from owner occupiers and investors alike.

"Based on our projected rental values there is potential to achieve a gross yield in the region of 6%. The apartments will be available from September and reservations are being taken now."

The District Centre is situated at the heart of Great Western Park and will serve the large scale housing development of 3 300 homes as well as serving the adjacent Valley Park site, which has a strategic allocation of 2 550 homes.

Didcot is undergoing a huge wave of new development and expansion and other new facilities at Great Western Park include a secondary school and University Technical College, plus a primary school, public house, community centre and children's day nursery.

The remaining retail units at the District Centre will be available for occupation from September and are suitable for A1, A2, A3 and A5 users, but other uses could be considered subject to planning. They are available by way of pre-lease agreement.

The scheme is being developed by Henry Davidson Developments (HDDL) Didcot Ltd, a subsidiary of U+I Plc.

Richard Croft, Director of Henry Davidson Developments added: "We are delighted that everything is on track to deliver this much needed mixed-use development. It's great to see it all taking shape and knowing that shortly it will be providing a wide range of services for the growing population of Great Western Park and surrounds."

Oxford law firm sponsors women's rights talk

Women's rights will take centre stage for an evening of talks sponsored by leading Oxford law firm Blake Morgan.

The firm is helping to host the evening at Oxford's Mansfield College on Thursday February 23 which will include a speech from Helena Kennedy, one of Britain's most distinguished lawyers and a well-known advocate for social justice.

The talk is part of the firm's association with Lawyers Against Poverty, a groundbreaking scheme that aims to fight against social injustice.

Several Blake Morgan lawyers have joined the scheme which is run by Oxford-based Oxfam and supports legal projects to give the poorest people in the world access in justice and greater knowledge of their rights.

The group has organised a series of seminars in Oxford to discuss the most important legal issues for poor people in the developing world. The women's rights talk is the next important event.

Helping to organise the event is Louise Lewis, a wills and tax specialist solicitor based at Blake Morgan's Oxford office.

Louise, who leads the Oxford branch of Lawyers Against Poverty said: "Blake Morgan is very proud to be sponsoring the talks at this prestigious college and to be welcoming one of the country's most prominent advocates for social justice.

> *"We still live in a world where women are not treated equally and are often exploited, particularly in developing countries"*
> *Solicitor Louise Lewis*

"Every woman has the right to a standard of living that is adequate for health and well-being.

"Unfortunately we still live in a world where women are not treated equally and are often exploited, particularly in developing countries.

"The statistics remain deeply worrying, such as one in 10 girls worldwide having experienced sexual violence at some point in their lives and women globally earning between 60 and 75 per cent less than men.

"Women around the world can benefit from the rule of law to help lift them out of poverty and persecution and this is one of the main focuses of Lawyers Against Poverty."

Chairing the event will be Christine Plews, a Partner in the Family Law team at Blake Morgan in Oxford.

Dr Fenella Porter, trustee for women's rights group Womankind, will also be speaking at the event.

House of Jacob group add another string to their bow

THE ever growing Oxfordshire based House of Jacob group founded by Damien Farah and Johnny Pugsley, have officially taken over the lease on Bicester based hotel, The Plough on North Street road.

The foodie duo already have four venues under their belts, consisting of Wolvercote based Jacobs Inn, their original venue Jacobs & Field in Headington with the soon to be revamped Jacobs Chop House up the road, and their other hotel, The Woodstock Arms. The latest addition to the group is owned by Greene King and will see Woodstock Arms manager Owain Llwyd Jones set up the new venue.

Johnny Pugsley co-founder of the House of Jacobs group said "We always knew we wanted a presence in Bicester it is such a beautiful part of Oxfordshire so it was a no brainer to get the lease on The Plough when it came up.

"There's some great boozers in the area and we want to add to with our classic House of Jacobs offering of local produce and great beer as well as offering quirky comfy rooms for people visiting the area."

The four-bedroomed hotel is situated in the heart of Bicester just off Buckingham Road and Queens Avenue and a five-minute walk from the ever popular Bicester Village.

The expanding company will keep their popular themes of using local produce their own animals and hearty food, wrapped around a sociable bar, cosy dining room and decent prices.

Owain Llwyd Jones New Openings Manager said. "Now that The Woodstock Arms is thriving I am eager to get my teeth stuck into a new venture and what more can I ask for than a beautiful pub with so much potential that is The Plough? We're in good company in Bicester and we can't wait to get to know the locals and welcome the visitors with good food, booze and gorgeous rooms."

The Plough will open in April.

How to make a living from making music

TOP music industry experts are heading to Oxford to offer local songwriters and composers advice.

PRs for Music and the Musicians' Union are visiting Oxford to host a free event for local songwriters and composers.

Following a string of successful panels nationwide last year "How to Develop Your Career and Make a Living From Music" will take place at The Jericho Tavern.

Music industry professionals with hands-on experience from across the business will explain the importance of protecting your music rights, as well as gaining knowledge about the business behind musical creativity and understanding the various ways that creating music can generate an income.

Whether seeking a career in music composition song writing production publishing or management etc anyone involved in the art of music can learn about the business and how to reap financial rewards from their creative talent.

Stuart Belsham PRS for Music's Education & Outreach Manager (East England/East Midlands) said "This event is designed with composers and songwriters at every point in their careers in mind – whether you've just written your first song or your 50th.

"As a membership organisation PRS for Music doesn't just collect royalties on your behalf we're also here for creators to turn to for advice and education on the music business."

Contact Alex Isratt with your business news at alex@theoxfordpaper.co.uk

Changing lives from classrooms to caring

FORMER teacher Rish Amod, who lives just on the outskirts of Oxfordshire has dedicated his life to helping children achieve their dreams.

Now after almost 30 years in education, he's traded the classroom for a live-in care business dedicated to the elderly. His mission, to provide dignity compassion and the very best in at home care.

Prior to opening his business, Promedica24 Rish was Head of English at Larchfield Primary and Nursery School in Maidenhead. However the infamous red tape and politics of the system eventually wore him down like so many others before him.

"I left teaching after years of frustration in the education system. I originally went into the profession to help nurture a child's potential and help them to be better people. But in the end bureaucracy took away the joy of teaching. State school has become very institutionalised and more of a box ticking exercise than focussing on what's best for the students," he explains.

Rish knew he could no longer face teaching but knew that he still wanted to do something that benefitted others. That's when he began to think seriously about a care business. Here was the opportunity to not only improve the lives of others but to build a successful future for his own family in the process. "I remember thinking you know what, I've spent 26 years helping young children and now I want to help the elderly – this was my chance to really make an impact and escape the grind once and for all, so I took it!"

With no former business experience to draw on Rish was keen to introduce the Promedica24 concept to his partner Zsuzsanna, a qualified NHS nurse. She too fell in love with the idea as her own first hand experiences of care homes had left a bitter taste.

"Before Zsuzsanna became a nurse, she worked in two different care homes. It would really upset me how she was expected to take care of 20-30 residents at any one time – that's not care, it's incarceration. It's not right. For me, Promedica24 is the shining beacon of hope – here is the compassionate, personal and dignified care we all want for our loved ones. It's what they deserve and I'm immensely proud to be providing it."

Promedica24 offers 24 hour live-in care service as a genuine alternative to residential care homes. Rish is passionate about his client's right to choose where and how they are cared for.

From simple companionship and support with everyday tasks to more advanced requirements such as Dementia, disability and end-of life care. It's clear that the local demand for the service is high – Rish opened the doors on his business in April and just two weeks later began providing care to his first family.

Healthcare professionals and the families of those affected now recognise the benefits of caring for patients in the comfort of their own homes. In a recent study 70% of elderly people said they would rather be cared for at home than go into care but the reality falls woefully short of that figure – something Rish is eager to change.

"Through our service clients are able to maintain ownership of their homes as well as their personal belongings, which they are often prevented from doing so when moved into residential care homes.

"Our 24-hour companionship wipes out the crippling loneliness so often felt by those living for the short visits of standard domiciliary care workers," he adds.

Even with his new business Rish says that he wants to live life to the fullest and he isn't joking! This busy family-man enjoys sports, acting and travel and imparts his enthusiasm for life onto his stepson Adam. Who at the age of 13 is already beginning to dream of following in Rish's footsteps as a business owner!

Food for thought, Rish ponders.

"Owning a business that can make you good money whilst genuinely improving the lives of your clients is very special. Not all profits have such a feel-good factor to them but I don't ever have to choose between morals and money again – do you?

Enjoy the regatta from comfort and elegance of your own corporate box

Henley Royal Regatta is one of the highlights of the summer season so why not do it in real style with an exclusive corporate hospitality box?

Private members club Phyllis Court offers corporate hospitality that is second to none with exclusive boxes right on the finishing line and uninterrupted views of the river and rowing from June 28 to July 2.

The Riverside Pavilion offers a prime spot with personal waiting staff to ensure there is no better place to enjoy this most British event.

Watch leading oarsmen and women from around the world compete in a sporting spectacular while you enjoy either the Henley or Thames package.

Whichever you choose, you, your employees or guests can watch the rowing while enjoying coffee and petit fours on arrival, a Prosecco and Pimm's reception, three-course lunch and unlimited club wines, beer and soft drinks throughout the day.

Guests can also expect luxury afternoon tea, complimentary race programmes and TV in your box so tennis fans don't miss out on what's going at Wimbledon.

If you upgrade to the Thames package there's also canapés, Champagne and the choice of any wine from the list.

Guests are reminded there is a dress code for the regatta and dressing for the occasion is all part of what makes Henley Royal Regatta so special.

For more information and pricing contact Shirley Cunningham on 01491 570511 or email her at shirley.cunningham@phylliscourt.co.uk or go to www.phylliscourt.co.uk

Watch the rowing from the balcony of Phyllis Court and dine in style

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Van centre leading pilot scheme offering a mobile service clinic

An Oxford van centre is leading a pilot scheme in the region to provide an innovative Mobile Service Clinic to help fleets reduce downtime providing a boon for local businesses.

Cordwallis Oxford says it is proud to lead the initiative, which is a first for Volkswagen Commercial Vehicles.

The van centre is running three vans with qualified technicians who can carry out service and repair work at a time and location of the customer's choice.

John Mcnally, Service Director at Cordwallis Van Centre Group, said: "We are delighted to be a part of this pilot scheme, which caters for customers with three vans or more. The new service has been very well received and we have already signed up some very large fleets.

"We have found that the main concern of fleet managers is downtime and how long their vehicles are off the road.

"The Mobile Service Clinic van is a convenient alternative for these businesses and they can certainly see the benefits. We are proud of what we are achieving with this service as it saves the fleet network money, time and minimises inconvenience."

Each of the Mobile Service Clinic vans has been equipped by specialist conversion company, Surrey-based Winton Engineering. An array of on board tools including Air Con Machine and Diagnostic Equipment lets technicians carry out a wide range of work, including inspections, A/C servicing, MoT repairs, minor warranty work and software updates remotely at the fleet base location.

A Fleet Manager for Net-a-Porter said: "We have been very impressed with the new service, especially when the technicians were prepared to start at the break of dawn to ensure that all of the vehicles were completed on time. I am a fan of the service, and especially impressed that the technicians were polite, professional, on-time, methodical, organised and very well presented."

To find out more about the service call 01628 418475 or email mobileservicechnic@cordwallis.co.uk

Garsington Opera nominated for leading award

Garsington Opera has been nominated in the highly coveted Best Festival category in the forthcoming International Awards.

This is the second time Garsington Opera has been nominated in this category since the awards were established in 2012.

Garsington stands beside prestigious international festivals such as Festival d Aix en Provence (France), Festival Verdi (Parma) Wexford (Ireland) Lyon Festival (France) and Spoleto Festival (USA).

Louise Alder who performed in the highly acclaimed 2016 production of Idomeneo has been nominated in the Young Singer category as has Jennifer France and Sam Furness both of whom are performing in the 2017 season. Jennifer makes her role debut as Susanna in Le Nozze di Figaro and Sam Furness returns to Garsington for the lead role in new commission Silver Birch.

The International Opera Awards is an annual celebration of excellence in opera around the world and attracts all leading opera professionals from around the globe.

The winners will be announced at a ceremony in London s Coliseum on Sunday May 7. www.operawards.org

Preparations are well under way for Garsington Opera s 2017 season which includes four productions for the first time.

This year also sees the arrival of the Philharmonia Orchestra for one opera production each season for the next five years.

This year the festival offers Handel s seductive masterpiece Semele, Debussy's enigmatic Pelléas et Mélisande, Mozart's Le nozze di Figaro Rossini s Il turco in Italia and concludes with Silver Birch, a large-scale work for a professional cast with local community participants of all ages commissioned by Garsington Opera, from leading British composer Roxanna Panufnik and librettist Jessica Duchen.

As part of the Garsington Opera for All programme, funded by Arts Council England and run in partnership with Magna Vitae, Semele will also be screened free of charge in Skegness Ramsgate Burnham-on-Sea and Grimsby.

Be ready for anything at Bicester Village this spring

LONG-ESTABLISHED and much beloved for all your style essentials and designer must-haves, Bicester Village is embracing all things fitness this spring with an incredible mix of new athletics brands food pop-ups, brand collaborations and events.

Whatever your style, Bicester Village has the spandex to hold your attention as the weather gets warmer.

Bicester Village will embrace healthy living with open arms this spring, transforming into a hub of fitness and fashion, the new health and wellness additions will present guests with the opportunity to expand their activewear wardrobes whilst enjoying a range of healthy offerings and exceptional value.

Starting the celebration in style, from March 10, Bicester Village will welcome Canadian yoga-inspired athletics brand, Lulu Lemon to the annals of Oxfordshire adding a hint of North American pep to one of the happiest places on the shopping planet. Opening their doors permanently at Bicester Village, Lulu Lemon will be presenting a range of luxury design-led sportswear pieces, created specifically for athletes, by athletes.

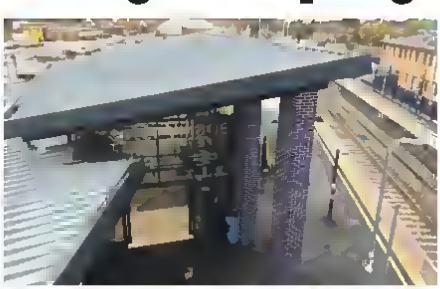
The professional athlete's favourite, New Balance will also find a new home for spring at Bicester Village, showcasing a range of innovative multi-sport apparel and footwear to keep you looking fabulously fit.

Bringing a fresh fashion twist to activewear, Parisian style-leader SANDRO and Italian footwear brand SUPERGA team up to launch an exclusive capsule shoe collection in-store available from mid-March.

Already a favourite of Village-regulars, resident sports-inspired brand, Superdry will open an exclusive 'Superdry Sport' pop-up boutique, spanning a collection of fashion focussed sportswear looks from their latest collections to take you from barre to bar. The collaborations continue as e-commerce giant, Zalando joins forces with Bicester Village s very own Italian luxury fashion house, Marni to create a new collaborative footwear collection.

Vibrant colour pops and great British style come together at the Paul Smith Pop-in boutique with highlights including the Zebra collection and signature swimwear range.

Alongside an array of exciting store openings, guests can also find their favourite athleisure staples.



Bicester Village is now even easier to get to since the opening of the station nearby

Property

Arrival of spring is good news for potential sellers

Get your property on the market now if you're serious about selling, says local estate agency Connells in Cowley

According to the branch, the spring period is traditionally one of the busiest times of the year for searching for property. As people shake off the cobwebs of winter and the weather gets warmer, potential buyers will be out in force looking for a new home.

"Spring is a great time to sell," said Ajay Kumar, branch manager at Connells in Cowley. "Not only are properties a lot more aesthetically pleasing in the better weather, but increased appetite to move during the spring period means sellers will have more prospective buyers competing to buy their home, making it more likely you will achieve the best price."

Connells traditionally experiences a spike in buyer interest during the spring period and, since 2014, has recorded on average 19 per cent more people registering their interest in a new home each March compared to the previous month. Connells also currently has nearly 12 buyers registered for each property that comes onto the market.

"We almost always see a rush of buyers entering the market in springtime," Ajay added. "It seems that many feel inspired by the warmer weather and longer days to start making plans for the future, including looking for a new home. We're advising home owners to get their property on the market now and take advantage of the high demand for homes – sellers are in a strong position to achieve a good price and a quick sale."

Contact Connells on 01865 748448, or email cowley@connells.co.uk.

Moving in to a rural setting

The South East of England is one of the most popular regions that house-hunters are moving to in the UK, according to Strutt & Parker.

Popular with young professionals and first-time buyers alike, living on the outskirts of London in a more rural setting offers the benefits of the bustling city, whilst enjoying all that the country has to offer. Located in the idyllic Oxfordshire countryside, Bellway's The Ridgeway offers a stylish collection of homes, whilst striking the perfect balance between country chic and city bustle.

Located in the leafy village of Chinnor, close to The Chilterns Area of Outstanding Natural Beauty, The Ridgeway is nestled within a wonderful rural setting, boasting two bedroom apartments to four bedroom homes. This development is sure to appeal to a wide range of buyers, including young professionals and families alike.

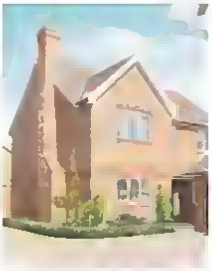
Steve Garton, Sales Director at Bellway Thames Valley, comments: "With many first time buyers being priced out of London and the bigger cities, countryside living has become increasingly popular. Savvy house-hunters are taking advantage of the larger open spaces and a stronger sense of community often found in more rural areas. The two-bedroom apartments at the Ridgeway offers the ideal opportunity for first-time buyers to get onto the property ladder in style within the sought after Oxfordshire countryside, and we'd urge homebuyers to visit the show apartment soon."

The Hatchlands two bedroom apartment is a thoughtfully designed property, ideal for first-time buyers or young professionals searching for a long-term, stylish home. The open plan kitchen and dining area offers the ideal space to relax and unwind/entertain guests. The kitchen is modern and sleek in design, with attractive fitted units, contemporary work surfaces and a range of integrated Zanussi appliances. The master bedroom features fitted wardrobes and a luxurious en-suite bathroom. The second double bedroom has access to the larger family bathroom, with crystal white Roca bathroom sanitaryware and modern chrome touches throughout.

A range of fantastic local amenities are available to residents of The Ridgeway with a traditional countryside butcher, village bakery and a fully-equipped gym all within walking distance from home. The nearby high-street offers brilliant local amenities through a variety of independent retailers. For dining out, Michelin Starred restaurant, The Sir Charles Napier Inn, can be found just a short drive away, ensuring all guests receive a warm welcome and traditional British cuisine. For further dining options, an impressive selection of independent restaurants are scattered throughout the nearby villages of Princes Risborough, High Wycombe and Thame.

Ideal for commuters, The Ridgeway has access to excellent transport links serving all the major employment areas of Oxford, Reading and London. The Princes Risborough train station is just under 10 minutes away by car, benefiting from regular train services into London and Oxford with journey times to both cities being less than 40 minutes. The M40 motorway is also within easy reach, connecting to popular destinations such as Oxford, London and the Midlands. Additionally, Reading can be accessed within 50 minutes via the local B461 road, while the M25 is less than half an hour away from the development.

The Hatchlands two bedroom apartments are available from £279,950. For more information please contact the sales office on 01844 355969 or visit www.bellway.co.uk.



Let's unpick the Oxford market a little more

Bill Cooper, co-author of The Oxford Property Blog and managing director of Martin and Co, Oxford

Over the last five years Oxford home owners have seen their property increase in value by an average of 37 per cent. The average price paid for a property based on all registered transactions over the last 12 months was £400,063. But, last year the total number of transactions fell by 12 per cent compared to the previous 12 months. So the big question is: is Oxford losing its shine as a place to invest in property?

Why are transaction volumes down? Last April the Government applied a stamp duty surcharge on properties bought that were a second property owned. This resulted in a surge of transactions during March 2016, which was followed by a real lull in transactions. Following the new stamp duty rules, there have been fewer completed transactions by landlords buying to privately let their properties. The Government will chalk that up as a success, believing that it frees the market for owner-occupiers avoiding landlord demand pushing-up house prices.

Has demand reduced?

No, demand for Oxford homes has apparently remained constant or at least it has remained balanced with available supply of properties for sale. Rightmove reports that prices in 2016 were six per cent up on the previous 12 months. Zoopla reports that they were just 3.9 per cent higher. According to Dataloft which monitors all sales, in the 12 months to October 2016 prices were up 10 per cent. Given that Land Registry data is holistic it makes most sense to place most reliance on the Dataloft data.

If demand from landlords has reduced due to the increased costs of stamp duty, one has to assume that demand from owner occupiers has filled the void.

How have different property types performed?

The table below shows the average increases in value for different property types for Oxford as a whole, and for major post code segments based on Land Registry data for the 12 months to October 2016. It shows quite broad variation across Oxford and between property types.

Overall, flats/apartments have performed strongly in OX3, OX4, and particularly in OX5. Terraced properties in OX1 and OX1 have done well, reflecting the higher density of this housing in key post-codes. Detached homes performed strongly across post codes except for OX3. The street with the highest number of transactions was High Street, OX5.

How will Oxford property prices perform in 2017?

Whilst transaction volumes continue to be below pre-April 2016 levels, the market is stable as we enter 2017. Nationally, Rightmove is reporting asking prices are up 0.4 per cent in January which is consistent with the Office of Budget Responsibility (OBR) estimate that prices will rise 3.4 per cent across the country in 2017. In 2016 Oxford property outperformed the national average of 6.4 per cent and I expect it to continue that trend. When my clients ask me for my prediction, I say the best properties will achieve six per cent.

For more information on the Oxford property market, go to OxfordPropertyBlog.co.uk.

	Average Oxford price	Oxford	OX1	OX2	OX3	OX4	OX5
Flat	£272,112	14.48%	5.28%	1.96%	12.49%	10.58%	17.97%
Terraced	£379,008	7.07%	10.26%	12.21%	2.88%	6.77%	-4.37%
Semi-Detached	£400,703	2.47%	10.18%	-11.08%	8.32%	5.51%	6.71%
Detached	£608,850	6.41%	8.66%	8.37%	0.41%	6.77%	10.44%

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www.OxfordPropertyBlog.co.uk
is hosting a Landlord Seminar

LANDLORDS – How confident are you that you understand the **changes to mortgage interest rate relief** and WHAT IT WILL MEAN FOR YOU?

If you have any doubts, don't worry! www.OxfordPropertyBlog.co.uk is hosting a seminar a Landlord Seminar on 2 March 2017.

Featuring expert speakers from Martin & Co, Hedges Law, Critchleys Chartered Accountants and London & Country Mortgages.

The seminar will ensure you understand the changes to mortgage interest rate relief that is to be phased-in from April 2017 And, you will learn from experts about how to put in place sensible plans to minimise the financial impact on your income.

The Seminar will commence at 6pm and finish at 7 30pm at The Oxford Spires Hotel, Abingdon Road, Oxford, OX1 4PS The event is limited to just 150 places

This is the first in a series of planned seminars through 2017, and will provide you with easily understood information and the practical steps you can take now, to minimise the financial impact to you. Commencing at 6pm you will still be home by 8pm, having heard from local experts over 90 minutes

At the event you will hear from.

Gerry Jackson a Chartered Tax Advisor and Director at Critchleys

Carl Selby a Solicitor and Head of Business Services at Hedges Law

Ollie Sills a Manager at London & Country Mortgages

Bill Cooper Managing Director of Martin & Co Oxford

And, there will be time to pick their brains before, during or after the seminar

You will be run through the changes to mortgage interest rate relief planned from 5 April 2017 and how they will phase-in progressively over the coming years. Through worked examples, you will know how to assess the impact on you. You will learn about the factors that need to be considered when planning how to off-set the financial impacts of the changes, and we will explore in some detail the pros and cons of setting up a company structure, and the opportunity to re-mortgage given the changes many lenders have implemented since the start of 2017

Please reserve your place by emailing
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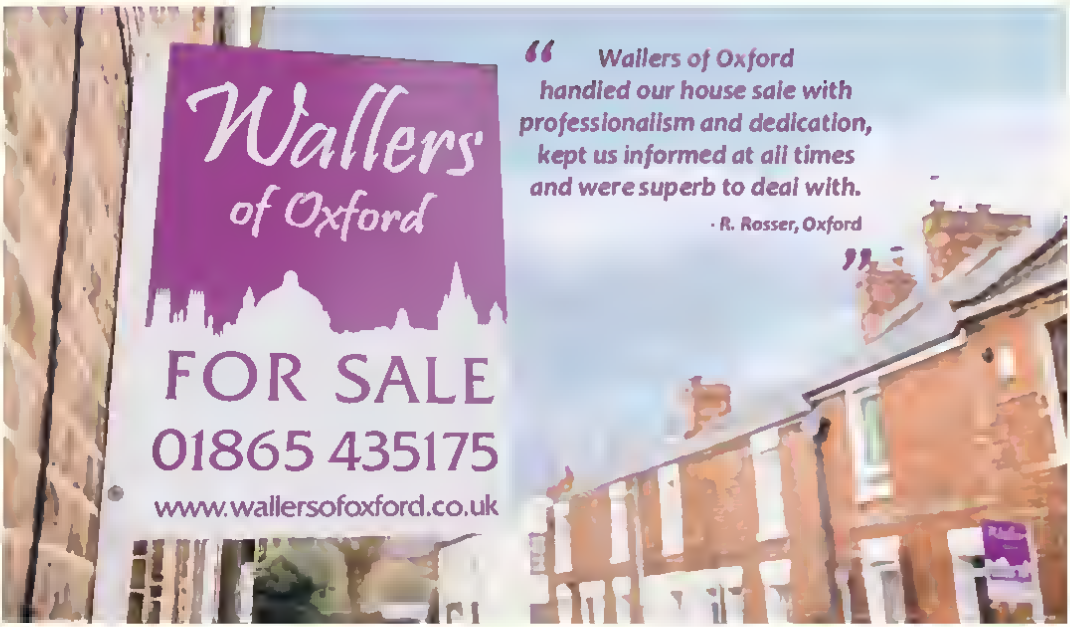

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For more information and to register, visit BicesterVillage.com/jobfair

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32 days holiday (Inc. Bank Holidays) Role has room for growth and initiative

Programme & Projects Administrator

We are seeking a friendly, confident individual to provide administrative support for the charities events, projects and campaigns at our office based in Chipping Norton, Oxfordshire. The role will include database and spreadsheet recording, ending with payments recording events and defibrillator opportunities and attending events when and where required. Office hours are Monday-Friday. 32 days holiday (Inc. Bank Holidays) Role has room for growth and initiative.

Own transport is required for both roles. Full job descriptions are available upon request. Please submit your CV and a covering letter to

Becky Bell, Event Manager, PO Box 3697, Stratford Upon Avon, Warwickshire CV37 8YL or email becky@heartrhythmalliance.org

Deadline: 28 February 2017

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Motors

Get your hands on a Trump-mobile

American car fans and those want ing a piece of historic memerabilia are set to have their pulses racing as this rare Cadillac limousine once nwned by President Trump is up for sale on the Exchange and Mart website.

Sean Tanner the Commercial Director for Sevenvale Cars based in Gloucester offering the vehicle for sale said "This is a unique vehicle that offers a rare opportunity for collectors and enthusiasts to buy a car that will always attract interest

"We know the current owner well, he bought the Cadillac ten years ago and it s been his pride and joy and it has even starred in a couple of films, so we hope this will fetch a good price "

Exchange and Mart's Commercial Directoc Thors Coupar Evans, added. "There is so much interest in President Trump and this one-off opportunity to purchase both a piece of history and a potennal investment means thet we are expecting this te attract a lot of interest from UK buyers "

The president s former limousine was built in 1988 by Cadillac in con junction with Donald Trump, foc a family member and arrived in the UK 1991

There were plans to produce 50 of the 'Cadillac Trump.. howevec, only 2 were evec actually built, with this one now for sale purchased originally by Donald Trump

Connected car comes to the forefront

Volkswagen's Car Net brings the internet into the car And as technology develops, Car Net evolves too. Today Volkswagen announces an exciting new function of Car-Net: 'Security & Service'

Car Net has steadily grown as new ways of connecting car internet and mobile phone have developed. Specifically, Car Net works with smartphones – mobile phones that are able to access the internet. Up to now the most widely used feature of Car Net has been the easy synchronisation of phone calls, contacts and music from a smartphone to the car s infotainment system. This is achieved via Apple s CarPlay™ Google s Android Auto™ or MirrorLink™, depending on the make of phone. Volkswagen was the first vehicle manufacturer to offer customers all three of these methods to connect their smartphone to their car

Car Net is now expanding with the addition of a suite of functions named 'Security & Service' 'Security & Service takes the possibilities opened up by advances in technology and applies them to Volkswagen cars in an intuitive and efficient way

Starting with the 'Security' element, perhaps the most important addition to Car Net is the automatic accident notification. If the car is involved in an accident thet results in an airbag being deployed or the seatbelts being tensioned then the car will automatically call the emergency services. It will also immediately send location information, including the direction of travel and the numbec of passengers in the car to the emergency services. If necessary the call can he easily cancelled by the driver or passengers

A further element of 'Security & Service' is the inclusion of a red button marked 'SOS'. This can be pressed at any time to connect with the emergency services, for example if the driver sees an accident thet they are not directly involved in. If there is no phone signal available then a red light is illuminated next to the button

Next to the red 'SOS' button is a grey button marked with a spanner graphic. This is the 'Breakdown Call' button. In the event of a vehicle breakdown the customer pushes this button to send vehicle diagnostics to the Volkswagen Contact Centre. It also triggers a phone call so the drivec can explain their problem. The 'Breakdown Call' button ensures the driver will get the right help and a rapid response

Other elements of the 'Security' side af Security & Service include the ability to use the Volkswagen smartphone app to check if the car's windows and doors are closed, and that the doors are locked. If the alarm goes off the customer is notified via the app, and email.

An Area Alert can be set up, too, so that if the vehicle enters oc leaves a designated geographical zone the owner is notified via the Volkswagen App. This can be further customised with the addition of up to ten different areas. A time window can he set for each area, so if the car leaves the zone within the selected time window then an alert is sent to the customer's smartphone. Finally a Speed Alert can be set so the customer is notified if the vehicle travels above a specified speed.

A third button completes the trio that make up the hardware element of 'Security & Servire'. This button features an 'i' graphic and can be pressed to call the Volkswagen Contact Centre. General enquiries can be made, which increases safety as the drivec isn t distracted from concentrating on the road.

The 'Servicing' element of Security and Service is primarily focused on the car being able to report the servicing it requires to a pre selected Volkswagen Retailer. The Retailer can then contact the customer directly to arrange a convenieat time for the service work to be undertaken

Also included is a regular Vehicle Health Report. This uploads notices of services due, or warnings displayed on the instrument cluster to the Volkswagen server where it can be displayed when the customer logs in to the online Car-Net portal. Other useful information can be displayed, too such as vehicle mileage or fuel level. This section of 'Security & Service' is particularly maghtful for owners of hybrid and electric Volkswagens as it offers the ability to monitor the charging process and to adjust the time that charging starts and stops

Further useful features include the recording of the car s parking position, which can then be viewed on a smartphone via the Volkswagen app and on the Car-Net customer web portal. As mentioned above, the app can also display if the windows and doors are closed, and it enables the driver to switch on the headlights, hazard lights and sound the horn for a short duration. This is useful for locating the vehicle in a car park, although the customer needs to be within 100 metres of the vehicle to access this function.

A final feature is the Online Auxiliary Heater. The customer can turn the heater on or off via the Car Net app or the online Car-Net portal. They can set a specific time for the heater to come on so the car is at an ideal temperature when a journey commences. Available from June.

Car Net Security & Service is now available to order on all Volkswagen Tiguans and is priced at £340 (RRP) It is fitted as standard to the Volkswagen Passat GTE and Passat Estate GTE, and to the recently updated Golf GTE and e-Golf. From the middle of 2017 it will be standard on the Performance Golfs and the higher trim levels of the Passat and Touran ranges. And it will be fitted as standard to the all-new Volkswagen Arteon.

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The official fuel consumption figures in mpg (l/100km) for the Mazda range: Urban 28.0 (10.1) - 74.3 (3.8). Extra Urban 51.4 (5.5) - 88.3 (3.2). Combined 39.2 (7.2) - 83.1 (3.4). CO_2 emissions (g/km) 167 - 89.

The mpg figures quoted are sourced from official EU-regulated test results obtained through laboratory testing. These are provided for comparability purposes only and may not reflect your actual driving results. Retail sales only, subject to availability for vehicles registered between 01.01.17 and 31.03.17 at participating dealers. T&C apply. *0% APR Representative Mazda Personal Contract Purchase available on all Mazda2 and 2017 Mazda3 models. Finance subject to status, 18s or over. Guarantee may be required. Mazda Financial Services (RH1 1SR). Model shown: Mazda2 75ps SE, OTR from £12,595. Model shown features optional Soul Red Metallic paint (£460). 2017 Mazda3 120ps SE, OTR from £17,795. Model shown features optional Soul Red Metallic paint (£470). OTR price includes VAT, number plates, delivery, 12 months' road fund licence, first registration fee, 3 years' or 60,000 mile warranty and 3 years' European Roadside Assistance. °Test drives subject to applicant status and availability. Details correct at time of going to print. Not available in conjunction with any other offer unless specified. Calls to 0844/0845 numbers will be charged at 7 pence per minute plus your standard network charge. Johnsons Cars Ltd (Firm Reference Number: 312460) are an Appointed Representative of ITC Compliance Ltd, and are authorised & regulated by the Financial Conduct Authority (their registration number is 313486) and are permitted to advise on and arrange General Insurance contracts. Registered Name: Johnsons Cars Ltd. Registered Office: Johnsons Cars Ltd, Empire Court, Albert Street, Redditch, Worcestershire B97 4DA. Registration No: 3716766 VAT Registration No: GB927551606

The all-new Mazda MX-5 RF

▪ The all-new Mazda MX-5 RF Retractable Fastback on sale from the 4th March 2017 ▪ Priced from £22,195 to £28,995 the all-new Mazda MX-5 RF joins the award-winning MX-5 range ▪ Limited to just 500 cars, the £28,995 Launch Edition features unique styling and equipment.

WITH production having started at Mazda's Ujina Plant in Hiroshima Japan, the all-new Mazda MX-5 RF Retractable Fastback will go on sale on the UK on the 4th March 2017

With the first cars produced heading to Europe and North America UK drivers will be able to get behind the wheel of Mazda's exciting new MX-5 Retractable Fastback early next year.

With a limited run of just 500 cars, the six model range will be heralded by the flagship Launch Edition. Powered by a 160ps 2.0-litre SKYACTIV-G engine, the Launch Edition is marked out by its unique two-tone roof, BBS wheels, black door mirrors and black rear spoiler. Available with a choice of free-of-charge Soul Red or Machine Grey metallic paint, it also comes with a Safety Pack as standard, while the exclusive feel continues inside with Alcantara trim and Recaro seats.

Designed to offer a new dimension of open-top driving fun, while at the same time staying true to the underlying principle of the previous generation MX-5 retractable hardtop, the all-new Mazda MX-5 RF's 'fastback' styling gives it a unique appearance - roof up or down, broadening the appeal of the world's best-selling two-seater sports car.

As with the established Mazda MX-5 convertible, all models powered by the 2.0-litre 160ps engine feature a limited-slip differential and 17-inch wheels, while Sport Nav models (and the Launch Edition) feature Bilstein dampers and strut brace to further enhance their dynamic set-up. Plus, with the introduction of the £27,095 Sport Nav Auto, the current generation of MX-5 is offered with an automatic gearbox for the first time in the UK. Offered in both SE-L Nav and Sport Nav trim, RF's powered by the 1.5-litre 131ps engine will arrive in dealerships in May.

Developed to deliver enhanced cabin comfort and a refined ride, while at the same time maintaining the agility, performance and driver engagement of the MX-5 convertible, the suspension and electric power steering parameters of the all-new Mazda MX-5 RF have been specifically tuned for the Retractable Fastback. In addition, a sound-absorbing headliner used in the front and middle roof panels combines with sound insulation around the rear wheel housings to deliver a significantly quieter cabin when the roof is closed.

"With the all-new Mazda MX-5 RF we freed ourselves from traditional ways of thinking and took on fresh challenges in order to create something new. Our aim was a convertible sports car with gorgeous fastback lines when the roof is closed and an exhilarating open-air feeling when open" commented Nobuhiro Yamamoto, Mazda MX-5 Programme Manager.

The MX-5 RF's retractable hardtop consists of front, middle and rear roof sections and a rear screen. When the top is lowered the front and middle portions are stowed together, while the rear glass sits behind the seats leaving the rear roof section in place to create a unique open-topped look, and a cabin feeling that combines a sense of open air freedom with the impression of being securely ensconced within the car.

On the Launch Edition the front and middle roof sections feature a piano black finish that contrasts with the Soul Red or Machine Grey metallic paint which both use Mazda's unique "TAKUMINURI" paint process to deliver glossy depth and nuanced shading that intensifies the contrasts between light and shadow with its high-density finish, giving the impression that the body was sculpted from a solid block of steel.

Building on the all-new Mazda MX-5's award-winning design, the RF's roof-up style will set it apart when it arrives on UK roads early next year. A 5mm increase in roof height aside, the RF retains the same overall length, width and wheelbase as the MX-5 convertible, but thanks to gently downward sloping buttresses that tuck in at the sides to create a tear-drop shape, the RF's elegant fastback silhouette accentuates the MX-5's dynamic and contemporary sports car proportions in a completely unique way.

"If we consider the convertible model to represent the purist of lightweight sports car appeal, the new Retractable Fastback epitomises a new type of MX-5 that aims to be a compact sports car with a natural charm that everyone will find beautiful" commented Masashi Nakayama, Mazda MX-5 Chief Designer.

With pre-order now open, the all-new Mazda MX-5 RF will arrive in dealerships on the 4th March 2017 and promises to add another chapter in the MX-5 success story. Jeremy Thomson, Managing Director of Mazda Motors UK said, "we're very excited about the arrival of the all-new Mazda MX-5 RF. It will add a unique and stylish model to our range, one that stands distinct from the MX-5 Convertible, yet retains all the award-winning driver appeal our sports car is famed for.

Adding, "with over 120,000 sales since its launch in 1990 the UK has played a huge part in the MX-5 success story. The last generation of retractable hardtop accounted for a large percentage of MX-5 sales and we expect the all-new RF to continue that trend."

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The official fuel consumption figures in mpg (l/100km) for the all-new Mazda MX-5 RF range Urban 28 0 (10 1) - 34 9 (8 1) Extra Urban 51 4 (5 5) - 57 6 (4 9) Combined 39 2 (7 2) - 46 3 (6 1) CO_2 emissions (g/km) 167 - 142

The mpg figures quoted are sourced from official EU-regulated test results obtained through laboratory testing These are provided for comparability purposes only and may not reflect your actual driving results. Model shown, all-new Mazda MX-5 RF 160ps Sport Nav OTR from £25 695 Model shown features optional Machine Grey metallic paint (£670) OTR subject to revised RFL changes effective 1 April 2017 *Test drives subject to applicant status and availability Details correct at time of going to print Not available in conjunction with any other offer unless specified Johnsons Cars Ltd (Firm Reference Number 512460) are an Appointed Representative of ITC Compliance Ltd and are authorised & regulated by the Financial Conduct Authority (their registration number is 313486) and are permitted to advise on and arrange General Insurance contracts Registered Name Johnsons Cars Ltd Registered Office Johnsons Cars Ltd Empire Court Albert Street Redditch Worcestershire B97 4DA Registration No 3716766 VAT Registration No GB927551606.

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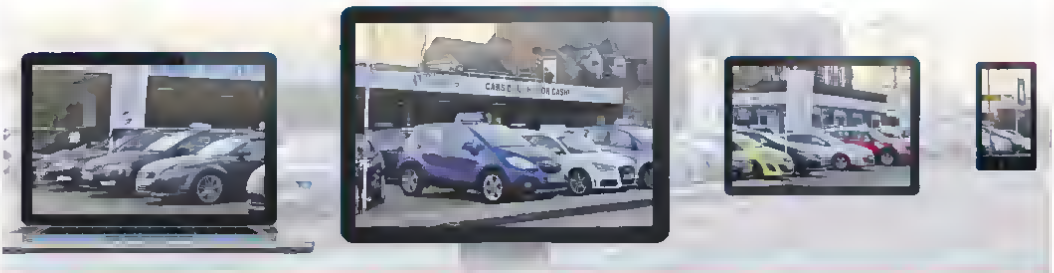

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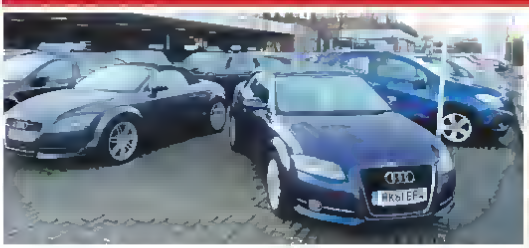

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Martyn enjoys his day in the sun in Morocco

Golf

AN AMATEUR golfer from Bicester missed out on a prestigious national title when he competed in the singles final of the 2016 Morocco Matchplay earlier this month.

Semi-retired Martyn Smith, 62, a 16-handicapper who plays at Heyth rop Park in Enstone, finished fourth at the Robert Trent Jones-designed PalmCall Marrakech Palmeraie

But he still enjoyed the experi ence in Morocco where he received complimentary return flights from Gatwick, five nights luxury bed-and breakfast accommodation in the five-star Palmeraie Palace four rounds of championship golf, a welcome cock tail reception and a gala dinner and prize presentation.

He said. "The smile on my face says it all. I've never won anything in a singles competition of any description at any time

"This feels like I've won a Major It's that good it really is.

"I would have loved to have won, but I feel like a winner just being here."

Each finalist played up to four qualifying rounds merely to reach the regional final, with the knockout rounds taking place between June and September, and the regional finals in October The 32 finalists hat tled it out between February 5 and 10

Stars fail to shine against Thunder

Ice Hockey

OXFORD City Stars lost to Milton Keynes Thunder for the fourth time this season to bring an end to their resurgent league form

The Stars had thrashed the Thun der 9-1 at the Oxford Ice Rink ear lier this month, but the tables turned when the pair clashed in Buckingh amshire on Sunday and Milton Keynes ran out 4-1 winners

Ross Bowers and Halilden Barnes Garner fired the home side into a 2-0 lead at the halfway stage

Jaroslav Cesky gave Simon Ander son s side hope by halving the defi cit on 34 minutes but a fifth match unbeaten wasn't to be when the Thunder struck back with two goals

First, Jakub Klima re-established the home side s two-goal advantage on 46 minutes before Harrison Geode converted with three minutes later to make it 4-1 and wrap up the win.

The Stars have won just two of the six meetings in all competitions with sixth placed Milton Keynes

Oxford, who remain fourth in the NIHL South 1 will be looking to bounce back when they host base ment club Bracknell Harnets on Sun day evening.

Ahead of the new F1 season on March 26, teams

Williams release teaser of new challenger

The computer image of the new Williams
Picture: *Williams Martini Racing*

F1 - Williams

Adam Flinn: *Reporter*

AHEAD of their official car launch on Saturday, Williams have released a digital image of the FW40 in which Felipe Massa and Lance Stroll will contest the 2017 season.

The Grove-based team is celebrat ing its 40th anniversary in the sport this year and will be looking to build upon their fifth-place finish in the 2016 standings.

In a separate announcement, Wil liams also confirmed that British racer Paul di Resta will remain their reserve driver for this season.

Deputy team principal Claire Wil liams said. "It s great for us to retain someone with Paul s experience in the team

"His extensive Formula One knowl edge will once again be invaluable, especially with new regulations in place for the 2017 season."

Fellow Oxfordshire team Haas, who are based in Banbury will unveil their new car the following day this Sunday

Tributes paid to Oxford Hockey Club's goalkeeper Tim

Hockey

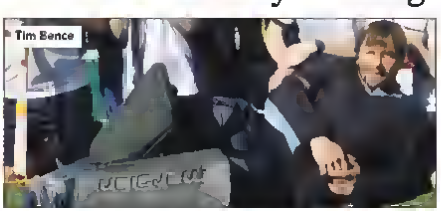
TRIBUTES have flooding in for a hockey player who died playing the game he loved.

Tim Bence was playing in goal for Oxford Hockey Clubs 7th team against British Airways Hockey Club 2s at QPR Football Club s training ground at Harlington London, when he collapsed on February 11

Despite prompt medical assistance from team mates medical staff at the football club and paramedics, Tim could not be revived. The game was immediately abandoned.

Oxford's Club chairman Richard Oakes said. "We are still in shock as he was genuinely such a nice guy

"Tim has been a keen and enthu siastic member of the club for many



Tim Bence

years playing in goal for both the men s and mixed sections and he readily endeared himself to both team members and opponents alike."

"He will be sorely missed by the club and our thoughts are with his family and friends at this difficult time."

Tributes have poured in on the club's social media site from players friends and former players

Anand Gupta said. "Tim was an amazing man. Never met someone so good natured in such an innocent way Was always happy never sad. Always gave me a big bear hug before every game. Wish I could give him one now"

Lucy Brady added "The world has lost one of the most genuine and kind men A man who touched the hearts of everyone he met with the biggest goalie padded hugs and the greatest words of encouragement."

His mixed captain Harriet Bryant said. "Tim you filled our hockey goal and my heart with fun and laughter As a friend and a team mate I will greatly miss you Rest in peace xx."

British Airways Hockey Club, who were the opponents at the time said they offered their deepest condolences to the family and friends of Tim.

They said. "It is events like this which prove winning or losing is actually secondary to just enjoying the game and having a beer or two afterwards."

The club is presently thinking how to honour Tim in the long-term.

Oxford's season kicks off with cup win

Rugby League

OXFORD RL held off a late Coventry fight-back to make it through to the quarter finals of the League 1 Cup for the second year running.

Tim Rumford s men were in the lead for almost the entire game, but won the first match of the season by the narrowest of margins in a 30-29 victory at Tilsley Park on Saturday

The Dark Blues, who named eight debutants, made the perfect start through a Josh Atkinson try and Will Cooke conversion on four minutes.

Oxford extended the lead through Callum Windley when he dived through a gap on the line.

But by half time the score had closed to 10-6 when Jack Morrison found a large hole in the Oxford defence to score under the posts.

Oxford started the second half in the same way as the first with a score four minutes in through Kane Riley but Cooke missed his conversion.

The Dark Blues extended their lead to 20 points with two more tries through Scott Fleming and Atkinson's second try of the afternoon.

With seven minutes left and the emphatic lead, the result seemed clear but Coventry second rower Matt Reid had other ideas

In that spell, he scored a hat-trick, all converted by Will Roper

The three tries were similar in that they involved Reid crashing over the line from close range with defenders unable to stop him.

But it proved too late for the resur gent Bears as the hooter went imme diately after Roper's final conversion to give Oxford the win, but only just.

Oxford travel to South Wales Iron men on Sunday in the Ladbrokes Challenge Cup

reveal their cars with hopes of glory

Renault pull the covers off 2017 car

The RS17, unveiled by Renault on Tuesday
Picture: Renault Sport Formula One Team

F1 - Renault

Adam Flinn, *Reporter*

THE first of Oxfordshire's Formula One teams has pulled the covers off its challenger for the 2017 season.

Enstone-based Renault unveiled the RS17 at a ceremony in London on Tuesday announcing they are targeting a fifth-place finish in this year's constructors' championship.

A host of new regulations are in place for this season, including wider and heavier cars and fatter rear tyres with the cars expected to be several seconds a lap quicker than last year's machines.

This year's Renault will be driven by Nico Hulkenberg and Jolyon Palmer, and the team will be desperate for an improvement on their ninth-place result in 2016.

Cyril Abiteboul, managing director of Renault Sport Racing, said: "For 2017 we are perfectly placed to take the step forward we all desire.

"The RS17 is the result of many long working hours spent over our two integrated locations (in Enstone and Viry-Franre) and the result is a car we can be proud of.

"We are the fastest growing F1 team and we now need to prove our performance on track, and our objective is to score points at every round."

This year's Renault is considered to be the French manufacturer's first of the modern era, after a late takeover of Lotus at the end of 2015 meant they had a limited influence on last year's car.

Jerome Stoll, president of Renault Sport Racing, said: "The RS17 is the first car which Enstone and Viry have been able to plan and develop from the outset, and we're satisfied by the fruits of this interaction.

"For 2017 our performance targets are clear. We want to take a definite, tangible step forward in performance and results, and fifth position in the constructors' championship is our goal."

Hulkenberg and Palmer pulled the covers off the RS17 to reveal it to the world on Tuesday.

Palmer stays with the team after scoring one point in his rookie season last year, while Hulkenberg has joined from Force India.

Hulkenberg said: "It looks sexy, when I first saw it in the wind tunnel I was impressed.

"It's all about having a strong package as you need a car that is a good all-rounder to perform well across the season. That's what I'm looking for."

Palmer added: "There are so many unknowns that I think it's exciting for all drivers across the grid, but for us with our first proper designed and conceived race car it's going to be very interesting.

"The RS17 looks really racy and I can't wait to taste it on track for the first time."

Pre-season testing begins in Barcelona on Monday with the first race of the season in Australia on March 26.

Ardley record narrow victory

Ardley United

ARDLEY United boss Paul Davis has challenged his in-form side to stay in the top-five of the Hellenic Premier Division for the remainder of the season after narrowly beating Tuffley Rovers 1-0 on Saturday.

United's latest win at the Playing Fields saw them briefly leapfrog Thatcham Town and climb into the top-five for the first time this season, before Thatcham's triumph on Tuesday night.

Ardley remain 13 points off table toppers Thame United, who have a game in hand.

Tuffley Rovers were Ardley's latest victim with a solitary Jack Ross strike four minutes into the second period wrapping up the points for the hosts in a game of few chances.

Davis said: "When we scored early in the second half I felt we were sure to go on and score a second and maybe more but their keeper's done well and we maybe haven't made the most of some opportunities we had.

"But we saw the game out and the pleasing thing is we've been winning games for a number of months now and not dropped out of the top-six, tonight we find ourselves fifth and it's up to us now to see out the final six league games and try and stay there."

Jack Ross's goal secured the points

United host Lydney Town at the Playing Fields on Saturday.

Puritans held to a draw

Banbury United

BANBURY United lost further ground on the Southern Premier Division play-offs after being held to a 1-1 draw at home to Weymouth on Saturday.

United went behind to a third minute penalty but a George Nash goal midway through the first half earned the hosts a point.

Banbury got off to the worst possible start when Jack Westbrook bundled over Weymouth striker Ben Thomson to concede the spot kick, which was comfortably fired home by Charlie Davis.

Despite the visitors' early dominance, the Puritans were back on level terms on 22 minutes when Nash hit a glorious shot high into the far top corner after the Terras failed to clear a Tom Winters free kick.

Both sides went close to stealing the three points in the second half but neither goalkeeper was seriously tested and the points were shared.

Weymouth take the lead against Banbury from the spot
Picture: *E A Barson Photography*

The Puritans are only one place but nine points off fifth-placed Slough Town, having also played a game more.

United host St Ives Town on Saturday in what is a must win if they are to reach the play-offs and achieve back-to-back promotions.

Learoyd's header rescues a point for Didcot

Didcot Town

A LAST minute header from Adam Learoyd salvaged a point for Didcot Town in a 2-2 draw with Bishops Cleeve on Saturday.

The Railwaymen came from behind twice in the mid-table clash at the Loop Meadow to pick up their fifth draw in seven matches.

The Mitres first took the lead in what was a scrappy match on a tricky pitch when Kirk Layton smashed the ball into the top corner from close range.

Didcot's best chance of the first half came when Cleave stopper Matt Wieczorek superbly saved a 30-yard strike from Callum McNish.

The second half started better for Diddy and the equaliser did eventually arrive in the 67th minute when George Jeacock, back from suspension, beat Wieczorek when sent through on goal.

The former Oxford United striker looked comfortably offside but he wasn't complaining as he rolled the ball under the goalkeeper for his first goal back in Didcot colours.

George Jeacock fires home to make it 1-1 against Bishops Cleave
Picture: *Roger Neal*

But out of nowhere with their first real attack of the half, Cleeve got their noses ahead again when substitute Jacob Nutting converted from close range.

Didcot rescued a point from a last minute corner when Learoyd bundled home at the back post.

Andy Ballard's men, 14th in Division 1 South & West, travel to strugglers AFC Totton on Saturday as they continue to search for their first win of 2017.

Play-off surge halted by defeat

North Leigh

NORTH Leigh lost their first game of 2017 in a disappointing 3-1 defeat at Barnstaple Town as their play-off charge took a hit on Saturday.

John Brough's side, who were eight games unbeaten, slipped down to 10th in Division 1 South & West following their first defeat since the end of December in a game in which they were outfought and outplayed.

Leigh's long trip to north Devon seemed pointless from the off as they fell behind within two minutes in a close-range Ryan Turner strike.

The Millers struggled to recover from the early shock but gradually gained a foothold in the game and were dominant by the time the west Oxfordshire side equalised on 30 minutes.

The goal came from a well worked move which saw George Seacole run into the home penalty area and flick the ball to Morgan Williams, who placed a left foot shot beyond the reach of home keeper Steven Oliver into the far corner from 10 yards.

However Barnstaple regained the lead with a simple goal when Turner headed home on 36 minutes.

Town's defence remained solid and frustrated the visiting Millers.

And frustration turned to desperation when Barnstaple scored their third goal on 77 minutes.

Leigh were wasteful in possession and gifted the ball to Barnstaple playmaker Jack Jenkins who controlled the ball on the edge of the area and hit a glorious right foot shot beyond Lewis Clayton.

The Millers, now 11 points off the play-offs with three games in hand, will try to get back to winning ways when they host 15th placed Larkhall Athletic who have won just one game in their last 13, on Saturday.

Hoops end winless run as Jones reviews time as boss

LEE Henderson scored the only goal of the game as Oxford City squeezed passed Hemel Hempstead at Court Place Farm and ended their winless run on Saturday

Defender Henderson struck shortly before half-time with what proved the winner as the Hoops won their first league game since New Year s Day

Things looked bleak for City when they conceded a penalty after just three minutes, but ware handed a lifeline as Jordan Parkes fired his spot kick over the bar

Both sides struggled to break the deadlock in an evenly matched contest but it was the hosts who took the lead seven minutes before half-time when Henderson headed home from a Jean Niate cross

The visitors had good chances to level after the break, but either found City stopper Craig Hill on good form or were profligate with their finishing, meaning City picked up their first clean sheet since December 17

Temporary boss Mark Jones who has been in charge for two months, has been reflecting on his first nine games in charge, during which he has won four, drawn three and lost two matches.

Speaking before Saturday's win he said he has been keen to stamp his own print on the club after he replaced Justin Merritt in December

When Jones took charge the Hoops were struggling for form and were languishing 17th in the National League South, six points above the relegation zone.

But 15 points from nine league games later and the club is now sitting a more comfortable 12 points above the drop and in 14th place.

Lee Henderson scored the all important goal before half time
Picture: *Michael Allen*

His appointment has seen fresh faces behind the scenes as well as on the pitch, as Tyrell Belford, Shaun Macauley and Tom Winters have all left the club—the latter two temporarily – while Kaiman Anderson Jean Niate and Wilson Carvalho have all been signed up.

He said. "Bringing my own people in was very important to me As t said at the time t felt we needed some fresh faces and new ideas on the training pitch

"I appreciate that everybody has an opinion and that's what makes football so interesting, but t will always do what t believe is right for the team and the club Although the next game is what we always focus on t do have one eye on looking ahead to next season and the type of team I want to build, which is a young hungry team with energy and pace in all areas of the pitch."

City who remain in 14th place in the National League South, host their third game in a row when they welcome Dartford to Court Place Farm on Saturday

FA Cup 5th round

Middlesbrough 3

Leadbitter 26 (p), Gestede 34, Stuani 86

Oxford United 2

Maguire 64, Martinez 65

George Welch. *Reporter*

PROUD Oxford United boss Michael Appleton has praised his side following Saturday s late 3-2 FA Cup heartbreak at Middlesbrough.

The Premier League side looked too strong for League One United when Grant Leadbitter and Rudy Gestede fired Aitor Karanka s side into a 2-0 lead within 34 minutes

But Oxford, who will feel unfortunate to have a Chris Maguire goal disallowed when 1-0 down, clawed their way back into the match in an impressive second half performance

A delightful Maguire free kick and a Toni Martinez strike a minute apart just after the hour mark had United believing they could sneak into the quarter final for the first time since 1964.

But with time running out, Middlesbrough freshened up their front line by bringing on Christian Stuani and Alvaro Negredo and the pair linked up to break the hearts of the 3,500-strong away following.

With four minutes remaining. Uruguayan Stuani tapped in at the back post after Negredo cleverly flicked on a Fabio cross to send Boro into the quarter finals, where they will host either Huddersfield or Manchester City next month.

But Appleton, who has beaten eight higher division teams during his Oxford tenure believes his side can hold their heads high following defeat in the north east against a team 39-places superior in the football league pyramid.

Speaking straight after the match, Appleton said. "I am very proud. Tomorrow [Sunday] I will feel more proud of them. At the minute I'm just a little frustrated – we came here to win the game

"For us to come back like we did and as strongly as we did in the second half and almost spend the majority of the second half in their half of the field and he positive and keep pressing I'm obviously delighted with the way they approached the second half.

"It looked as if it was going to be one of those fantastic comebacks but it wasn t to be and we move on very quickly We ve had a good run."

Appleton can be given credit for giving it a go against Middlesbrough. who are fighting to stay in the Premier League after winning the Championship play-offs last year

United set up with two out-and-out strikers for the first time in months in an attempt to get down the sides of Boro s centre halves

After admitting his side were "star-struck" in the opening exchanges, Appleton said he thought there would only be one winner once Oxford had doggedly fought back.

An historic quarter-final wasn't to be for the U s, but Appleton has every reason to be encouraged as the 2016/17 campaign heads into its final three months

Oxford players celebrate after Chris Maguire and Toni Martinez brought them back to 2-2
Picture: *Darrell Fisher*

SkyBet League 1		GP	GD	PTS
1	Sheffield United	33	24	65
2	Scunthorpe	32	25	60
3	Bolton	31	10	58
4	Fleetwood Town	33	15	58
5	Southend	33	11	53
6	Bradford City	33	11	52
7	Millwall	32	7	51
8	Rochdale	31	4	48
9	Peterborough United	33	1	47
10	Oxford United	31	5	46
11	Bristol Rovers	33	2	46
12	Walsall	33	2	46
13	Charlton Athletic	32	5	42
14	AFC Wimbledon	32	0	40
15	Northampton Town	33	-4	40
16	MK Dons	32	0	39
17	Shrewsbury	33	-11	38
18	Gillingham	33	10	36
19	Oldham	33	-12	35
20	Bury	33	11	34
21	Port Vale	31	16	34
22	Swindon Town	33	16	30
23	Chesterfield	33	21	25
24	Coventry	32	-31	25

Fans enjoyed their day at the Riverside and United came so close to drawing
Picture: *Darrell Fisher*

U's Portugal summer training camp

OXFORD United will enjoy a week long training camp in Portugal this summer as part of the club's preparations for the 2017/18 campaign.

Having spent time in Austria (2015) and Spain (2016) for the last two pre-seasons, head coach Michael Appleton will this summer take his players to the Algarve between July 10 and 16

The squad will stay near the Vilam ouru resort and will play two friendly games which the club said will be announced in 'due course

Chairman Darryl Eales said. "The trips to Austria and Spain have been unforgettable experiences and have really helped form an unbreakable bond between the players staff and fans.

"The players know they will have a lot of hard work to get through but I know they will look forward to visiting Portugal just as much as the fans

"We wanted to announce the dates and location as early as possible to allow supporters to book their time off and make plans

"We are slightly earlier in doing so than most teams which is why we aren t able to announce who we will be playing quite yet, but it will be another hugely enjoyable week and we would love as many fans as possible to join us "

Appleton's pride at team performance

He said: "If they put a string of performances like that together in the coming weeks then we will still be competing on two fronts [as they chase the League One play-offs and the Checkatrade Trophy]."

He also praised the vocal U's fans, saying: "They're incredible supporters. I'm sure they've had a good day today and will be proud of how the players have performed.

"We're going to need them from now until the end of the season because we've got a lot of big games coming up."

It's back to league action for United this Saturday, as they make the trip to Chesterfield.

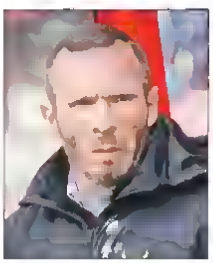
Difficult for English managers to work in the Premier League

OXFORD United head coach Michael Appleton has said it is becoming more difficult for British managers to work in the Premier League due to the "myth" that foreign coaches are superior.

In an interview with the BBC prior to last weekend's FA Cup fifth round matches, Appleton said it is becoming more difficult for British coaches to land Premier League jobs due to the perception that foreign coaches are better than home-grown ones.

Salford-born Appleton was speaking to BBC pundit and former Manchester City player Trevor Sinclair before United's narrow 3-2 FA Cup defeat at Middlesbrough, in which his side, then 39-places below the Premier League outfit, were four minutes from causing an upset against Boro manager Spaniard Aitor Karanka.

Appleton said: "I think it is becoming more difficult [for young British coaches to manage in the Premier League] with the influx of foreign coaches and managers because a lot of ownerships are foreign ownership and there's this myth that foreign coaches are



better than British coaches.

"I think if they did their due diligence properly they would probably find that's not quite the case.

"But the reality is, as young English managers, there will be opportunities to possibly take a club into the Premier League and then it's down to yourself to stay in there.

"But even that's becoming difficult now because a lot of the coaches in the Championship [are foreign].

"There's no doubt that myself and a lot of people that are more experienced than me and better coaches and managers at this moment in time than myself will still be chasing that and rightly so."

Sixteen of the 24 Championship managers – or two-thirds – are British.

But in the Premier League, just seven of the 20 managers are British (35 per cent).

And of that seven, only two are in the top half, with Welshman and West Brom manager Tony Pulis the highest ranking Brit in eighth place.

José Mourinho, who had Karanka as his number two for three years between 2010 and 2013 at Real Madrid, said last week that some foreign coaches fail to understand English football's culture and this can lead to FA Cup upsets.

Jürgen Klopp's heavily-rotated Liverpool lost at home to Wolves in the fourth round, although the biggest cup upset so far this year has been Lincoln City's win at Burnley, who are managed by Kettering-born Sean Dyche.

Former [illegible] defender [illegible], who died this week. Picture: Steve Daniels

Ex-U's boss's tribute to shining diamond defender McCarthy

FORMER Oxford United defender Paul McCarthy has died at the age of 45.

It has been reported that the former Ireland under 21 passed away suddenly on Monday after a suspected heart attack, just five years after retiring.

McCarthy made nearly 600 appearances for five clubs in a long 23-year career.

He began his career at Brighton & Hove Albion, where he played more than 200 games, before signing for Wycombe Wanderers in 1996 for £100,000.

The Cork-born defender would go on to play 259 times for the Chairboys and scored an FA Cup quarter-final goal to help the Buckinghamshire side reach the 2001 FA Cup semi-final.

McCarthy initially joined the U's on a loan deal from Adams Park in 2003.

After making six appearances on his temporary deal, the centre back signed a permanent contract that summer and went on to play 35 games for United before being released at the end of the season.

He would then go on to play for Hornchurch and Ebbsfleet, where he won the FA Trophy before retiring in 2012 at the age of 40.

Oxford United said everyone at the club was "saddened" by McCarthy's death.

He joined United in 2003 and was a consistent performer at the heart of a solid defence alongside the likes of Andy Crosby and Matt Bound.

Ian Atkins, U's boss from 2001 to 2004, brought McCarthy to the Kassam Stadium and described his former defender as "a diamond".

Atkins told the club's website: "He was a diamond. To be fair I had about 15 diamonds there at Oxford, great lads who were a pleasure to work with and all stuck closely together but he was one of the ones that shone the brightest.

"He was a natural leader and had a great football brain.

"Sometimes I'd just look his way on the pitch and he would know what I was thinking and get the message across to the other players for me.

"Even after he left the club we stayed in touch and I am shocked and really sad to hear the news.

"I had so much time for him – we all did – and my thoughts and prayers are all with his family at this sad time."

After leaving the U's, McCarthy played for another eight years at Ebbsfleet United before finally hanging up his boots at the age of 40.

United said: "The thoughts of everyone at the club are with Paul's family and friends."

THE OXFORD PAPER
Sport

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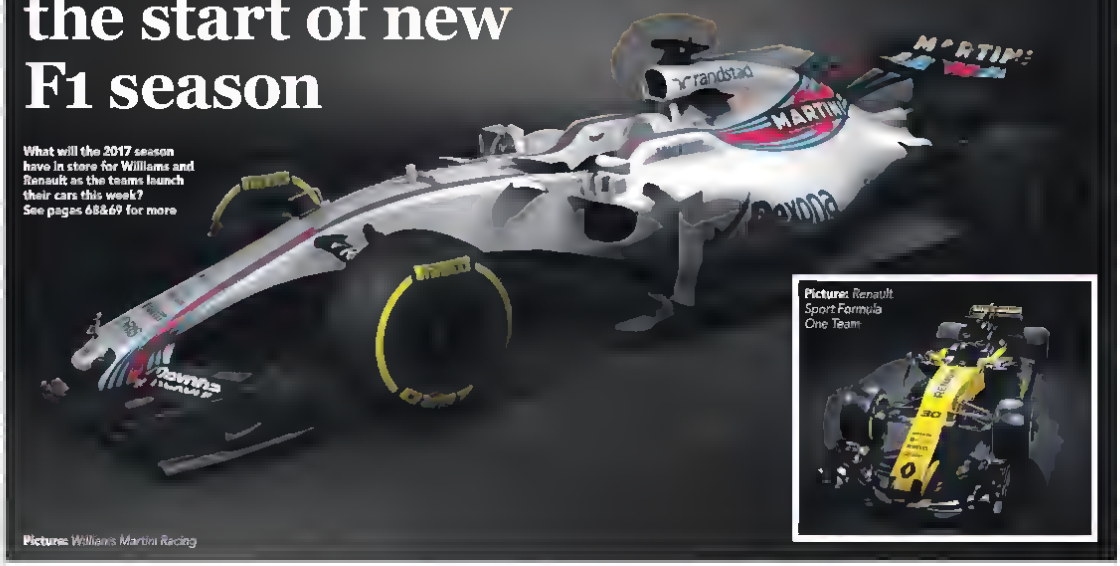
■ Football ■ Rugby League ■ Ice Hockey ■ Golf
■ Hockey ■ Oxford United FA Cup match report

Gearing up for the start of new F1 season

What will the 2017 season have in store for Williams and Renault as the teams launch their cars this week? See pages 68&69 for more



Pictures: Williams Martini Racing

Pictures: Renault Sport Formula One Team

Can United dare to dream?

Georga Welch, *Reporter*

A STUNNING first goal for Oxford United for Conor McAleny helped the U's roar back from their FA Cup disappointment to close to at the League One play-offs.

The Everton loanee, who was making his first start for the club, scored the only goal of the game in a 1-0 win at Charlton Athletic on Tuesday

The 24-year-old forward scored against his former employers on 11 minutes with a fantastic 25-yard effort that flew into the back of the net via the far post.

United's fifth league away win at the bounce lifted the play-off dark horses to within six points of sixth place with two games in hand.

Following McAleny's wonder strike, Charlton dropped deeper as the U's dominated and right back Phil Edwards should have doubled United's lead when he ghosted in unmarked from a Maryin Johnson free kick, only to send the ball over the bar

But Michael Appleton's side, who weren't at their energetic best, also had to display their defensive resolve

There was an early let off for the U's when Charlton, despite looking nervy, rattled the bar with a 20-yard Nathan Byrne effort in the fourth minute.

Josh Magennis, Jorge Teixeira and rapid Arsenal loanee Stephy Maviditi all threatened Simon Eastwood's goal before the break.

The Addicks piled on the pressure for 20 minutes after the break and one 30-second spell just before the hour saw Ryan Ledson block twice and Charlton substitute Joe Aribo smack a shot against the post with Eastwood, for once, beaten. Eastwood, who collected his 17th clean sheet of the season, was smartly off his line to punch the ball from the forehead of Magennis as the home side pressed, but U's weathered the storm and on 70 minutes had an extra man to help

Charlton captain Chris Solly received his marching orders with 20 minutes remaining when he flew into a poorly timed challenge on his Oxford counterpart John Lundstram to pick up a straight red.

United were then able to carve out more chances of their own, with Kane Hemmings, Rob Hall and Edwards (twice) going close to securing maximum points.

The U's defence had to be on their guard against the counter attack but the points were in the hauk once the impressive Ledson heroically cleared a header off the line in the final seconds

Report & pictures from Middlesbrough FA Cup match - pages 70&71

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